

How to assemble your Ron Fletcher Reformer

THIS IS A MEDICAL DEVICE

IN CASE OF FREIGHT DAMAGE

If there is freight damage, make certain you keep all packaging material. Please call Balanced Body within three business days.

PARTS LIST (INCLUDED):

Description	Part Number	Qty
Short Foot Strap	101-011	1
Wool Fuzzies	101-022	1
Extension Stopper	200-211	1
Shoulder Rest	707-087	1
Standard Sitting Box	721-002	1
Leather Straps	950-052	1
Extension Straps (pair)	101-010	1
4-Hook Springbar	950-054	1
Red Springs Open Hooks	SPR9007	4

SHOULDER REST HARDWARE

Item	Description	Part Number	Qty
A	Flat Head Allen Bolt 1/4-20 x 2 3/4	GEN9249	2
B	Eyebolt	GEN9231	2
C	Large Washer 1/4"	GEN9204	4
D	Small Washer	GEN9305	2
E	Finish Washer	210-050	2
F	1/4" Lock nut	GEN9021	4

TOOLS NEEDED (NOT INCLUDED):

- » Flathead Screwdriver
- » 7/16" Wrench or adjustable end wrench

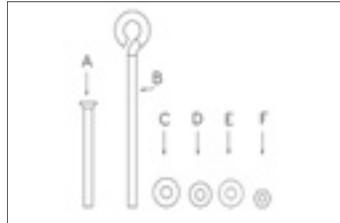


Figure A

INSTALL THE CARRIAGE

Turn the carriage over and clean all the wheels of shipping dust, etc. Clean the full length of the rail surfaces inside the frame. Carefully place the carriage into the frame with the headrest facing away from the footbar.

ATTACH THE SPRINGS

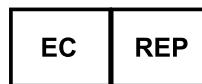
To attach the springs, hook them to the eyebolts on the underside of the carriage. The hooks of the spring should be facing downward. Place the spring bar into the gear slots located inside the frame near the footbar. Make sure the eyebolts are facing the carriage. Move the carriage toward the foot-end of the Reformer and attach the springs to the eyebolts on the spring bar.

INSTALL THE SHOULDER RESTS

1. Position the shoulder rest with the metal flange over the drilled holes in the wooden block next to the headrest.
2. Install the Allen bolt in the hole closest to the shoulder rest. (Figure B.)
3. Install the eyebolt with the finish washer and a small washer into the other hole. See Figure B.
4. On the underside of the carriage, put one large washer and a hex nut on the end of the Allen bolt and eye bolt and tighten.



Figure B



EMERGO EUROPE
Prinsesegracht 20
2514 AP The Hague
The Netherlands



STATEMENT OF INTENDED USE

The Ron Fletcher Reformer device is intended by the manufacturer to be used by people for the purposes of physiotherapy, rehabilitation, the prevention, treatment and relief of injuries, supportive, functional therapy for a disability or for general strengthening and improving the mobility of the human body. Should injury occur during usage please report to the manufacturer and competent authority of the Member State in which the user and/or patient is established.

DÉCLARATION SPÉCIFIANT L'USAGE PRÉVU

L'appareil Ron Fletcher Reformer a été conçu pour être utilisé à des fins de physiothérapie, de réhabilitation, de prévention, de traitement et de soulagement des blessures, de thérapie fonctionnelle et de soutien dans le cadre d'un handicap, ou de renforcement global et d'amélioration de la mobilité du corps humain. Si une blessure se produit au cours de l'utilisation, signaler au fabricant et à l'autorité compétente de l'État membre dans lequel l'utilisateur et / ou le patient est établi.

DICHIARAZIONE DI DESTINAZIONE D'USO

Il dispositivo Ron Fletcher Reformer è destinato dal produttore a essere utilizzato dalle persone per scopi di fisioterapia, di riabilitazione, di prevenzione, trattamento e sollievo da infortuni, di terapia di sostegno e funzionale per una disabilità o di rinforzo e miglioramento generali della mobilità del corpo umano. In caso di infortuni durante l'utilizzo, Rapporto al produttore e all'autorità competente dello Stato membro in cui è stabilito l'utilizzatore e / o il paziente.

DECLARACIÓN DE USO PREVISTO

El dispositivo Ron Fletcher Reformer está diseñado con fines de fisioterapia, rehabilitación, prevención, tratamiento y alivio de lesiones, terapia de apoyo y funcional para una discapacidad o para el fortalecimiento general y la mejora de la movilidad del cuerpo humano. En caso de que se produzcan lesiones durante su uso, Reporte al fabricante y a la autoridad competente del Estado miembro en el que está establecido el usuario y / o paciente.

ANGABE DER BESTIMMUNGSGEMÄSSEN VERWENDUNG

Das Gerät Ron Fletcher Reformer wurde vom Hersteller für die Verwendung durch Personen zu Zwecken der Physiotherapie, der Rehabilitation, der Vorbeugung, Behandlung und Linderung von Verletzungen, der unterstützenden, funktionellen Therapie bei einer Behinderung oder zur allgemeinen Stärkung und Verbesserung der Mobilität des menschlichen Körpers vorgesehen. Sollten bei der Anwendung Verletzungen auftreten, bericht und der zuständigen Behörde des Mitgliedstaats gemeldet, in dem der Benutzer und / oder Patient ansässig ist.

ATTACH THE STRAPS

1. Remove the clip from one strap end by unscrewing the two screwposts with a flat head screwdriver. See Figure C.



Figure C

2. Feed the unclipped end of the strap through the top of caster wheel at the head-end of the frame. The smooth side of the leather should be facing up. Bring the strap down and around the caster wheel and back toward the carriage. See Figure D.



Figure D

3. Re-attach the clip to the strap end and tighten both screwposts. Then attach the strap to the eyebolt at the head-end of the carriage. See Figure E.



Figure E

4. Your strap should look like this. Repeat process with other strap. See Figure F.



Figure F

ADJUSTING THE STRAPS

Adjusting the buckle on the "looped" end of the strap can alter the length of your straps.

1. Slide the buckle toward the desired hole on the strap and push the tooth of the buckle into the hole. Then feed the strap end into the buckle as shown. Make sure the tooth of the buckle is facing away from the incoming strap end. See Figure G.



Figure G

2. Connect the buckle tooth to the strap end on the underside by pushing it through an elongated notch. Then push the tooth back toward the buckle – you'll feel a slight click when the tooth is secured to the buckle. See Figure H.



Figure H

NOTE: Make sure you test the loop by pulling the loop and the strap away from each other. If the loop stays intact, it has been properly secured.

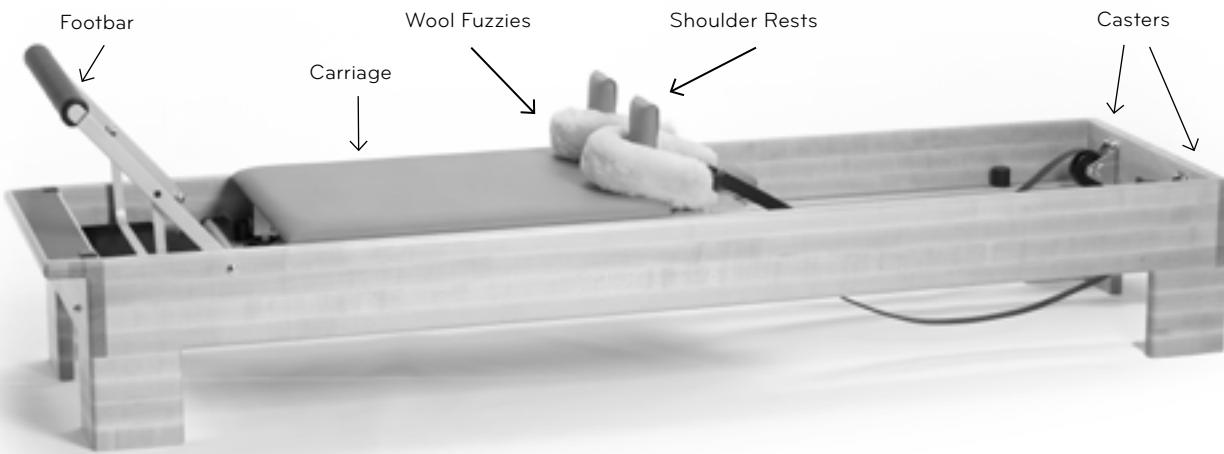
MAINTENANCE

- » Inspect springs for kinks, bends, or gaps.
- » Remove hair and debris from the axles of the wheels. Debris can create pressure on the bearings, causing them to wear. If you hear noise from the wheels, replace them. Otherwise, no maintenance on the wheels is required.
- » Repair any tears in the upholstery with an upholstery repair kit available at auto parts stores, or have the repair done locally.
- » Contact Balanced Body for other upholstery and re-upholstery options.
- » Check and tighten all screws and bolts. Replace any missing screws or other parts.
- » Check the footbar bolts on a monthly basis to make sure they are still secure.

CLEANING

Wipe the carriage pad, headrest, footbar and shoulder rests with a soft cloth and a mild, non-abrasive mixture of soap and water after each use. Keep the carriage track and wheels free from dust and dirt. Clean the frame with a mild, non-abrasive mixture of soap and water. Keep the straps and springs clear of dust.

If you have any questions, please call Balanced Body at +1-800-PILATES (1-800-745-2837) or 916-388-2838.



ADDITIONAL SAFETY AND USAGE

For additional usage and safety information or to view complete equipment manual translations (**USER GUIDE #17440**), please visit <https://www.pilates.com/store/faq-safety/>. For printed instructions, contact your seller.

Para obtener más información sobre el uso y la seguridad, o para ver las traducciones completas del manual (**GUIA DEL USUARIO #17440**), visite <https://www.pilates.com/store/faq-safety/>. Para obtener instrucciones impresas, comuníquese con su vendedor.

Pour plus d'informations sur l'utilisation et les consignes de sécurité ou pour consulter le manuel integral disponible (**GUIDA UTENTE #17440**), veuillez <https://www.pilates.com/store/faq-safety/>. Per le istruzioni stampate contatta il tuo venditore.

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Für zusätzliche Informationen zu Gebrauch und Sicherheit oder vollständige Übersetzungen der Gebrauchsanweisung (**BENUTZERHANDBUCH #17440**) besuchen <https://www.pilates.com/store/faq-safety/>. Für gedruckte Anweisungen wenden Sie sich an Ihren Verkäufer

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