

# Nurturing Families Network

Help your children to learn, grow,  
and develop to their full potential.  
**FREE PARENT SUPPORT**

## VISION

For every child to be raised within a  
supportive and nurturing environment.

## SERVICE AREAS

The Nurturing Families Network of  
EdAdvance provides services to families in  
Torrington and Winchester.

**If you or someone you know  
are pregnant now, please  
contact us today.**



### Nurturing Families Network Contact Us

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**[www.edadvance.org](http://www.edadvance.org)**

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## ABOUT US

Nurturing Families provides personalized support services to women and their families, beginning in pregnancy and continuing until their children are 5 years old.

The program provides your own parent educator/coach to help address the changing needs of your family. You, as your child's first and most important teacher, will have individual support to ensure your young children grow up healthy, safe, and ready to learn.

Using a proven educational model (Parents as Teachers, or PAT) your parent educator/coach will provide regular home visits and monthly group activities for families.

Families are only able to enroll during pregnancy.



## OUR SERVICES

**Our individual family and group support services help you learn more about:**

- Ways to Reduce Stress
- Child Safety
- Child Development
- Building a Network of Parent Support
- Health and Nutrition
- Getting Connected to Community Resources
- Creative Ways to Play with Your Children
- How to Receive the Support You May Need from Friends and Family
- Self-Care Techniques

**Services are offered until your child is 5 years old.**

## WELCOMING FATHERS

You, as a Dad or Father figure, are an important partner and we offer you the following:

- Visits at your convenience
- Practical support on raising your children and how to be a positive role model for them for them

