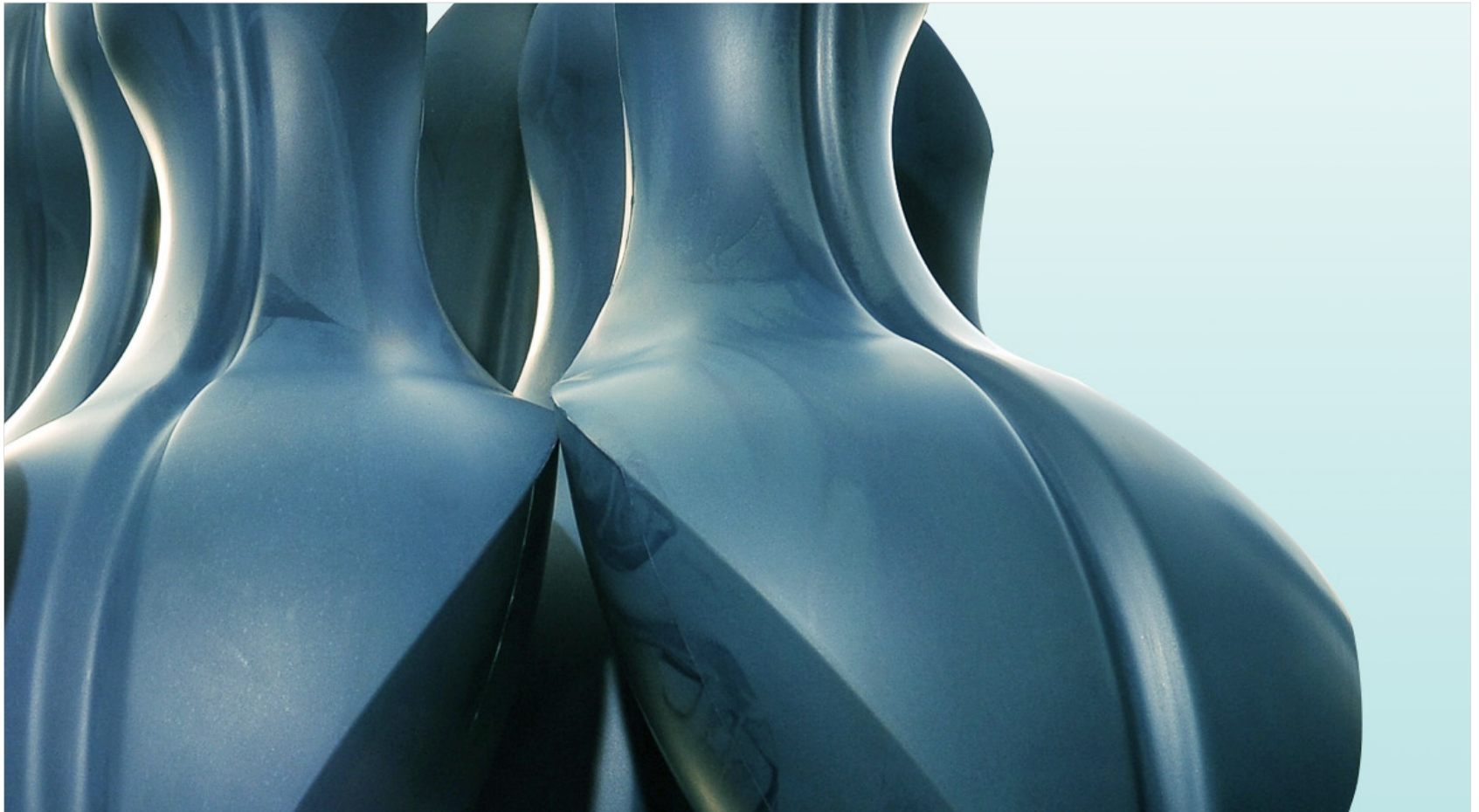


Oov[®]

ISOLATE AND ACTIVATE CORE WHILE
MAINTAINING OPTIMAL SPINAL HEALTH



Developed by Australian Osteopath and Neuroscientist Daniel Vladeta, the Oov[®] is a proprioceptive bio-feedback tool that re-patterns and enhances efficient movement. It effectively activates core stabilizing muscles while gently extending the spine to stimulate healthy disc lubrication.*



From motor control to core stability and rehabilitation, the Oov[®] offers incredible benefits for spinal health.



Created in highly durable foam, the Oov's ergonomic design complements the 3 curves of the spine.

THE OOV COMES IN THREE SIZES TO FIT USERS OF DIFFERENT HEIGHTS AND WEIGHT:

Size	Height	Weight
Small	Up to 5'6" (1.7m)	Up to 121 lb (55kg)
Medium	5'6" to 5'11" (1.7-1.8m)	121-165 lbs (55-77kg)
Large	Over 5'11" (1.8m+)	Over 165 lbs (75kg+)

PRICING

- \$179US Oov (any size)
- \$510US Set of 3 Oovs (S, M, L)

Volume pricing available.

*Requires a pillow or cushion for the head when in supine.

You can also download the Oov Movement Program app, a set of exercise videos designed to help you properly use the Oov. (Available for Apple iOS or Android)

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