

How to install your Reformer with Tower

BEFORE BEGINNING ASSEMBLY

These instructions include a parts list. Please use this list to make sure you have all the parts necessary for installation. If you are missing a part, please contact our customer service department at 1-800-PILATES (1-800-745-2837).



REQUIRED TOOLS

- » 3/16" Allen Wrench (Included. GEN9280)

PARTS FOR TOWER

Vertical tubes with eyebolts installed	2	TRP0012
Horizontal tube with eyebolts, safety strap, and corner connectors	1	TRP0006
Push-Through Bar	1	TRP0047
T-pin	2	GEN9892
Yellow trap springs	2	SPR9002
Blue trap springs	2	SPR9004
Roll down bar	1	710-010
Yellow long springs	2	SPR9006
Purple long springs	2	SPR9461
Single cotton loops (pair)	1	101-005

1. Loosen the setscrews in the circular tube receivers with included Allen wrench (see Fig. A).

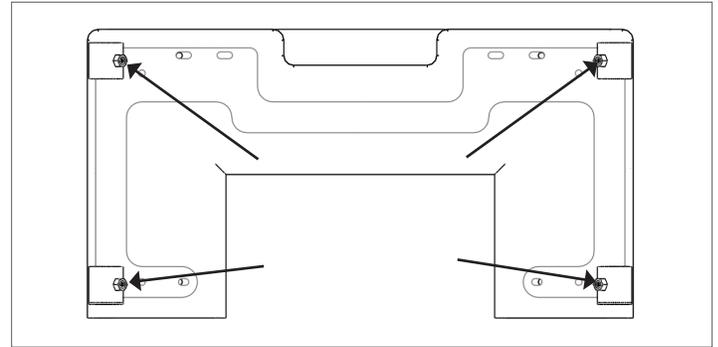


Figure A: Loosen set-screws here.

2. Lower the vertical (longer) tubes into receivers. Be sure that the loop of the bottom eyebolt on each vertical tube is pointing toward the Reformer and the flat recessed holes for the Push-Through Bar (PTB) on the side of the tubes are facing inward/towards each other. (see Fig. B). Don't tighten setscrews yet.

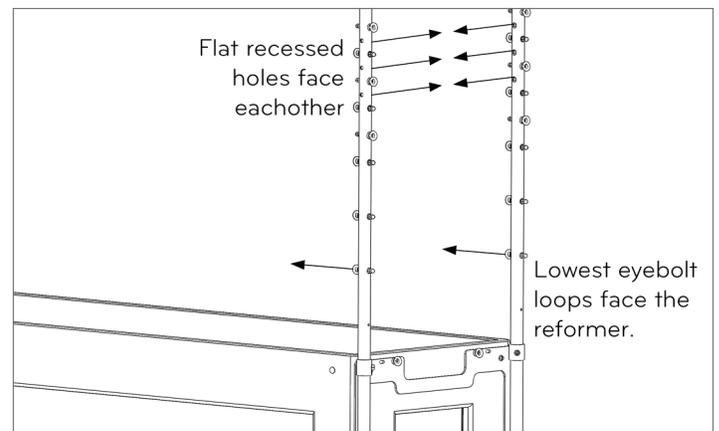


Figure B

- Loosen the setscrews on the corner connectors attached to the horizontal tube. Position horizontal tube on top of the ends of the vertical tubes so the loops on the black safety strap face the Reformer (Fig. C). Do not tighten screws yet.

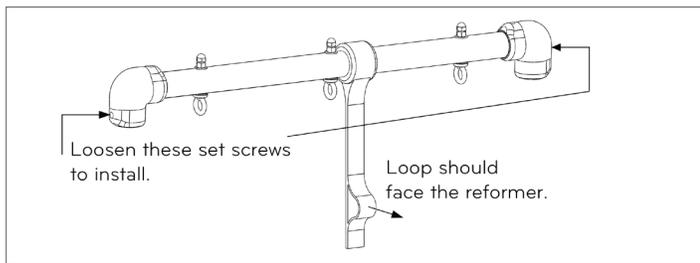


Figure C

- Align the Push-Through Bar (PTB) with middle recessed holes on the inside of the vertical tubes.

- Press button on T-pins and insert through outside of vertical tube and into the holes of the PTB (Fig. D).

- Release T-pin buttons.

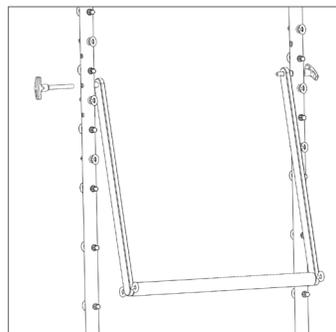


Figure D

- Now tighten all set screws on the bracket receivers and corner connectors. If PTB T-pins do not install/remove easily, the vertical tube set screws must be loosened and the vertical tubes rotated into alignment. Then re-tighten set screws.

OPTION: INSTALLING THE TWIN MATS

- Pull pins and lower risers.
- Detach all springs from springbar and move the carriage toward the head end of the frame.
- Rotate the footbar support up to the padded section of the footbar and then lay the footbar down onto the frame rails. It should now be inside the frame and lower than the top of the frame.
- Remove shoulder rests from the carriage. If the shoulder rests are not detachable, the carriage will need to be turned upside down. (See the Appendix.)

- Vinyl flaps are installed inside the mat for shipping purposes. Detach, rotate, and reinstall flaps so they hang down from the edge of the mat aligned with eye bolts.
- Place the mat with vinyl flaps at the head-end of the Reformer with flaps facing the tower. The Vinyl flaps should hang over the head-end of frame. They are designed to protect the Reformer frame when using the Push-Through Bar with a bottom spring.
- Place the remaining mat on the foot-end of the Reformer. Make sure the end of the mat with the feet further from the edge is installed over the standing platform.

APPENDIX - TURNING THE CARRIAGE UPSIDE DOWN (USE ONLY IF THE SHOULDER RESTS ARE NOT DETACHABLE).

Note: To protect upholstery, make sure Reformer rails are clean before beginning.

- Detach the springs from springbar.
- Carriage should be positioned at the riser end of the frame.
- Rest loops and ropes on the floor under the Reformer.
- Lifting the head end of the carriage, turn it upside down so the upholstery is resting on the metal rails.

