

The Plymouth FRC Learn Together Groups

Our Curriculum

The Parent as Teachers (PAT) model focuses on families with children from before birth to kindergarten entry, and includes:

- Learn Together Groups
- Social Emotional Developmental Screening
- Family Events
- Resource and Referral
- Personalized Learn Together Sessions

Our Programs

- Parent Workshops
- PAT Certified Staff
- Inclusive
- Ages Birth to 5
- School Year
- Ages & Stages Screenings
- Family events and field trips

Learn Together Groups

9:30am-10:45am

Monday: Open to Daycare Providers

Tuesday-Friday: Open to All Families



The Plymouth Family Resource Center

Lori J Borysewicz
Plymouth FRC Coordinator
borysewicz@edadadvance.org

77 Main Street
Terryville, CT 06786

P: 860.516.7002 x1345

www.plymouth.k12.ct.us/frc
www.edadvance.org



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Our Philosophy

Parents as Teachers is an over-arching program philosophy of providing parents with child development knowledge and parenting support. Parents as Teachers is a national program that drives the philosophy through four components and three key areas of emphasis.

Components

1. Personal visits
2. Group connections
3. Screening*
4. Resource network

Key Areas of Emphasis

1. Parent-child interaction
2. Development-centered parenting
3. Family well-being



Additional Programs include:

- *Family Events* - Families enjoy season activities together.
- *Field Trips* - Offer a great opportunity for educational excursions with family and friends.
- *Home Economics Club* - Positive youth program working with 5th grade students around house hold management.
- *Kids in Motion* - Children from Birth to Kindergarten use gymnastics equipment with music. *People*
- *Empowering People (PEP) Classes* - Parent leadership classes offered to the community. This is a UCONN Extension Program.
- *Library Visit* - Families connect with local library resources.
- *Summer Park Groups* - Groups in the park with the parent educator and other families, allow children to stay connected with school.

Parents are Children's First Influential Teachers

The early years of a child's life are critical for optimal development and provide the foundation for success in school and in life. Parents and family are a child's first and most influential teachers.

Families and Children

Families are the primary caregivers and educators of their young children.

All young children and their families deserve the same opportunities to succeed regardless of any demographic, geographic or economic consideration.

An understanding and appreciation of the history and traditions of diverse cultures is essential in serving families.

Family Resource Advisory team allows families to stay connected and influence the programs available.

*"The family is one of nature's masterpieces."
- George Santyanam, The Life of Reason*

Screening

Screenings are to keep track of your child's development from 4 months to 5 years - the most important time to get your child ready to success in school and in life. Resources will be recommended based on any developmental delays.