

# How to Install the Allegro® Legs Kit

## PARTS INCLUDED:

Part Number	Qty	Description
GEN9021	4	Nylock hex nuts
GEN9472	4	1/4"-20 x 3/4" button head Allen screws
GEN9222	16	5/16"-18 x 3/4" button head Allen screws
GEN9280	1	Large Allen wrench (3/16")
GEN9282	1	Small Allen wrench (5/32")
GEN9235	2	1 - 1/4" long silver screws
ALL0160	2	Black shoulder posts
ALL0091	4	Leg pads
614-020	2	Transport wheel brackets
GEN9162	2	Spacers (Not Shown)
N/A	4	Legs (Not shown)

## TOOLS NEEDED (NOT INCLUDED):

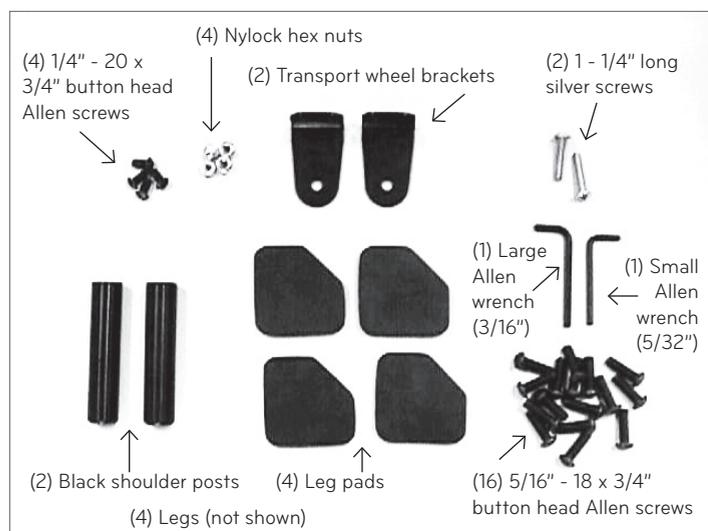
- » Phillips screwdriver (for Allegros with serial numbers 008342 and lower)
- » Ratchet and 1/2" socket (for Allegros with serial numbers above 008342)
- » Large flat head screwdriver
- » Two 1/2" wrenches
- » 7/16" wrench

## TURN THE ALLEGRO UPSIDE DOWN

1. Attach all springs to keep the carriage stationary. Remove ropes, shoulder rests, and risers. Place the footbar in its highest position and check that all pins are locked so that the footbar is secure. Then, with the help of a strong friend, lift the Allegro from both ends and carefully turn it upside down and set it on the floor. You may want to place a pad or other floor protection beneath the Reformer.

## INSTALL THE LEGS

2. If you have an Allegro with serial number 008342 or lower, use the Phillips screwdriver to remove the screws holding the four rubber feet to the bottom of the Allegro. If you have an Allegro with a serial number higher than 008342, use the ratchet and 1/2" socket to remove these screws. If you have an Allegro with a serial number higher than 014195, the foot can be removed by hand. Grasp the foot firmly and turn counter-clockwise.
3. Place one of the legs onto the frame, aligning the four holes in the leg with the brass colored inserts visible at each corner of the frame. Using the 3/4" long button head allen screws, fasten each leg to the frame. (Tip - using your fingers, thread a screw into each of the holes before you begin to tighten any of them.) Tighten the screws using the provided large Allen wrench. When all four legs are tightened, peel the backing off the leg pads and stick them to the bottom of each leg.



## INSTALL THE NEW TRANSPORT WHEEL BRACKETS

4. Install the two new transport wheel brackets to the two legs on the footbar end of the machine. Near the tip of the leg, you will find holes to match the two holes in the brackets. Install the brackets so that the screws are towards the center of the machine and the protruding flange is towards the outside of the machine (see photo below). Fasten the brackets to the leg with the 3/4" black button head allen screws and the nylock nuts. Use a 7/16" wrench to hold the nut on the inside of the leg while you tighten the screw with the small Allen wrench.

## INSTALL THE RED WHEELS ONTO THE NEW TRANSPORT WHEEL BRACKETS

5. Using the two 1/2" wrenches, loosen and remove the nut on the bolt that holds the red transport wheels to the old bracket. Watch for washers and observe where they are placed so that you can replace them correctly when you fasten the wheels to the new brackets. Leave the old transport wheel brackets in place as they provide attachment points for the foot strap. Install the wheels on the inside of the transport wheel brackets. See Figure A.

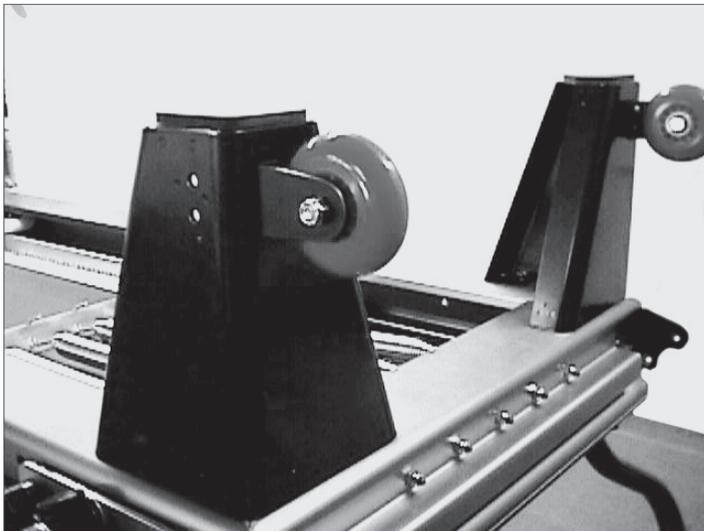


Fig. A

## INSTALL THE SHOULDER POSTS

6. With assistance, return the Allegro to the upright position. Under the shoulder rest you will see two silver-colored screws that lock the shoulder rests into place on the carriage. Using the large flat head screwdriver, remove the screw furthest from the pad. See Figure B. Remove the spacer between the screw and the bottom of the bracket. Set aside.

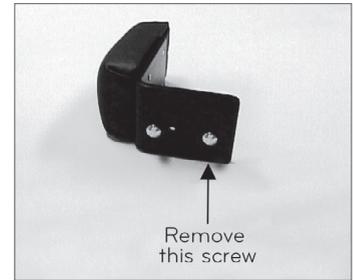


Fig B

7. Install the provided 1 - 1/4" long silver screws. Be sure to replace the spacers. Tighten these screws firmly. Finish by turning the shoulder rest over and screwing the black post onto the exposed threads of the new screw. See Figure C. Grip the posts firmly and tighten them as much as possible.

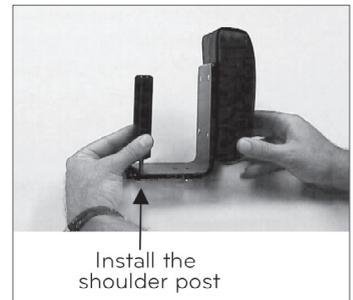


Fig C

8. Repeat on other shoulder rest.