

### **Torrington FRC Activities Include:**

- Play Groups: Birth to 5 Years
- Resources and Referrals
- Child Care Information/Referrals
- School Age Programs
- Positive Youth Development Activities
- Support & Training for Family Child Care Providers
- Adult Education
- Parenting Workshops
- Family Involvement
- Family Literacy

### **Eligibility for FRC Services:**

All families who reside in the designated service area, regardless of income, are eligible for services offered by the center. Some services may require a family contribution, based on a sliding fee scale



# The Torrington Family Resource Center

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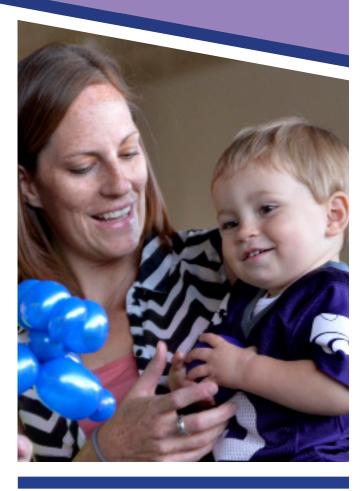
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# The Torrington Family Resource Center

at Vogel-Wetmore School



School-based family support programs to strengthen the bond between the family and school, nurture the healthy development of the family, and prepare children for school.





### **Family Resource Centers**

The Connecticut Family Resource Center (FRC) concept promotes comprehensive, integrated, and community-based systems of family support and child development services located in public school buildings. This model is based on the "Schools of the 21st Century" concept developed by Dr. Edward Zigler of Yale University. FRCs provide access, within a community, to a broad continuum of early childhood and family support services which foster the optimal development of children and families.

FRCs provide the best possible start for children and families of all racial, ethnic, and socioeconomic groups. FRCs provide a common ground for all families to benefit from the services offered, and a unique opportunity for families of diverse cultures and backgrounds to share and learn from each other.



### **Family Resource Centers Provide:**

# **Quality Full-Day Child Care and School Readiness**

Collaborates with EdAdvance's Head Start program to provide year round, full day preschool child care.

#### **School Age Child Care**

On-site school care is offered from 3:15 p.m.-6:00 p.m. EdAdvance's School Age Programs operates during the school year, school vacations, and the summer.

### **Families in Training**

Offers an integrated approach of early childhood playgroups, home visitations, parent support groups/workshops, developmental screenings, and monitoring of child development. Services are provided to families with children ages birth to 5 and expectant mothers.

#### **Adult Education**

The FRC collaborates with Foothills Adult & Continuing Education to provide classes on GED, basic and family literacy, and ESL. All ESL classes are held at Vogel-Wetmore School. Other adults are referred to Torrington High School and/or other community programs. The FRC also offers interactive adult and child literacy activities.

## **Teen Pregnancy Prevention**

(Positive Youth Development)

Primarily aimed at children in grades 4-5. Offers a range of educational and recreational opportunities designed to promote team-building skills and positive self-esteem.

# **Support and Training for Family Child Care Providers**

Offers workshops, play groups, and referral services. Home visits are also available to providers and relative caregivers by certified Parent Educators.

#### **Resource and Referral Services**

The FRC is easily accessible to families and provides referrals on issues concerning family well-being. The FRC Lending Library offers free access to books on child growth and development, articles/magazines, and videos on family management, child growth and development, and child/family issues.