Help stop the spread of COVID-19 (and other germs) by regularly cleaning your equipment. Equipment should be cleaned after every use. Refer to cleaning product manufacturer's label for application, specific product detail and use.

Balanced Body[®]: Equipment Cleaning Recommendations

SOAP TO WATER RATIO NOTE: SOAP TO WATER RATIO is approximately 1 TBSP of powdered soap or detergent to approximately 1 gallon of water. Source: <u>United Nation World Food Programme.</u>

NOTE: Refer to cleaning product manufacturer's label for application, specific product detail, and use.

APPLY SOAP & WATER AS FOLLOWS:

UPHOLSTERY (CARRIAGE, SHOULDER RESTS, PADDED JUMPBOARD)

Wipe down the upholstery with a solution of mild soap and water or Balanced Body Clean[™]. Then wipe down with clean water and dry with a soft towel.

COTTON STRAPS, LOOPS AND FOOTSTRAPS

Clean both sides with a gentle soap and water cleaning solution, rinse and air dry.*

*If using a washing machine, we recommend washing cotton straps, loops and footstrap on the gentle cycle, as a separate load. Dye may bleed. Take same precautions as when washing non-color-fast items.

EZCLEAN™ STRAPS, LOOPS AND FOOTSTRAPS

Apply a mild soap and water cleaning solution or Balanced Body Clean to both sides and wipe off with a soft towel.

WOOL FUZZIES

Clean with a gentle soap (or Woolite) and water cleaning solution but **do not oversaturate**, as the fuzzies are made of leather. Air dry.

VINYL LOOP COVERS

Apply a mild soap and water cleaning solution or Balanced Body Clean to both sides and wipe with a soft towel.

FRAME (WOOD AND METAL) AND FOOTBAR

Wipe frame or foot bar with mild soap and water cleaning solution or Balanced Body Clean. Wipe down with clean water and dry with a soft towel.



Balanced Body®: Equipment Disinfecting Recommendations

Many infectious diseases can be stopped in their tracks by the proper use of disinfectant products, and by the routine disinfection of your equipment. Refer to disinfectant manufacturer's label for application, specific product detail, and use. Results may vary.

SUGGESTIONS FOR DISINFECTING VINYL UPHOLSTERY (SOURCE: NAUGAHYDE.COM/FAQ):

- 10% Bleach Gel (1:10 dilution with water)
- Super Sani-cloths®
- Virex[™] II, 256

FOR OTHER MATERIALS

Please refer to the Environmental Protection Agency's web site for a full list of disinfectants that meet the EPA criteria for COVID-19 disinfecting at EPA.GOV.

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