ARPA Conference & Energize Workshop

PARTNERS IN PROGRESS

CONFERENCE PROGRAM

October 25 - 27, 2018
Fairmont Jasper Park Lodge

Visit: Arpaonline.ca/events/energize-conference
ADD VALUE TO YOUR CONFERENCE EXPERIENCE!
Educational conference sessions can be counted towards the CPRA Parks and Recreation Professional Certification.

- Earn up to 9.5 learning credits (LC) for attending all of conference
- Earn 1.0 LC for attending most education sessions (i.e., keynotes and presentations)
- Earn up to 3 LC for attending half-day pre-conference workshops, and 6 LC for attending the full day workshops

The Parks and Recreation Professional Certification (PRP) is the Canadian standard for those who want to be leaders in their profession. The PRP certification shows that you have the unique knowledge, skills and abilities needed to drive the profession forward. It also demonstrates your commitment to ongoing professional development.

To find out why the PRP is right for you, visit www.cparpdc.ca

*Attendees must attend the entire session or workshop to earn the credits. Please note that non-educational sessions are not eligible for LCs. See the conference app and onsite guide for further information on session credits.
We are excited for the 2018 ARPA Conference and Energize Workshop to return to the iconic grounds of the Fairmont Jasper Park Lodge. From October 25-27, 2018 we anticipate three days full of educational workshops, social events and activities, all while surrounded by beautiful nature and wildlife. How fitting given our passion for recreation and parks!

Our theme for this year’s Conference “Partners in Progress”. This theme is key to achieving ARPA's Vision of an Alberta, and the communities within, that embrace and proactively use recreation and parks as essential means for enhancing the wellbeing of individuals, communities and our natural and built environments. The Conference committee is comprised of over thirty volunteers representing municipalities and organizations from across Alberta. The program has a wonderful selection of speakers, workshops, and opportunities to network and share ideas. For those attending the conference, you will feel inspired to build on your partnerships and see your communities produce growth, sustainability and well-being.

The Conference will once again feature the Connecting through Research component with involvement and support from several post-secondary institutions from across the province. A strong and focused indigenous stream of content will also once again be featured and will include a Talking Circle on Indigenous Women and Girls Involvement in Recreation and Sport.

Last year we welcomed over 450 delegates and elected officials and we look forward to continuing our momentum on building the recreation and parks sector in the province. We are looking forward to welcoming back our many elected officials, whether returning or new to the Conference, for a fantastic Energize Workshop component of the Conference.

On behalf of the ARPA Board of Directors and staff, I invite you to join us for three days of learning, networking and replenishment. We hope to see you in Jasper this October!

Susan Laurin
ARPA President
MESSAGE

Message from Honourable Ricardo Miranda
Minister of Culture and Tourism

As the Minister responsible for recreation and physical activity in Alberta, it is my pleasure to welcome you to the 2018 Alberta Recreation and Parks Association Conference and Energize Workshop.

For more than 57 years, ARPA has collaborated with community leaders, recreation experts and volunteers to introduce more opportunities for Albertans to connect with their environment. The Government of Alberta is proud to support ARPA’s efforts and the momentum they have created toward a healthier, happier Alberta. In addition, we are proud to continue our long-standing partnership in offering the Energize Workshop in conjunction with the conference.

This year’s conference theme of ‘Partners in Progress,’ complements A Common Vision for Increasing Physical Activity and Reducing Sedentary Living in Canada: Let’s Get Moving!, Canada’s first national policy focused on addressing physical inactivity and sedentary living. It underscores that no one group, organization, or order of government alone can make progress on this issue, and that bold, new steps must be taken together. The policy builds on the great work already underway to support getting more Albertans more active. I encourage you to take the opportunity to share your own successes and stories with your fellow delegates, as we are all partners in getting Albertans moving more and sitting less.

Thank you to all the organizers, volunteers, and sponsors for your hard work in putting together what I am sure will be another successful event. Make sure to take advantage of the amazing recreational and tourism opportunities Jasper has to offer during your stay!

Enjoy the conference!

Ricardo Miranda
Minister of Culture and Tourism
MESSAGE

Message from the Honourable Shannon Phillips

Minister of Environment and Parks

It is my pleasure to extend greetings and a warm welcome to everyone attending the 2018 Alberta Recreation and Parks Association Conference and Energize Workshop.

Recreation and parks play an important role in our daily lives, and I hope this event provides you the opportunity to share your ideas and experiences in helping to build healthy environments for all Albertans.

May you find inspiration as you listen to speakers and participate in sessions being offered. If you have the opportunity, I would also encourage you to take time to enjoy Jasper National Park - a UNESCO World Heritage Site - and all that the area has to offer.

On behalf of the Government of Alberta, please accept my best wishes for an unforgettable stay in this unique and treasured part of Alberta’s rich natural heritage.

Sincerely,

Shannon Phillips
Minister of Environment and Parks
MESSAGE

Message from Honourable Sarah Hoffman

Minister of Health

On behalf of Premier Rachel Notley and the Government of Alberta, I commend the Alberta Recreation and Parks Association for your partnership supporting healthy communities, neighbourhoods and families across the province.

The recreation sector plays an important role in supporting community-based health. We have seen the significant impacts recreation can have in making life better for Albertans.

To help ensure all Albertans can enjoy the benefits of recreation and our province’s amazing park system, it’s important to work in collaboration across all sectors, including government, industry, community organizations and other health partners. Partnerships enable communities to collaborate and take action to create social and physical environments that promote health.

Together, we will continue to create opportunities to ensure all Albertans can be healthy and active where they live, work and play.

I extend my best wishes to everyone gathering for the 2018 Conference and Energize Workshop. I hope this conference inspires you to help Albertans live healthy lives.

Sarah Hoffman
Deputy Premier
Minister of Health
## CONFERENCE AT A GLANCE

### THURSDAY, OCTOBER 25

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<td>Talking Circle on Indigenous Women and Girls Involvement in Recreation and Sport</td>
<td>HIGH FIVE - Principles of Healthy Aging</td>
<td>Psychological First Aid Workshop Alberta Health Services</td>
<td>2018 Aquatics Forum Various Presenters</td>
<td>Recreation and Parks for Elected Officials Workshop Greg Krischke</td>
<td>ChooseWell - Partnering for Healthy Communities 1/2 day Half Day</td>
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- **5:00 - 6:00pm**
  - Cocktail Reception / New Delegate Reception / Communities ChooseWell Awards Reception

- **6:00 - 8:00 pm**
  - Opening Ceremonies Dinner / Keynote Address
    - Dave Meslin and Choir! Choir! Choir!

- **8:00 - 11:00 pm**
  - Thursday Social
    - Athabasca Barnburners/ Square Dance

### FRIDAY, OCTOBER 26

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<td>Breakfast</td>
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- **8:30 - 9:30am**
  - Plenary Speaker – Connecting through Research – Dr. Gordon Walker – Life, Leisure and the Pursuit of Happiness

- **9:30 - 10:00am**
  - Refreshment Break

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<td>Susan Coombes</td>
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<td>Collective Impact &amp; Collective Voice: The Active Alberta Coalition Chris Dave &amp; Kathleen Hatch</td>
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<td>Connecting People to Nature: A Successful Story of Conservation Partnerships Natalie Goulet-Sorensen &amp; Katelyn Ceh</td>
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<td>Cannabis in Our Communities Michelle Kilborn &amp; Cochrane</td>
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<td>Greenview Regional Multiplex Partnerships Panel Reeve Dale Gervais, Mayor Vern Lymburner &amp; Michelle Richardson</td>
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<td>Report back on Talking Circle on Indigenous Women and Girls Involvement in Recreation and Sport Janet Naclia, Ted Hodgson &amp; Michelle Neviadomy</td>
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- **10:00 - 11:00am**
  - PARK SESSION
  - RELEVANT TO ENERGIZE DELEGATES
  - INDIGENOUS SESSIONS
  - STUDENT SESSIONS
### CONFERENCE AT A GLANCE

**FRIDAY, OCTOBER 26**

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<th>Time</th>
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| 11:30am – 12:30pm | B1: Make Good in the Neighbourhood Project, Melissa Engdahl & TBA  
B2: Jumpstart Children's Charity and Community Programming, Heather Cowie & Marco DiBuno  
B3: Enhanced Landscape Maintenance, Henrik Jannesson & Tammy Robinson  
B4: Librarians: Your New Wellness Champions, Lisa Weekes & Barbara Longar  
B5: Action, Adventure and Challenge in a Community Pool, Ryan Nachreiner  
B6: Partnerships and Collaborations in Indigenous Communities, Julia Scasie & Audrey Redcrow  
B7: Skateparks in Calgary – How to Create Gnarly Places and Spaces, Ron Smith |
| Luncheon – ARPA Volunteer Recognition Awards |
| 12:30 – 2:00 pm | C1: Older Adults Needs Assessment (Edmonton), Diana O’Donoghue & Janette Meszar  
C2: Dementia Friendly Communities (Okotoks), Carmen Marquez  
C4: Managing Aging Facilities from a Practical Perspective, Gerald Curnan, Stuart Ray & Chad Beehan  
C5: Building Community through Recreation, City of Edmonton  
C6: Exploring our Shared History - Blanket Exercise, Christy Morgan  
C7: Connecting through Research #2  
C8: Connecting through Research #3  
| C8: Oh the Places You Will Go! Student and New Professional Session, Panel of Professionals |
| 3:30 – 6:00 pm | Outdoor/Activity Session  
“Superhero” 5 km Adventure Run/Walk by the Recreation for Life Foundation |
| 5:30 – 6:30 pm | Energize Reception  
Gathering of Indigenous Champions |
| 6:30 – 9:30 pm | Trade Show – Dinner, Drinks and Networking |

**RELEVANT TO ENERGIZE DELEGATES**

**INDIGENOUS SESSIONS**

**STUDENT SESSIONS**
## CONFERENCE AT A GLANCE

### SATURDAY, OCTOBER 28

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<td>ARPA General Meeting</td>
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<td>10:30 - 11:00am</td>
<td>Refreshment Break</td>
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| 11:00am - 12:00pm | **D1**  
Inclusive to All or Biased for Some: How are Front-line Employees Treating your Residents?  
Michelle Kilborn | **D2**  
We are ALL Public Health  
Sheila Taylor | **D3**  
Creating Parks through Partnerships  
Horseshoe Canyon – Roadside Global Attraction  
Bowen Clausen | **D4**  
Forming Effective Wellness Coalitions - Stories from ChooseWell Champions  
Jennifer Wilson | **D5**  
Active School Communities: Partnerships Beyond Reciprocal Use  
Janet Naclia & Tyler White | **D6**  
Siksika Nation and ARPA: A Partnership Journey  
Speakers TBA | **D7**  
Updates and Progress on ICFs and JUPAs - Implications for Recreation and Parks  
Mount Royal University - Student Project Presentation | **D8**  
Mount Royal University Students |
| 12:00pm - 1:30pm | **E1**  
Gender Inclusive Washrooms in Recreation and Parks Facilities - Inclusivity in Recreation and Sport Facility Design  
Darren Reddy & TBA  
Andrew Tankard & Jeff Booke | **E2**  
MOVE Program - A Medical Clinic in the Park  
Doug Klein | **E3**  
Horseshoe Canyon - Roadside Global Attraction  
Bowen Clausen | **E4**  
A Common Vision for Increasing Physical Activity and Reducing Sedentary Living in Canada: Let’s Get Moving!  
Alberta Culture & Tourism  
William Snow | **E5**  
Cultural Space within Jasper National Park  
Michelle Nieviadomy | **E6**  
Learnings from the Edmonton Native Healing Centre  
Bobbi Jo Stannard | **E7**  
Great Neighbours Program - Red Deer and District FCSS  
Debra Stellwagen | **E8**  
Drama Free Facilitation Allocation  
David Meyers, Diane Enger |
| 1:30pm - 2:45pm | Refreshment Break                                                |                                    |
| 2:45pm - 3:00pm | Closing Keynote Speaker and Closing Remarks - Doreen Spence          |                                    |
| 6:00 - Dinner | ARPA Presidents Awards Banquet                                      |                                    |
| 8:30 - 1:00am | Saturday Night Social                                               |                                    |
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CONFERENCE OVERVIEW

Partners in Progress

This year’s Conference theme is Partners in Progress. It is evident that we can no longer work and plan inside of a bubble. Funders, governments and organizations all encourage and seek out collaborative partnerships to tackle today’s complex issues. Many times, our role in recreation and parks focuses on building relationships and creating positive partnerships.

2018 Conference and Energize Workshop, Partners in Progress, is a call to action that invites leaders, practitioners, stakeholders, and partners in a variety of sectors to collaborate in the pursuit of common priorities, while respecting the uniqueness of individuals and communities.

Recreation and parks relies on and nurtures partnerships and collaboration among:

- Public, not-for-profit and private providers of recreation and parks experiences
- Public and private planners and developers (urban and rural)
- All orders and levels of government (local, regional, provincial/territorial, federal and Indigenous communities)
- Multiple sectors and disciplines that influence wellbeing and share common goals (e.g. health, tourism, education, arts and culture, nature conservation, etc.)
- People who care about and influence the wellbeing of individuals, families, communities and our natural and built environments (e.g. parents and other family members, elected officials, recreation staff, early childhood educators, caregivers, teachers, school boards, coaches and volunteer leaders in community programs.

We invite you to continue the progress of alignment and developing partnerships with other sectors and stakeholders who share the mandate of the Framework for Recreation in Canada, to enhance wellbeing among individuals, communities and our built and natural environments.

Energize Workshop

The Energize Workshop provides a forum for everyone from elected officials to local community volunteers. The Workshop is an idea-exchange and knowledge-sharing forum regarding the recreation sector and its contribution to healthy communities.

Together, the Energize Workshop and ARPA Conference focuses on a program that combines learning from our history with creating the recreation and parks opportunities that we want for our communities in the future. The Workshop gives delegates the knowledge and tools to bring back to their communities to ensure excellence in the recreation and parks sector.

We will also be hosting an Energize Reception that will be held specifically for our elected official delegates. This is the 24th year of partnership between the ARPA Conference and Energize Workshop. Sessions with content relevant to Energize delegates have been identified with the Energize logo as seen below.

Indigenous Partnerships

We are honoured once again to be partnered with Alberta’s Indigenous communities to offer a full stream of Indigenous-related sessions and speakers. This year’s stream includes a Talking Circle on Indigenous Women and Girls Involvement in Recreation and Sport pre-conference training, a Blanket Exercise, reports from partnerships and collaborations on progressive projects and more! We are excited to hear the stories and insights of our Indigenous partners and promote the necessary conversations around recreation and reconciliation.
OPENING KEYNOTE SPEAKERS

DAVE MESLIN

Building a Culture of Engagement

Thursday October 25, 6:00 PM - 9:00 PM
1.0 Learning Credit

Apathy is all around us. Most people have become disengaged not only from politics, but also from our schools, workplaces and associations or organisations. Increasingly, those in leadership positions are asking themselves “How do we boost public participation?”, “How do we engage our students?” and “How can we inspire our membership to get involved?” Dave Meslin encourages us to recognize apathy as a web of barriers that reinforce disengagement – and that we can work together to dismantle the obstacles.

His seven-minute TED talk about apathy has more than 1.4 million views. This in-depth version of the talk for NSB clients incorporates anecdotes, humour and examples of best-practices. He reminds the audience that we all have something to contribute and that the strongest cities, schools and associations are the ones that have learned how to tap into the collective creativity, passion and knowledge of their constituents.

Bio

Dave Meslin is multi-partisan and fiercely optimistic. His presentations focus on how we can overcome cynicism and create a culture of participation. His unassuming presence, creativity and sense of humour keep audiences enthralled. Meslin encourages those present to find what was important to them and become engaged in the process of promoting change by creative participation.

The Toronto Star has described him as “mad scientist”, “a start-up genius” and “a peripatetic public convener”. The Globe and Mail simply calls him a “persuasive rabble rouser”. Dancing between the worlds of mainstream politics and grassroots activism, Meslin has found positive ways to bring them both together and turn energy into action. His 2010 TED talk “The Antidote to Apathy” has been viewed over 1.5 million times and translated into 37 languages. A CBC appearance in 2015, involving towers of colourful LEGO, has been watched 2.5 million times on Facebook.
KEYNOTE SPEAKERS

CHOIR! CHOIR! CHOIR!

Thursday October 25, 6:00 PM - 9:00 PM
1.0 Learning Credit

Choir! Choir! Choir! has sung with Tegan and Sara at the Junos, performed at a David Bowie tribute in New York, and have even taken to the Radio City Music Hall stage with Debbie Harry and The Flaming Lips. A collective led by creative directors Nobu Adilman and Daveed Goldman, the group has amassed a dedicated and passionate community of singers, along with a thriving international fan base on YouTube and beyond. Acclaimed for the ways in which the group brings music alive, its true importance may lie in something much more fundamental: it brings people—of all walks of life—together. Daveed and Nobu share the choir’s story with audiences, explaining how being open can lead to great achievements, and how singing with one another can bring teams closer than ever. This is literally a showcase for the collaborative process.

DR. GORDON J. WALKER

Plenary Speaker Connecting through Research
Life, Leisure, and the Pursuit of Happiness

Friday October 26, 8:30 AM - 9:30 AM
1.0 Learning Credit

Dr. Gordon J. Walker is a Professor in the Faculty of Kinesiology, Sport, and Recreation at the University of Alberta. His research focuses on leisure behaviour including: need satisfaction through, motivations for, constraints to, experiences during, and outcomes—especially happiness—of leisure. Gordon was recently awarded the 2018 Leisure Studies Award by the Canadian Association for Leisure Studies. Before becoming an academic, he was a Program Supervisor in a municipal parks, recreation, and culture department for five years.
CLOSING KEYNOTE SPEAKER

DOREEN SPENCE
Saddle Lake Cree Nation, Alberta

Saturday October 27, 3:00 PM - 4:30 PM
1.0 Learning Credit

"Listen to your heart, be true to yourself, emulate the teachings of Grandfather Buffalo who faces the north winds head on… Never procrastinate, always come from a place of loving kindness."

Born in the Cree Nation of Saddle Lake in Northern Alberta, Doreen Spence was raised by two Traditional Cree Elders, her grandparents. Their teachings of love, kindness, humanity, language, and ethics shaped her childhood and helped Doreen to become the determined, resilient woman that she would need to be in order to accomplish all that she has accomplished in the years that followed.

In 1959, Doreen became one of the first Indigenous women to obtain a Practical Nursing Certificate, leading her to a nursing career that spanned over 40 years. Throughout her career she volunteered in numerous and often challenging initiatives with the police force, school systems, and hospitals to preserve traditions and ensure a promising future for the community.

In Calgary, where she still lives, Doreen was instrumental in the development of the then, Calgary Urban Aboriginal Initiative, a grassroots organization providing a foundation for the city to discuss human rights issues facing the Indigenous community and to investigate possible solutions.

Following in her grandparents’ footsteps, Doreen Spence is an internationally-respected traditional Cree Elder. Her teachings and traditional healing practice have led her around the world, where she made making her mark in places like Germany, Austria, Vienna, Slovakia, Poland, Switzerland, South Africa, Australia, England, the United States; , and the list of countries continues to grow.

Elder Doreen Spence has also been a strong advocate for human rights. In 2005 she was nominated for a Nobel Peace Prize for her work with the 1000 Women Peace Project. She was also invited to sit as a committee member on the working group that developed the draft United Nations Declaration on the Rights of Indigenous Peoples. The committee met over a twenty-year period to craft the declaration, eventually leading it to adoption by the United Nations General Assembly in 2007. On May 10, 2016, the declaration was officially adopted by Canada.

Join us in a conversation with Elder Spence about the role recreation, parks, and wellness can play in this important collaborative journey towards reconciliation.
PC1 / Talking Circle on “Indigenous Women and Girls’ Involvement in Recreation and Sport”

9:00 AM to 4:30 PM
Facilitated by Janet Naclia, Ted Hodgson, Leslie Kucey & Michelle Nieviadomy

NOTE: This Workshop will be taking place in the Town of Jasper. No Cost.

This project is a collaboration between ARPA, the Indigenous Sport Council of Alberta (ISCA), the Edmonton Native Healing Centre, and the Municipality of Jasper. The Talking Circle on “Indigenous Women and Girls’ Participation in Sport and Recreation” will bring together both Indigenous and non-Indigenous recreation and wellness professionals from across the province to discuss strategies on how to increase the participation of Indigenous women and girls in recreation and in sport in both urban and on-reserve settings. For more information or to RSVP for this event, please contact Janet Naclia at: jnaclia@arpaonline.ca

PC2 / HIGH FIVE Principles of Healthy Aging Workshop

9:00 AM to 4:30 PM
Facilitated by Karina Damgaard

PRICE & NOTES: $199 ARPA Members / $229 Non-Members / $59 Students. Includes Lunch and Coffee Breaks.

This one-day training provides insights into the unique needs of older adults when participating in recreation or leisure activities in municipal centers or retirement communities. It provides evidence-based approaches to improve the experience of participants by implementing the HIGH FIVE Principles of Healthy Aging. Through experiential learning activities, scenarios and group discussion, leaders will gain knowledge, tips, and resources to enhance their programs as well as their relationships with participants and other staff members. Topics include ageism, program planning, as well as the importance that physical literacy plays in sustained long-term health, increased social connectedness, improved mental and physical well-being and a better quality of life.

PC3 / Psychological First Aid Workshop

9:00 AM to 4:30 PM
Facilitated by Alberta Health Services

NOTE: No Cost. Lunch Included.

Psychological First Aid (PFA) is a way of helping people immediately after a disaster or emergency. PFA providers give practical support in a way that respects the person’s dignity, culture and abilities. PFA providers use supportive and practical actions that emphasize empathic listening, nonjudgmental responses and respect for individual. Evidence shows that early interventions, which provide basic comfort, reconnect survivors with family, social supports, and community resources have proven to be the most effective in an individual’s recovery. PFA also puts an emphasis on the helper’s self-care and well-being in order to effectively help others.
CONFEREECE SESSIONS

PC4 / Aquatics Forum

9:00 AM to 4:30 PM
Various Speakers

PRCIE & NOTES: $269 ARPA Members / $339 Non-Members
/ $149 Students. Includes Wednesday evening reception,
Thursday Breakfast and Thursday Lunch

We are excited to be able to bring back the Alberta Aquatics Forum as a part of the Conference.

This single day event is an opportunity for those working, involved and interested in the Aquatics sector. The forum will offer valuable workshops for professional development as well as networking opportunities for those invested in aquatics. Enjoy one extra day to your Conference weekend experience as the Forum will include sessions such as;

- “Managing Aquatic Risk in a Deregulated Environment” with Lifesaving Society’s Kelly Carter & Heather Barnhouse, partner with Dentons law firm.
- “Programming for New Users without New Construction,” with Ryan Nachreiner, Project Director with WTI (Water Technology Inc.).
- “Developments in Alberta Swimming Pool Policy,” with president of the Alberta branch of Canadian Health Inspectors, Jason Macdonald.
- “What’s In Swimming Pool Air? Are Your Staff at Risk?” with Chris Biensch, Recreation Facility Manager for the City of Edmonton Community & Recreation Facilities Branch

For those interested to expand their knowledge in the aquatics sector, click HERE to learn more!

PC5 / Recreation and Parks for Elected Officials Workshop

9:00 AM to 4:30 PM
Facilitated by Greg Krischke

PRCIE & NOTES: $269 ARPA Members / $339 Non-Members
/ $149 Students. Includes Lunch and Coffee Breaks.

It is widely understood that a high quality of life is essential to the economic wellbeing of a community and a key aspect of quality of life within a municipality’s controls is their recreation and parks programs and services. ARPA with the support and encouragement of the AUMA, RMA and the Government of Alberta, have developed a professional development workshop on recreation and parks in Alberta for elected officials.

This workshop is complimentary to the Elected Officials Education Program of AUMA and RMA and provides a certificate upon successful completion. The workshop will provide an understanding of the national framework documents, Framework for Recreation in Canada 2015 - Pathways to Wellbeing and Parks for All - An action Plan for Canada’s Parks Community and Common Vision for Increasing Physical Activity and Reducing Sedentary Living as well as the linkages to the Municipal Government Act and other applicable legislation. A significant portion of the day will be devoted to exploring practical examples that you can implement in your community.

We are very pleased to advise you that we have retained the services of the recently retired Mayor of Leduc, Mr. Greg Krischke to deliver the recreation and parks course.
PC6 / ChooseWell – Partnering for Healthy Communities

Half Day (1:00 - 4:30 PM)
Facilitated by Lisa McLaughlin (other presenters TBD)

A healthy community is one in which many sectors work together to improve the conditions that influence the health and well-being of the people who live, work, learn and play there. If you’re interested in or already working with others to enhance health and well-being in your community, this session is for you. During our time together, you’ll learn about different ways of working with others and what it takes to build successful partnerships and resolve common challenges. You’ll also do a lot of chatting with other participants through interactive activities and come away with ideas about unusual partners to consider, an awareness of other perspectives on healthy community issues and perhaps even some new ideas to enhance health and well-being in your community.
A1 / We Opened the Doors and No One Came
Susan Coombes

Have you wondered why some people aren’t participating in your programs and using your services? If you have, let’s explore some barriers that may be limiting their participation. We’ll also discuss strategies that can make it easier for everyone to be involved.

A2 / Collective Impact & Collective Voice: The Active Alberta Coalition
Chris Dawe & Kathleen Hatch

The Active Alberta Coalition was developed over the course of the last eighteen months and is quickly becoming a key hub for all sport, active living and active recreation organizations to connect, collaborate and build collective impact. It is also the venue for building a collective voice to better communicate the importance of the work we all do to our stakeholders. Come hear updates from Coalition leaders on the work so far and find out how to have an opportunity to influence the work ahead. We are going to raise all boats, so climb aboard! This will be a panel presentation facilitated by Coalition Principals, Chris Dawe & Kathleen Hatch. The panelists will include a number of leaders from the Active Alberta Coalition Leadership Team.

Natalie Goulet-Sorenson & Katelyn Ceh

Together, Katelyn Ceh (NCC) and Natalie Goulet-Sorenson (Stantec) will present on the unique partnerships that helped make Bunchberry Meadows a successful project. In 1974, five families purchased Bunchberry Meadows Conservation Area (BBM) to care for and protect the important habitat for numerous species of plants and animals. Over the years, BBM has remained intact while the surrounding lands and the City of Edmonton have continued to undergo significant changes. It’s increasingly difficult for the public to find undeveloped natural spaces to enjoy nature, or teach children about the outdoors. Urban development of this property would have meant the loss of permanent habitat for many plant and wildlife species, the loss of an important corridor for wildlife, and the loss of a wonderful space in which Albertans and all those who visit can reconnect with nature. The NCC purchased the land for half of the appraised value to ensure it would be conserved for the public to see, enjoy and connect with nature. The NCC, along with the Edmonton and Area Land Trust, Parkland County, donors, volunteers, and Stantec have formed a partnership to design and build public access infrastructure, so the public can enjoy and experience the beautiful property.

A4 / Cannabis in Our Communities
Michelle Kilborn & Cochrane

Cannabis legalization in Canada is a hot topic with many layers and complexities. Much of the debate has been about how to legalize responsibly and just what the consequences of legalization may be. How did we get here, where are we now and how will communities be able to navigate this new landscape as we move forward? In this session we will look at the current state of legalization of cannabis in Alberta, review some of the health effects of cannabis and explore some suggestions about minimizing potential health and social harms in our communities. Our session will also look at The Cochrane Resource Centre under the FCSS which has been awarded a grant to facilitate three discussions related to the personal impact that legalization will have on Cochrane residents.
A5 / Greenview Regional Multiplex Partnerships Panel
Reeve Dale Gervais, Mayor Vern Lymburner & Michelle Richardson

This session will showcase the unique path and partnerships that made the Greenview Regional Multiplex a reality. A panel of presenters including elected officials from the MD of Greenview and the Town of Valleyview plus staff involved in the planning and operations of the facility will share their unique stories. This facility, which opened up earlier this year, will play a key part in attracting and encouraging young professionals and their families to live in the Valleyview area for years to come. A community as small as Valleyview would not be able to build this size of facility without the generous support from not only municipal partnerships but the outstanding contributions from both the community and corporate citizens.

A6 / Report back on Talking Circle on Indigenous Women and Girls Involvement in Recreation and Sport
Natalie Goulet-Sorenson & Katelyn Ceh

This session is a report back on the Talking Circle - a collaboration between ARPA, the Indigenous Sport Council of Alberta (ISCa), the Edmonton Native Healing Centre, and the Municipality of Jasper. The Talking Circle was a full-day event taking place at the ARPA annual conference as a pre-conference session. It brought together both Indigenous and non-Indigenous recreation and wellness professionals from across the province to discuss strategies on how to increase the participation of Indigenous women and girls in recreation and in sport in both urban and on-reserve settings.

A7 / Connecting through Research Session #1
Topic and Speaker information will be available later in July

A8 / Recreation Registration Software – Continuing the Conversation
Panel led by Erik Van den Eynden (City of Calgary)

Is your community or organization in the process of reviewing, transitioning to or working with a new recreation registration software provider? Join this panel session as we look to continue the conversation of where communities across Alberta are at with the current state of registration software and discuss challenges and opportunities. The future of registration software in the sector and how everyone can be better connected and supported will also be explored.
B1 / Make Good in the Neighbourhood Project
Melissa Engdahl, Joshua Clarke, & Cochrane Community Members

The Make Good in the Neighbourhood project is a youth led human-centered design process that tackles local social challenges in the Town of Cochrane. This session will take a look at the partnerships between the Youth Make Good Design Team and local businesses who worked together to design mobility aids and prototypes for residents with disabilities. It will take a look at how this partnership used S.T.E.A.M. (Science, Technology, Engineering, Art & Math) principles for their designs so that residents could have equal access in the parks and community. This program serves to engage local, creative youth to make a difference in the community by using a problem solving process that teaches through empathy as a foundation.

B2 / Jumpstart Children’s Charity and Community Programming
Heather Cowie & Marco Di Buono

Children and youth who are disadvantaged are benefitting from investments made by Canadian Tire Jumpstart and their partners. Learn more about this program, how it could benefit your community and how Canadian Tire Jumpstart has expanded their mandate to focus on children and youth with disabilities with programs and infrastructure.

B3 / Enhanced Landscape Maintenance
Henrik Jannesson & Tammy Robinson

The Enhanced Landscape Maintenance (ELM) program allows communities to collect and use community generated funds to add additional landscaping and maintenance services to parks, green spaces, boulevards or pathways in their neighborhood - beyond the standard level provided by Calgary Parks. The ELM program is community-led to encourage community involvement and community pride, while improving visual aesthetics of neighborhoods. In March 2016 Council directed Calgary Parks to conduct a review of the ELM Program where they facilitated numerous meetings with stakeholders (communities, ward offices, city staff. Recommendations were to improve communication, clarity and consistency. In 2018, Henrik and Tammy met with all affected organizations to implement thirteen key areas, as approved by Council. As these new implementations are taking place, we continue to meet new challenges in our City parks and greenspaces.

B4 / Librarians: Your New Wellness Champions
Lisa Weekes & Barbara Longair

Southern Alberta libraries are partnering with Health and Wellness organizations in the province to bring rubber chickens, skating passes, camping equipment, roving gyms, bike repair stations, symphony tickets, walks in the woods, and much more to our communities. Find out how in this inspiring and entertaining session.
### B5 / Action, Adventure and Challenge in a Community Pool

**Ryan Nachreiner**

How does an aquatic facility appeal to a generation with GoPro, Red Bull, parkour, highlining and wingsuits? Examine how a modern aquatic facility can incorporate elements of extreme sports and grab the attention of today’s recreation seeker. Discover and discuss new programs to challenge, inspire, and engage all pool users.

### B6 / Partnerships and Collaborations in Indigenous Communities

**Julia Soucie & Audrey Redcrow**

This presentation will share the different partnerships and collaboration that takes place in a rural, First Nation Community in Northern Alberta to create successful programs focused on physical activity, recreation and healthy living for Indigenous residents. This session will look at two perspectives; 1) the Fort McKay Wellness Center which operates as a not-for-profit centre for children and youth programs, their partnerships and collaborations to offer completely free recreation and leisure programs and 2) cultural and special event planning from Audrey Recrow with the Fort McKay First Nation. The presentation will conclude with an explanation of how we work together through partnerships to deliver high quality programs, events and opportunities for our residents free of charge to reduce barriers in the community.

### B7 / Connecting through Research Session #2

**Topic and Speaker information will be available later in July**

### B8 / Skateparks in Calgary - How to Create Gnarly Places and Spaces

**Ron Smith & Jennifer Duggan**

For over 10 years, the City of Calgary has been regarded as a leader in recognizing the importance of skateboarding and wheeled sports to promoting active lifestyles. In 2010, the city collaborated with the Calgary Association of Skateboarding Enthusiasts (CASE) to develop a Skateboarding Amenities Strategy to guide the development of wheeled sports amenities in Calgary. Phase one included construction of several skateparks which was followed by a study to evaluate the success of the first phase. The research findings revealed who was/is using the parks, how the skateparks are being used and what is the benefit to participants and the larger community. This session will:

- Outline the development and implementation of the skatepark strategy. This will include strategy development, engagement of key stakeholders, site selection, building community support and other lessons learned.
- Describe the evaluation strategy including establishing success criteria, data collection strategies and tools, opportunities and challenges encountered.
- Summarize key research findings from observational studies and intercept surveys of users at the skateparks.
- Summarize the lessons learned to assist other municipalities planning to build skateparks in their communities.
C1 / Part 1: Older Adults Needs Assessment (Edmonton)
Diana O’ Donoghue

In this session participants will learn about the process used to develop the Older Adults Needs Assessment, a research project of the Age Friendly Edmonton Initiative. The session will give an overview of how the need for research in this area was identified, how the project was developed and the link to Age Friendly Edmonton. The session will also provide highlights from the report findings and the lessons we’ve learned from the results of the research.

Part 2: Dementia Project (Okotoks)
Janette Messer

A Dementia Friendly Community provides community-based support and services through local action for those living with (or affected by) dementia. Local businesses, organizations and individuals receive education to help them understand how a person living with dementia may sometimes experience the world differently. Citizens are equipped with knowledge and tools to help them recognize the symptoms of dementia and how to respond to situations when they may encounter someone with dementia in the community. Okotoks has built a Coalition Team, Working Groups, and strong partnerships throughout the community to engage the community members in supporting those with dementia and their caregivers.

C2 / Village Square Community Hub
Carmen Marquez & Michelle Tait

How do you take a facility focused recreation center and turn it into an active community HUB? Partners are the answer! We know the role that recreation plays in enabling and contributing to community well-being but when you add a community development lens, magic happens! This session will explore what an intentional community hub looks like in a recreation centre. We will share the journey Village Square has taken to become more community focused and centered. The Community Hub Project at Village Square Leisure Centre is now in its third year of operating and we will share the process, collaborations and resources we have employed during this amazing journey to turn a recreation center into a more welcoming and inclusive space where community happens.

C3 / Part 1: Exceptional Trails – Growing Recreation Management on Alberta’s Public Lands
Manda Wilde & Kerry Robertson

This session will be run in two parts. The first will host by Alberta Environment and Parks who is committed to enabling responsible and sustainable recreation on Alberta’s public lands. Partnerships are a vital component of public lands recreation and exist across the province for a variety of outdoor recreation activities. The department has been working on a number of tools, policy guidance and planning that support strong collaboration and enable improved recreation experiences for Albertan’s and visitors. This session would highlight some of the recent accomplishments from Alberta Environment and Parks in outdoor recreation management, enabling commercial recreation on public land, as well as highlight new initiatives that will support having high quality and sustainable outdoor recreation opportunities.

Michele & Tony Geistlinger

The second half will be run by the ARC Society. ARC Society was awarded the Active Community Strategy Program late in 2012. Training, meetings and a massive survey helped create Longview’s own strategy along with the goal of a walking trail. We researched and settled on a unique resin coated glow stone infused pathway for our west ridge on the green space. Over the ensuing years we raised over $160,000 for the trail by collaborating with provincial funding, corporate sector, Calgary Foundation, private donations and more. We faced a change of town administration four times during our journey which was not always friendly or helpful to our project. There were hostile petitions against our trail and materials as well as a lack of consistent volunteers. Given such challenges our prospective completion date will be late 2018!

C4 / Managing Aging Recreation Facilities from a Practical Perspective

Chad Beegan, Gerald Curran and Stuart Ray

We know much of our community recreation facility infrastructure is well into the lifespan of what we can expect from these types of facilities. Many of us are challenged with maintaining and operating these facilities with what seems to be ever reducing budgets. This panel session will discuss important and timely details on how best to manage our facilities from a practical perspective. Topics will include refrigeration and ammonia systems and policies and procedures to ensure safety, the importance of an asset management program as well as the results of a recent arena project undertaken by Alberta Health Services in partnership with the Alberta Association of Recreation Facility Personnel.

C5 / Building Community through Recreation

City of Edmonton Neighbourhood Resource Coordinators

Building Community Through Recreation offers a tangible framework to look at the benefits of recreation programing through the lense of community development. We will feature the success stories of using community building practices to build volunteer capacity to plan and deliver neighbourhood recreation programs and foster a culture of care and connection between residents. We will share our learnings about the strategies we have employed as a municipality, including building neighbourhood recreation networks and piloting an online database that features neighbourhood recreation opportunities. We will invite workshop participants to share their experiences and discuss future opportunities for using the Building Community Through Recreation framework in municipalities large and small.

C6 / Exploring our Shared History - Blanket Exercise

Christy Morgan

Through this session attendees will go through a hands-on interactive activity on our shared history in Canada. This activity was developed by KAIROS and is a unique way of walking through experiences that have impacted Indigenous communities in Canada. Attendees will be lead through the exercise and then engage in a debriefing following the exercise.
C7 / Connecting through Research Session #3
Topic and Speaker information will be available later in July

C8 / Oh the places you’ll go! Student and New Professional Session
Panel of Sector Professionals

Starting to think about what to do after school? Wondering where to do your practicum? Want your school projects to have stronger connections to real life activities? Well then look no further. Recreation and Parks is an incredibly exciting and diverse sector and your education can lead you down many career paths.

The 2018 ARPA student focused session brings together a panel of diverse and accomplished professionals in the fields of parks, recreation, and sport to help provide some helpful advice and answer any questions you may have. You will hear from non-profit, private, and public sector professionals as well as academic and research focused individuals. Please come prepared with questions as this session will be both informative and interactive.
D1 / Inclusive to all or biased for some: How are front-line employees treating your residents?
Darren Reedy

Recreation staff interacts with residents on a daily basis. Are some residents treated differently based on their ethnicity, age or ability? If so, do your employees realize it or is it a result of their unconscious bias? This interactive session will explore how policies and training can foster a culture where employees are more aware and informed of how to be inclusive to all residents.

D2 / We Are ALL Public Health
Michelle Kilborn

Recreation, parks, and public health all have common goals of fostering community and environmental well-being. In this session we will discuss our collective responsibility for population health, and the need for making connections at all levels and across sectors to promote and protect the health and wellness of citizens. We will look at the synergies between strategies, policies and programs, as well as ideas for partnership and collaborative action to help make our communities more active and healthy.

D3 / Creating Parks through Partnerships
Sheila Taylor

At Parks Foundation Calgary, partnerships are the core of our work. We partner with donors, organizations and all levels of government to build new parks and pathways as well as to enhance existing green spaces. Our presentation will focus on how three recent Parks Foundation Calgary projects are examples of partnering and wrap around project support. The projects showcased will be Manmeet Singh Bhullar Park, David Richardson Memorial Disc Golf Park and St. Boniface community playground. There are many hurdles to transforming a project from dream to reality. Through various supports to communities, we break down each barrier and obstacle, whether it is creating a clear park concept, giving advice on fundraising and or providing accounting services.

D4 / Forming Effective Wellness Coalitions— Stories from ChooseWell Champions
ChooseWell Champions

Communities ChooseWell supports community champions across Alberta in achieving health and wellness goals in their community. It is a FREE program open to anyone who wants to be a champion for community wellness and develop or improve programs, places, policies, and partnerships to create a healthy community! This session will focus on the stories of champions who formed effective wellness coalitions to help reach their community wellness goals. Come listen to their stories and learn about why, how, and with whom they formed coalitions.
**D5 / Active School Communities: Partnerships beyond Reciprocal Use**

Jennifer Wilson

Working with schools, we have a unique opportunity to positively impact the experiences that shape the attitudes and beliefs of the children in our communities. Over the years, our annual active schools program has developed far beyond a reciprocal use agreement. In fact, it has led into an all-encompassing program that involves collaboration of multiple departments and new ways of communicating with schools to provide opportunities for students. In this session you will learn about our road to success, how to overcome common challenges, partnerships and more! We will discuss what reciprocal or joint use looks like in your community as well as work together to provide you the tools to initiate and develop a program unique and specific to you and your needs.

**D6 / Siksika Nation and ARPA: A Partnership Journey**

Tyler White & Janet Naclia

Join Tyler White, CEO of Siksika Health Services for Treaty 7, and Janet Naclia, Programs Manager of ARPA, to learn about the innovative collaborative journey experienced by these two organizations. Hear about how relationships were created and fostered, steps taken along the way to grow the partnership, and plans now in place to make sure this journey is ever evolving, respectful, and sustainable.

**D7 / Updates and Progress on Intermunicipal Collaborations Frameworks and Joint Use Planning Agreements – Implications for Recreation and Parks**

Speakers TBA

The Modernized Municipal Government Act included two new enhancements aimed at improving municipal relationships, planning processes, and local decision-making - Intermunicipal Collaboration Frameworks (ICFs) and Joint Use and Planning Agreements (JUPAs). This session will inform on updates and progress related to these enhancements including how they may impact recreation and parks service delivery implications and the future of regional relationships.

**D8 / Mount Royal University – Student Project Presentation**

Mount Royal University Students

Mount Royal University students in both the Ecotourism & Outdoor Leadership and Sport & Recreation majors are required to take a course called Program Planning. A key objective of this course is to design and create a detailed program plan outlining key components of a program, of their own design. Students are then required to film a commercial to showcase their program. The one assignment parameter is that the program must work towards implementation of one of the five goals in Framework for Recreation in Canada. During this presentations students will present their program and discuss program development steps, and the various strategies and challenges they encountered during their program planning.
E1 / Part 1: Gender Inclusive Washrooms in Recreation and Parks Facilities
Darren Reedy

In 2015, the Alberta Human Rights Act was amended to add gender identity and gender expression as expressly prohibited grounds of discrimination. Since then some municipalities have taken proactive steps to create washrooms that are gender inclusive; especially in more public areas such as parks and recreation facilities. This session will explore the value of gender inclusive washrooms including signage, design and the related policies and education that can allow people to embrace the change.

Part 2: Inclusivity in Recreation and Sport Facility Design
Jeff Booke & Andrew Tankard

Recreation buildings were once simple barns dedicated to sport; they have since evolved into complex, integrated facilities that accommodate every member of our communities. This evolution reflects the changing expectations of society and the recognition of inclusivity in legislature, for example Bill C-16. Private, universal change rooms address this need for inclusivity for all genders, abilities, ethnic groups, and families in a single facility. This presentation will introduce the concepts of universal change rooms and look at recent examples in Alberta to apply their lessons to future projects. Differences between public change rooms and competitive sport team rooms will be discussed.

E2 / MOVE Program – A Medical Clinic in the Park
Doug Klein

Being healthy is important, but it isn’t always easy. Extended daily commutes, long days sitting at desks, easy access to prepared food, and the ever-present lure of the screen—whether it is a TV or a tablet—make it difficult to stick to resolutions to be healthier. Luckily, physicians like Doug Klein are working to provide support for people who want to make a change for the better. MOVE is a weekly outdoor fitness program for people to become active beside family physician and an exercise specialist. It is a great chance to get some physical activity, connect with nature and meet other people working to improve their health. Come learn more about the MOVE program, the CHANGE Program and other initiatives being led by primary care networks.

E3 / Horseshoe Canyon- Roadside Global Attraction
Bowen Clausen

In 2016, Kneehill County purchased Horseshoe Canyon, a major recreational and tourist destination in the Canadian Badlands. With nearly 400,000 visitors a year the site presents both an amazing opportunity and challenge. We are working to create a balance in preservation and protection of the unique and fragile environment, while educating and allowing visitors to experience this natural wonder. Due to its location and visitation it has opened up numerous new conversations, partnership and collaborative possibilities for the County. With Councils support and vision we are taking a slow and well-rounded approach in how we work with this property for its long term sustainability and protection. Our approach values all aspects from trail creation or reclamation, interpretive signage, tourism operators, to educational programming and events, and infrastructure.
A Common Vision for Increasing Physical Activity and Reducing Sedentary Living in Canada: Let’s Get Moving!

Recreation and Physical Activity Branch - Alberta Culture & Tourism

Physical activity, recreation, and sport are proven and powerful ways to enhance the well-being and quality of life of individuals and communities. The Common Vision for Increasing Physical Activity and Reducing Sedentary Living in Canada: Let’s Get Moving! is the first-ever call to action of its kind in Canada. Never before has Canada had a singular policy focus on physical activity and its relationship to sport, recreation, health, as well as other relevant policy areas. The Common Vision is applicable not only for those in sport, physical activity, and health, but those whose sector impacts physical activity and sedentary behaviour directly, or indirectly, such as education, transportation, labour, private sector, etc. It is a new, collective way forward that will guide the country towards ways of increasing physical activity and reducing sedentary living in Canada. This session will give a brief introduction on the development of the Common Vision including the evidence-based research for increasing population level physical activity that was used to develop the consultations, materials, and the policy itself. Participants will have a chance to explore the opportunities and linkages with ongoing work and be a part of the plan for implementation and moving forward in Alberta.

Cultural Space within Jasper National Park

TBA

The Stoney Nakoda have had a long history within Jasper National Park. The presentation will begin with a few select Stoney Nakoda Oral History stories that are based within Jasper National Park. Since the formation of Jasper National Park, the Stoney Nakoda have interacted with early European settlers & explorers. A brief overview of these interactions will be reviewed. Despite industrial developments over the past 100 years and current industrial developments, the Stoney Nakoda have continued cultural and spiritual practices that emanate from Traditional Knowledge. The presentation will review the importance of cultural space, based on oral history and Traditional Knowledge, and their continuing importance to the present day.

Learnings from the Edmonton Native Healing Centre

Michelle Nieviadomy

As the Assistant Director of the Edmonton Native Healing Centre, Michelle Nieviadomy will be sharing story, insights and reflections about her community wellness initiatives and programming. The goal of the Edmonton Native Healing Centre is to journey alongside the urban Indigenous population reconnecting people to culture and ceremony. Also a partner with ARPA’s Communities ChooseWell initiative, Michelle will highlight how community collaboration and partnership has been a key component in promoting wellness for her community.
E7 / Great Neighbours Program—Red Deer and District FCSS
Bobby-Jo Stannard & Nora Smith

Remember a time when we used to know our neighbours? It doesn’t have to be a thing of the past. This session will look at the Great Neighbours initiative which strives to reconnect neighbours, rural and urban so that they can achieve a close and inclusive neighbourhood. Delivered through the partnership of Red Deer and The Family and Community Support Services (FCSS) this grassroots initiative helps build neighbourly relationships through their Block Connectors program, Meet your Neighbours and the Spark Grant.

E8 / Drama Free Facilitation Allocation
Daniele Podlubny & David Myers

The Canadian Sport for Life Society (CS4L) has developed a generic framework that defines the optimal environment to create physical literacy among Canadians, the foundation for being active for life and supporting the development of athletes in recreational, competitive and high-performance contexts. Each National Sport Organization in Canada has a sport-specific framework that adheres to the generic CS4L. The frameworks can be leveraged by facility owners to easily allocate finite facility time amidst competing demands. Some facilities in Alberta are currently supporting the frameworks and applying them to their practices. Ultimately, incorporating the frameworks into our practices can help determine if existing facility time is being used responsibly by sport partners (which isn’t always the case) and when there is a legitimate need for more.

This presentation aims to explain the basics of the frameworks, their benefits and limitations as well as how they can be used by municipalities and local sport partners to allocate facility time equitably. The format of this session would be a short introduction of the concepts followed by a panel discussion.
**SPEAKERS**

**Heather Barnhouse**  
Heather Barnhouse is a Partner with Dentons, the world’s largest law firm. She is a member of the technology and corporate commercial groups where she advises clients with respect to corporate issues relating to statutory requirements, shareholder and director issues, liability issues and other related matters. She advises from an organization, operational and transactional perspective, including shareholder and partnership agreements and disputes related thereto. Heather is a current national lifeguard and the President Elect of the Lifesaving Society Canada. Last year Heather was recognized by Lexpert as a “Rising Star: Leading Lawyer Under 40.”

**Chad Beegan**  
Chad is the Coordinator for Environmental Health at Alberta Health Services.

**Chris Biensch**  
Chris has been in aquatics for four decades, operating swimming pools across Saskatchewan & Alberta. He holds IT certifications from the Lifesaving Society for National Lifeguard and Standard First Aid awards. Current projects include a content review of the Pool Op II Course for AARFP and operator training development for the mechanical trades in the City of Edmonton.

**Jeff Booke**  
Jeff is CEO for Repsol Sport Centre. Jeff has guided the organization to become one of Canada’s premier competition and recreation facilities. His 20-year track record was recognized in 2009 with his selection to Calgary’s Top 40 Under 40 and again in 2014 with a Leaders of Tomorrow distinction.

**Kelly Carter**  
Kelly is the Executive Director with the Lifesaving Society Alberta and Northwest Territories Branch. Kelly has had a significant role in the strategic and operational planning and positioning for the Society to meet opportunities and the growing need for Society expertise and service, including safety management services. He has vast expertise in aquatic facility management, operations, risk assessment and design. Kelly is also a member of the Lifesaving Society Canada’s Safety Standards Commission and is the Secretary of the International Lifesaving Federation’s Rescue Commission. Kelly’s academic achievements include a Bachelor of Management degree from the University of Lethbridge.

**Katelyn Ceh**  
Katelyn is the Natural Area Manager of Northwest Alberta with the Nature Conservancy of Canada. She manages and stewards NCC’s properties in the province, particularly in the Upper North Saskatchewan River basin. She enjoys working with the NCC because it allows her to contribute to conservation efforts in Alberta.

**Joshua Clarke**  
Joshua Clarke is the founder of Make Good, a community-based design studio that uses the power of human-centered design and maker education to spark local innovation and positive social impact through socially transformative projects. Mission: Make Good in the Neighbourhood™. Email: info@makegoodintheneighbourhood.org.

**Bowen Clausen**  
Bowen is Kneehill County’s Manager of Parks & Agriculture Services. He was born in Alberta with a love of the outdoors and nature, an environmental sciences diploma, and past work and travel overseas. Bowen brings his experiences and knowledge to a diverse portfolio administering all Agricultural, Cemeteries, and Parks programming.

**Susan Coombes**  
Susan is the Acting Director of Education and Engagement at the Alberta Human Rights Commission. This is the part of the Commission that is responsible
for proactive and preventative strategies that promote equality and strive for social change. Susan’s background in community development anchors her approach to engage and support Albertans to participate in the social, economic, cultural and political life of the province. She brings three decades of experience dedicated to wide-ranging issues associated with social justice, inclusion, immigrant and refugee settlement, multiculturalism and diversity. Prior to joining the provincial government, she held positions in the non-profit sector and with municipal recreation departments. She has also taught courses in conflict resolution.

Heather Cowie
Heather is the Manager of the North and East Region with the City of Calgary Recreation.

Gerald Curran
Gerald is District Manager for Cimco Refrigeration.

Karina Damgaard
Karina works part time for the City of Calgary, Recreation as a Learning and Development Coordinator. As for HIGH FIVE, she is a Master Trainer, a committee member and past chair of the HIGH FIVE Task Force with the Child and Youth Committee with ARPA.

Chris Dawe
Chris is a leader in the sport and recreation industry and has the lens of an upstream healthcare specialist. Chris transitioned to consulting following more than fifteen years as the Director of Recreation at Mount Royal University where he was a Student Affairs and Institutional leader. In that role he was responsible for the development and operation of the Recreation Centre on behalf of the physical education faculty, varsity athletics and a comprehensive recreation program with a balanced educational, service and entrepreneurial approach.

Marco Di Buono
Marco is the Associate Vice President of Operations and Programs with JumpStart Canada.

Jennifer Duggan
Jennifer is Superintendent for Sport & Partnership Development at the City of Calgary.

Melissa Engdahl
Melissa holds a Bachelor of Social Work Degree (2012) and a Masters of Social Work Leadership in Human Services Specialization (2016) from the University of Calgary and is a registered social worker with over eight years of experience working with diverse populations in municipal and non-profit settings. Melissa has worked front line with families and individuals but has a distinct passion for systems thinking, collective impact, social justice and community development projects. She currently sits as the Chair of the Town of Cochrane’s Equity & Inclusion Staff committee and let the development of the current Town Social Policy.

Daniele Podlubny
Daniele is the Manager for Community Recreation at the City of St. Albert.

Michele & Tony Geistlinger
Michele and Tony Geistlinger have been heavily involved in fundraising for a number of recreational infrastructure projects in Longview since their A.C.E. Leadership Training in 2009. They have managed to generate funds for and install well over $600,000 worth of parks, playgrounds, skateparks, rink surfaces and now the trail!

Reeve Dale Gervais
Dale is reeve for the Municipal District of Greenview and has been on Council since 2004.

Natalie Goulet-Sorenson
Natalie is a champion of her profession both at Stantec and beyond. A landscape architect with nearly a decade of professional experience in the field, she is also the President of the Alberta Association of Landscape Architects and sits on the advisory committee for the Edmonton Urban Design Awards.
SPEAKERS

Kathleen Hatch
Kathleen is a leader, consultant, and healthy campus specialist with over 25 years of experience in higher education. Prior to focusing as a consultant, Kathleen was Assistant Vice President for Campus Life & Executive Director at Washington State University with a broad portfolio of student life programs, services, and facilities. On campus, Kathleen spearheaded many new initiatives including the first multi-unit student funded well-being program in the country as well as the first automated bike share program on a college campus in North America.

Ted Hodgson
Ted has been Executive Director of the Indigenous Sport Council for the past 20 years. Ted is originally from Hobbema and spent 10 years playing professional hockey. He has used his experiences to help youth throughout the province of Alberta.

Henrik Jannesson
Henrik has been the Business Strategy & Contract Lead with Calgary Parks for 6 years and is responsible for all ‘operational’ agreements within Parks.

Michelle Kilborn
Michelle is Alberta Public Health Association’s liaison for the Alberta Recreation and Parks Association. Michelle identifies common goals and potential synergies between the two organizations. Exploring a public health approach to recreation and parks, Michelle has connected with Bill Wells, ARPA’s Chief Executive Office, to sets some goals related to bringing public health and recreation research and innovation together.

Doug Klein M.D.
Doug is an Associate Professor with the Department of Family Medicine at the University of Alberta. He is also the Director of CHANGE Alberta Research Group. His research focuses on healthy eating and physical activity both in the clinical setting and the community. He has strong connections to primary care physicians through his work with Primary Care Networks in Alberta. Doug is also the co-founder of the MOVE Program and Founder of the CHANGE Adventure Camp, a program designed to build skills for children and families.

Leslie Kucey
Leslie is a Board Member for the Indigenous Sports Council.

Greg Krischke
Since graduating from the University of Alberta in 1975 with a Bachelor’s degree in Physical Education Mr. Krischke has been a passionate supporter of recreation and parks. Greg has been involved in sport and recreation at a community, provincial, and national level. Starting in 1995 Greg served on Leduc City council for 22 years including the last 13 as Mayor. Since 2004 the City of Leduc doubled in size, built a 309,000 square foot recreation facility, constructed more than 60 kms of multiway paths and hosted many provincial, national and international events. Greg has served on the boards of the Alberta Recreation and Parks Association (ARPA), the Recreation For Life Foundation (RFLF) and the ARPA Energize sub-committee. Among his several awards, Greg is most proud to have received the Lieutenant Governor’s inaugural Active Community, Elected Official award and in 2016 was named the Canadian Sport Tourism Champion of the year.

Barbara Longair
Barbara is Public Services Manager for Children’s Services at Lethbridge Public Library and is an active community advocate.

Mayor Vern Lymburner
Mayor Lymburner has served on Council for Valleyview for twelve years. He has served six years as councillor and six as mayor.
SPEAKERS

**Jason Macdonald**
Jason began his career as a health inspector in 2005 after years of managing a successful retail business. He initially focused his attention to the inspection of swimming pools, and for several years was the health inspector for the waterpark at West Edmonton Mall. He shifted his focus to personal service facility inspections and as a topic expert in this area, Jason has given many presentations across Canada on infection prevention and control issues and gaps settings like nail salons and tattoo studios. He currently works for the Ministry of Health in Alberta as a policy lead for both aquatics and personal services. He is also a guest lecturer to Environmental Health students at Concordia University of Edmonton.

**Carmen Marquez**
Carmen has worked with The City of Calgary for 13 years, and is currently Team Lead for The City’s Community Social Work program. Carmen has worked in the community with a variety of vulnerable populations. She has been involved with the Community Hubs Initiative for three years.

**Lisa McLaughlin**
Lisa is Program Manager of ARPA’s Communities ChooseWell program, where she has worked since 2011. Previously, Lisa worked with APPLE Schools to facilitate healthy schools communities and chaired a community health council when there were still nine health regions in Alberta!

**Janette Messer**
Janette is Community Programs Team Leader for the Town of Okotoks.

**Christy Morgan**
Christy is a proud First Nations woman from the Bonaparte Band of the Secwepemc (Shuswap) Nation, in British Columbia. She holds a Degree in Social Work from the University of Calgary and is the current Director for Indigenous Initiatives with the Boys & Girls Clubs of Calgary.

**David Myers**
David is the Executive Director for Ringette Alberta.

**Ryan Nachreiner**
As a Project Director with WTI (Water Technology Inc.), Ryan assists clients with the numerous program decisions throughout the design process. As an NSPF Instructor, Ryan has trained and certified aquatic professionals, and continues to conduct educational seminars for numerous industry organizations. Ryan is dedicated to enhancing the aquatic experience through innovative design.

**Janet Naclia**
Janet is a Programs Manager with Alberta Recreation and Parks Association (ARPA). She has worked on ARPA’s community developmental programs as well as with both Indigenous and diverse communities. Janet’s current focus is working with Alberta’s Indigenous communities (First Nation, Metis, and urban Indigenous) but also works extensively with ARPA’s Communities ChooseWell initiative.

**Michelle Nieviadomy**
Michelle is Cree and a member of the Kawacatoose First Nation in Saskatchewan. She is the Assistant Executive Director of the Edmonton Native Healing Centre where she has worked with Indigenous youth for 10 years. She is passionate about social justice involving the Indigenous peoples and promoting healthier lifestyles.

**Diana O’ Donoghue**
Diana graduated from the University of Alberta in 2002 with a Bachelor of Arts in Recreation and Leisure Studies-Special Populations. She has been at the City of Edmonton for 14 years and has also worked as a Recreation Therapist at the Glenrose Hospital for a number of years. In her role as Accessibility Liaison and focus on Seniors Initiatives, Diana uses her experience and passion for barrier free design to ensure city projects, plans and programs are inclusive for all regardless of age and ability.

**Stuart Ray**
Stuart Ray is the Executive Director of Alberta Association of Recreation Facility Personnel.
**SPEAKERS**

**Audrey Redcrow**
Audrey is a resident as well as the Cultural and Special Events Lead for the Fort McKay First Nation.

**Darren Reedy**
Darren is the Manager of Welcoming and Inclusive Communities for the Alberta Urban Municipalities Association. He is a CMA with a background in municipal policy, finance, strategic planning and government advocacy. Darren's current role focuses on engaging with municipalities to implement local initiatives that will help overcome issues of racism and discrimination within Alberta’s communities.

**Michelle Richardson**
Michelle is the Facility Manager for Greenview Regional Multiplex.

**Kerry Robertson**
Kerry Robertson is Acting Director for the public land Outdoor Recreation Management Program. She has worked with the Alberta Government on many fronts including recreation, active living, land use framework planning, wildfire recovery, and policy and strategic development. Kerry’s current focus is developing a recreation management program for public land inclusive of trail development and other capital investment, education and outreach, enforcement, policy and sustainability.

**Tammy Robinson**
Tammy is a Project Lead for Calgary Parks. She has over 25 years of experience in the landscape and tree care industry.

**Nora Smith**
Nora is the Community Mobilizer for Great Neighbours. Nora has held presentations in several locations in Red Deer County encouraging volunteers to sign up as Block Connectors for their neighbourhoods.

**Ron Smith**
Ron is the Lead, Research and Analytics for Calgary Recreation. He supervises a research and analytics team that supports product and service development, facility planning and design, and overall service delivery. Ron is a graduate of the University of Calgary with 25+ years of research experience in the public sector.

**Julia Soucie**
Julia is the Director of the Fort McKay Wellness Center, a not-for-profit organization as well as a Communities ChooseWell Leader.

**Bobby-Jo Stannard**
Bobby-Jo is the Social Planning Supervisor for Red Deer District FCSS and Community Development. She is also on the Family and Community Support Services Administration team.

**Michelle Tait**
Michelle is a Regional Superintendent with The City of Calgary. She has worked for the city for 20 years and has spent 15 of that in leisure centre operations. Michelle has been working with the Community Hub Initiative at Village Square Leisure Centre since the beginning of the project in 2016. Michelle has been inspired throughout this project and has been so excited to see the transition of a recreation facility into a community hub.

**Andrew Tankard**
Andrew is a Partner at GEC Architecture with experience on over 30 recreation and high-performance venues including the Shane Homes YMCA at Rocky Ridge, Remington YMCA, the Repsol Sport Centre Expansion, the Canmore Nordic Centre Olympic feasibility study, the Fenlands Recreation Centre in Banff and other community recreation facilities throughout western Canada.
SPEAKERS

Sheila Taylor
Sheila is Chief Executive Officer at Parks Foundation Calgary, a non-profit organization. With a life-long passion for active living and amateur sport, she is dedicated to ensuring Calgarians have world class recreation and green spaces.

Erik Van den Eynden
Erik is the Customer Service & Technology Lead for The City of Calgary Recreation. Erik has been involved in Class and various technology projects for the last 18 years. He has been a main catalyst behind Recreation’s online presence, and the advances that have occurred in our business intelligence and analytic capabilities. He is currently co-leading the project to replace Class at The City of Calgary.

Lisa Weekes
Lisa is Public Services Manager for Chinook Arch Regional Library System which consists of 33 member libraries across southwest Alberta. Physical literacy and lifelong active living are personal and professional passions that guide her regional program and project development.

Tyler White
Tyler is the CEO of Siksika Health Services for Treaty 7. He is also President of the First Nations Health Consortium, which is working to enhance the coordination of health care service delivery to First Nations children in the province. With more than 19 years of experience in First Nations Health Care, Tyler has worked extensively with the federal government, Government of Alberta and Alberta Health Services to improve services and support.

Manda Wilde
Manda Wilde is the Recreation Planning Lead for Alberta’s public lands, with a focus on developing inclusive and collaborative processes and tools that support the integration of recreational values into public land planning and management. This work most recently culminated in the approved Livingstone-Porcupine Hills Recreation Management Plan. Her previous work within the Government of Alberta focused on the management of conservation and outdoor recreation sites, development of recreation related policy and support to provincial recreation organizations.

Jennifer Wilson
Jennifer is a wellness-minded individual in all aspects of her life. She enjoys all-seasons adventuring in a variety of outdoor activities with her family, especially mountain biking and hiking. She works closely with schools and also writes a weekly article for the local Sherwood Park newspaper encouraging mindful living.
**GUEST & DELEGATE EXPERIENCE**

<table>
<thead>
<tr>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>MORNING</strong></td>
</tr>
</tbody>
</table>
| Morning Yoga | 6:30 - 7:30 AM for delegates - limit of 12 max.  
7:30 - 8:30 AM for guests - limit of 12 max.  
No Cost to Participate. Open to all skill levels.  
Limited Availability. |
| Jasper Park Lodge Facility Tour | 9:30 - 11:00 AM  
Cost $25/person |
| **AFTERNOON** | 
| Guided Hike (Location TBD) | 2:00 - 3:30 PM  
Cost $50/person |
| Recreation for Life Foundation Walk & Run | FRIDAY 3:30 - 6:00 PM  
$20.00 per person  
Join us for the 5th annual Recreation for Life Foundation Superhero Fun Run & Walk. Put together a team and “sport” your favourite superhero costume for a 5 km journey through the grounds at the Fairmont Jasper Park Lodge. All while raising funds for the Recreation for Life Foundation |
**SATURDAY**

**MORNING**

**Morning Yoga**  
6:30 - 7:30 AM for delegates - limit of 12 max.  
7:30 - 8:30 AM for guests - limit of 12 max.  
No Cost to Participate. Open to all skill levels.  
Limited Availability.

**Skytram Tour**  
9:30 AM - 12:15 PM  
$75.00 per person

**Jasper Park Lodge Kitchen Experience (Experience TBD)**  
2:00 - 3:30 PM  
$50.00 per person

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**DETAILS**

**Child Care**  
Organized directly through the Fairmont Concierge.

**Meal Tickets**  
Meal Tickets are available to guests for purchase

- Thursday Banquet $75
- Friday Breakfast $35
- Friday Lunch $35
- Friday Trade Show $35
- Saturday Breakfast $35
- Saturday Lunch $35
- Saturday Banquet $75

*Meals are included for delegates*
**EVENING SOCIAL EVENT**

**THURSDAY**

**New Delegate Reception**  
5:00 - 6:00 PM

The New Delegate Reception is a structured networking reception aimed to introduce newcomers to each other and some returning veterans. Fun networking games will be hosted and some fun prizes given out!

**Live! Athabasca Barnburners and Square Dance**  
8:00 - 11:00 PM

Your Conference experience will be kicked off with some foot stomping and hand clapping as early as dinner time! Enjoy your meal with bluegrass folk band the Athabasca Barnburners who will really get you going later on when they partner with a live caller for the square dance! Thursday night is going to be a real hootenanny, so don’t miss out!

**FRIDAY**

**Gathering of Indigenous Champions**  
5:30 - 6:30 PM

Join us for the Gathering of Indigenous Champions at the ARPA annual conference. This event will give you the opportunity to network with recreation practitioners who are from or work with Indigenous communities. The request for this gathering came directly from our members and we are extremely pleased to be able to help facilitate these amazing new connections!

**Energize Delegate Reception**  
5:30 - 6:30 PM

Join fellow elected and appointed officials to enjoy a drink and some informal networking time.

**Partners in Progress Tradeshow**  
6:30 - 9:30 PM

Join us and explore our Partners in Progress tradeshow! Test your networking skills with our Poker Partners challenge where there will be prizes to be won! Get a card, find a match and see if you and your partners landed a Big Hand to win the prize! Our annual silent auction will also be woven in amongst the booths so be sure to place your bids! The Trade Show is an awesome opportunity to network and meet with 30+ exhibitors and sponsors who provide goods and services that are important to your organization.

**Partners in Progress Bonfire and DJ**  
9:30 - 11:00 PM

Feel like kicking back and relaxing for the evening? Head to the Lodge’s Beauvert Plateau and get cozy beside a bonfire as a DJ sets the evening mood.
**EVENING SOCIAL EVENT**

**SATURDAY**

**Presidents Awards Banquet and Entertainment**
6:00 – 9:30 PM

After the Awards Banquet, stick around for some post banquet fun that will include a Halloween Fashion Show and stage entertainment!

**Halloween and Bus to Atha-B Night Club**
9:30 PM TILL LATE

End your Conference experience with a bang and join us as we head out to Atha-B Nightclub for a night of Partners in Progress Halloween fun! We will start the night off in the lobby to vote for the best partner’s themed Halloween costume and then hop on a bus to the nightclub! So come prepared because you will not want to miss out!
Situated in Alberta’s magnificent Jasper National Park, a UNESCO World Heritage Site, the iconic Fairmont Jasper Park Lodge resort invites you to experience our Great Canadian Lodge, surrounded by nature and abundant wildlife.

The Fairmont Jasper Park Lodge is already sold out. They will be taking names for a waiting list and with our new cancellation policy we are expecting some rooms to become available near the beginning of September.

Please quote “2018 ARPA Conference” when making your reservation to receive the discounted rate. Bookings may be done over the phone by calling the Fairmont Jasper Park Lodge directly at 780-852-3301.

Fairmont Jasper Park Lodge Room Prices:

<table>
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<tr>
<th>Room Type</th>
<th>Price</th>
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<tbody>
<tr>
<td>Fairmont Room</td>
<td>$164/ night</td>
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<tr>
<td>Deluxe – Larger</td>
<td>$224/ night</td>
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<tr>
<td>Premier Deluxe</td>
<td>$264/ night</td>
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<tr>
<td>Junior Suite Lakeview</td>
<td>$314/ night</td>
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<tr>
<td>Lakefront Suite</td>
<td>$344/ night</td>
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Based on single/double occupancy
Taxes and fees not included.

SECONDARY ACCOMMODATIONS

Sawridge Inn and Conference Centre

Bookings may be done over the phone by calling The Sawridge Inn and Conference Centre at 1-780-852-6590

Group Reservation Code: 181025ALBE

<table>
<thead>
<tr>
<th>Room Type</th>
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<tr>
<td>Atrium View Rooms</td>
<td>$177/ night</td>
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<tr>
<td>Outside View Rooms</td>
<td>$197/ night</td>
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Based on single/double occupancy
Taxes and fees not included.

INCLUDES DAILY BREAKFAST
Triple and quadruple occupancy available at an additional daily cost of $25/person
### CONFERENCE FEES

Prices include all education sessions, socials, and scheduled meals. Pre-Conference sessions are not included in these fees.

<table>
<thead>
<tr>
<th>DELEGATE FEES</th>
<th>MEMBER</th>
<th>NON-MEMBER</th>
<th>STUDENT</th>
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<tbody>
<tr>
<td>Early Bird Rate (before Sep. 28)</td>
<td>$645</td>
<td>$795</td>
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<tr>
<td>Regular Rate (Sep. 29 - Oct. 19)</td>
<td>$745</td>
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<tr>
<td>Late/On-Site Rate (Oct. 20-25)</td>
<td>$845</td>
<td>$995</td>
<td>$350</td>
</tr>
<tr>
<td>Friday Only*</td>
<td>$360</td>
<td>$460</td>
<td>$175</td>
</tr>
<tr>
<td>Saturday Only*</td>
<td>$360</td>
<td>$460</td>
<td>$175</td>
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Fees do not include GST  
*Includes education sessions and lunch on registered day only

### PRE-CONFERENCE WORKSHOP FEES

<table>
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<tr>
<td>PC1</td>
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### STUDENT BURSARY PROGRAM

We are pleased to have The City of Calgary Recreation back for the 11th consecutive year as our Student Sponsor. This sponsorship allows us to provide students registered in a recreation/leisure-related degree or diploma to be eligible to apply for a $200 bursary to help offset the costs of attending Conference.

Please fill out the online application and return it to reclearning@calgary.ca. 
Deadline is Wednesday October 10th, 2018.
SPONSORS

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Apple Fitness Store

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- SCOTT Builders Inc.

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- ISL Engineering and Land Services
- RC Strategies + PErC
- Global Sport Resources
- McElhanney

Student Bursary Sponsor

- The City of Calgary Recreation

Connecting through Research Partners

- University of Alberta Faculty of Physical Education and Recreation
- Mount Royal University
- Fiskums

Registration Desk & App Sponsor

- The Alberta Association of Landscape Architects

Indigenous Stream Sponsors/Partners

- Canada
- Alberta