ARPA Conference & Energize Workshop
October 20-22, 2016 | Jasper, Alberta

Charting the Course

2016

CONFERENCE BROCHURE

Platinum Sponsor: Apple Fitness Store
Get the Advantage
Message from the President

I hope this finds you healthy and happy! We will be returning to the breathtaking setting of the Fairmont Jasper Park Lodge for the 2016 ARPA Conference and Energize Workshop being held from October 20-22. Since we have last been to Jasper, the Fairmont has undergone extensive renovations, with every accommodation unit getting a refresh. We can’t wait to see how the Fairmont has been able to improve upon such a great venue.

This year’s conference theme is “Charting the Course” and continues to build upon our strong connection to A Framework for Recreation in Canada 2015: Pathways to Well Being as well as the 2016 Pan Canadian Parks Summit and the Parks for All movement. Our Organizing Committee, comprised of representatives from across northern Alberta, has compiled the best in learning, information sharing and networking opportunities for conference participants to enjoy. Albertans and their communities have been challenged over the past year with the Fort McMurray wildfire and continued downturn in the natural resources industry. During these challenging times recreation and parks have proven vital to citizens’ and communities’ recovery and building hope and resilience.

At this years’ event, we hope to be able to catch our breath, share stories and find time to reflect on our successes and the value of recreation and parks in good times and in bad.

We are excited to continue the Connecting through Research (CtR) component to our conference. We will also experience the evolution of the Municipal Recreation Engagement Strategy, which is a multi-year collaboration between ARPA and the Recreation and Physical Activity Division of the Ministry of Culture and Tourism.

We are excited to have a focus of sessions on the important role of recreation and parks in reconciliation with our indigenous peoples. These sessions will highlight the recreation, sport and parks focused action statements from the Truth and Reconciliation Commission report and what we can do in various capacities to take action and enhance the impact of recreation and parks on the quality of life of all Albertans.

Last year we welcomed over 550 delegates and had our highest ever attendance by elected officials. We look forward to building on the momentum of the recreation sector in the province and hope you can join us in October. This year we will welcome the Minister of Culture and Tourism, the honorable Ricardo Miranda, and the Lieutenant Governor of Alberta, Her Honour, the Honourable Lois Mitchell. We look forward to hearing their perspectives on the importance of recreation and parks throughout Alberta.

On behalf of the ARPA Board of Directors and staff, I invite you to join us for three days of learning, networking and replenishment. See you in beautiful Jasper!

Mike Roma
President
Message from the Honourable Ricardo Miranda
Minister of Culture and Tourism

As the Minister responsible for recreation and physical activity in Alberta, it is my pleasure to welcome you to the 2016 Alberta Recreation and Parks Association Conference and Energize Workshop in Jasper. I cannot think of a better location in which to discuss topics like recreation, community vitality and economic sustainability than in this beautiful town in one of Canada’s busiest national parks.

This conference is an opportunity to move recreation and parks forward in Alberta, highlighting the vital role they play in the economic, social and cultural life of communities across the province. Together, the course we chart for the future of parks and recreation will help improve the quality of life in Alberta, and continue to provide Albertans with access to the many programs and services that contribute to creating healthy communities, environments and citizens throughout the province.

The Government of Alberta is proud of the strong partnership it has with ARPA. As we work towards creating a more active Alberta, we look forward to a continued relationship long into the future.

Thank you to all the organizers, volunteers and sponsors for your hard work in putting together what I am sure will be another successful conference. Best wishes for your continued success in the years ahead.

Ricardo Miranda
Minister
GREETINGS

Message from the
Honourable Shannon Phillips
Minister of Environment and Parks

On behalf of the Government of Alberta and Environment and Parks, welcome to the Alberta Recreation and Parks Association’s annual Conference and Energize Workshop. It is an honour to hold this gathering in Jasper National Park, which I would like to acknowledge is in the traditional territory of the people of Treaty 8 and Treaty 6.

The theme of this year’s conference is Charting the Course. Environment and Parks is pleased to work alongside the Alberta Recreation and Parks Association, other parks jurisdictions and the private-sector in charting the course for initiatives such as the Parks for All framework.

The Government of Alberta is committed to helping Albertans lead active, healthy lifestyles, and to building healthy communities by developing recreation opportunities in the beautiful outdoor areas of our province. Environment and Parks is proud to protect landscapes that provide a wide range of recreation opportunities, including many near Jasper. Several provincially protected areas and recreation opportunities are adjacent to Jasper National Park, including Willmore Wilderness Park, Rock Lake Provincial Park, Wildhorse Lake Provincial Recreation Area, White Goat Wilderness Area, and three Wildland Provincial Parks - Brazeau Canyon, Whitehorse, and Rock Lake-Solomon Creek.

Thank you to the Alberta Recreation and Parks Association’s Board of Directors and staff for putting together this great event, and thank you to all the attendees and participants for working towards a healthy, happy future for Alberta, its parks and people.

Sincerely,

Shannon Phillips
Minister of Environment and Parks
Alberta Aquatics Forum

Wednesday, Oct. 19 - Thursday, Oct. 20
Jasper, Alberta

Join us for the first-ever Alberta Aquatics Forum!

This event is an opportunity for those in the aquatics sector to access high-quality professional development and network with their peers. This two-day forum precedes our annual ARPA Conference and Energize Workshop.

Sessions will cover topics such as:

- Diversity & Inclusion in Aquatics
- Risk Management
- Global Trends in Aquatic Facility Design
- Disney Customer Service in Pools

...and more!

There will also be optional HIGH FIVE® workshop opportunities.

Click HERE to learn more.
FRIDAY, OCTOBER 21

7:00-8:30AM  Breakfast  Beauvert Dining Room
Energize Breakfast: The Important Role Recreation Plays in Disaster Recovery - Judi Frank, Moose's Nook

8:30-9:30AM  Plenary Speaker
Happy City: Your City, Your Life - Charles Montgomery
Beauvert Dining Room

9:30-10:00AM  Refreshment Break

10:00-11:00AM  A1  A2  A3  A4  A5  A6  A7  A8
Prescription to get Active – More than just Medicine  Creating Service Magic  Cochrane’s Natural Playground  The Little City that Could (Daughin, MB)  The More the Public Knows, The More You Need to Know  Assessing the Impact of Free Play Intervention on Physical Activity Levels in Preschool  Recreation Settings  Challenges and Opportunities of First Nation Communities and the National Recreation Vision  Building Community Wellbeing: Stories from Communities ChooseWell Champions
Pyramid B Room  Tonquin Room  Spike Room  Tekerra Room  Pyramid A  Signal Room  Maligne Room  Pyramid C Room

11:00-11:30AM  Transition Break

11:30AM-12:30PM  B1  B2  B3  B4  B5  B6  B7  B8
Maligne Room  Spike Room  Pyramid A  Tonquin Room  Pyramid A  Tonquin Room  Pyramid C  Signal Room  Tekerra Room  Pyramid B

12:30-2:00PM  Lunch  ARPA Volunteer Recognition Awards  Beauvert Dining Room

2:00-3:30PM  C1  C2  C3  C4  C5  C6  C7  C8
Calgary – Leading the Ways to Play  Building an Inclusive Community through Recreation  The North Saskatchewan River Valley Park from Devon through Edmonton to the Sturgeon River: Revitalizing the Dream (60 minutes)  Creating Supportive Environments in Recreation through Healthy Food Choices  Resilience, Recovery, Recreation  An Exploration of Recreation Workers’ Lives in Relation  The Impact of Nature Based Leisure on Refugee Integration in Canada  Charting the Course for Future Greatness  A Workshop to Facilitate the Flow and Exchange of Research Knowledge in the Area of Aboriginal Sport and Recreation
Pyramid A  Tonquin Room  Spike Room  Signal Room  Pyramid B  Pyramid C  Tekerra Room  Maligne Room
### Conferences at a Glance

#### Friday, October 21 (Continued)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:30-3:45PM</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:30-5:30PM</td>
<td><strong>Outdoor/Activity Sessions</strong></td>
</tr>
<tr>
<td></td>
<td>D1</td>
</tr>
<tr>
<td></td>
<td>RFLF Superhero 5km Charity Fun Run/Scavenger Hunt ($20 Registration Fee)</td>
</tr>
<tr>
<td></td>
<td>Gardener’s Cabin (Start/Finish)</td>
</tr>
<tr>
<td></td>
<td>D2 [x]</td>
</tr>
<tr>
<td></td>
<td>Traditional Games</td>
</tr>
<tr>
<td></td>
<td>D3 [x]</td>
</tr>
<tr>
<td></td>
<td>Elder in the Making Movie Screening</td>
</tr>
<tr>
<td>5:00-6:00PM</td>
<td>Energize Reception</td>
</tr>
<tr>
<td></td>
<td>Pyramid A</td>
</tr>
<tr>
<td>6:00-9:00PM</td>
<td>Trade Show – Dinner, Drinks and Networking</td>
</tr>
<tr>
<td></td>
<td>Beauvert Dining Room, Great Hall, Mary Schaeffer Ballroom</td>
</tr>
</tbody>
</table>

#### Saturday, October 22

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00-8:30AM</td>
<td>Breakfast</td>
</tr>
<tr>
<td></td>
<td>Beauvert Dining Room</td>
</tr>
<tr>
<td>8:30-10:30AM</td>
<td><strong>ARPA General Meeting</strong></td>
</tr>
<tr>
<td></td>
<td>Pyramid B/C</td>
</tr>
<tr>
<td>10:30-11:00AM</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>11:00AM-12:00PM</td>
<td><strong>E1</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E2</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E3</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E4</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E5</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E6</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E7</strong></td>
</tr>
<tr>
<td></td>
<td><strong>E8</strong></td>
</tr>
<tr>
<td>12:00-1:30PM</td>
<td>Minister’s Luncheon</td>
</tr>
<tr>
<td></td>
<td>Beauvert Dining Room</td>
</tr>
<tr>
<td>1:30-2:45PM</td>
<td><strong>F1</strong></td>
</tr>
<tr>
<td></td>
<td><strong>F2</strong></td>
</tr>
<tr>
<td></td>
<td><strong>F3</strong></td>
</tr>
<tr>
<td></td>
<td><strong>F4</strong></td>
</tr>
<tr>
<td></td>
<td><strong>F5</strong></td>
</tr>
<tr>
<td></td>
<td><strong>F6</strong></td>
</tr>
<tr>
<td></td>
<td><strong>F7</strong></td>
</tr>
<tr>
<td>2:45-3:00PM</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:00-4:30PM</td>
<td><strong>Closing Keynote Speaker and Closing Remarks</strong></td>
</tr>
<tr>
<td></td>
<td>The Role of Sport and Recreation in Reconciliation - Willie Littlechild</td>
</tr>
<tr>
<td></td>
<td>Mary Schaeffer Ballroom</td>
</tr>
<tr>
<td>6:00-9:00PM</td>
<td>Dinner - ARPA President’s Awards Banquet</td>
</tr>
<tr>
<td></td>
<td>Beauvert Dining Room</td>
</tr>
<tr>
<td>9:00PM-1:00AM</td>
<td>Tent City Nightclub</td>
</tr>
</tbody>
</table>
Charting the Course!

This year’s conference theme will once again be strongly tied to *A Framework for Recreation in Canada 2015 – Pathways to Wellbeing* and the vision of a more active Alberta. To continue along this path this year’s conference theme is Charting the Course. In addition to the alignment with the Framework for Recreation in Canada and Active Alberta, several other key documents and initiatives are positively impacting the development of recreation and parks in Alberta. Some of these documents and initiatives include:

- Municipal Recreation Engagement Strategy in partnership with the Recreation and Physical Activity Division of Alberta Culture and Tourism
- Parks for All Framework that is an outcome of the 2016 Canadian Parks Summit held in Canmore in April 2016
- Truth and Reconciliation Commission of Canada – Report and Calls to Action

We are excited to once again have the Connecting through Research (CtR) component as a part of the conference through a partnership with the Physical Education and Recreation Faculty of the University of Alberta and the Faculty of Health and Physical Education at Mount Royal University. The CtR brings academics and practitioners together to share and discuss research findings, issues and ideas that influence recreation and parks theory, policy, management and programs.

Energize Workshop

The Energize Workshop provides a forum for everyone from elected officials to local community volunteers. The Workshop is an idea-exchange and knowledge-sharing forum regarding the recreation sector and its contribution to healthy communities. Together, the Energize Workshop and ARPA Conference focuses on a program that combines learning from our history with creating the recreation and parks opportunities that we want for our communities in the future. The Workshop gives delegates the knowledge and tools to bring back to their communities to ensure excellence in the recreation and parks sector. The Energize Breakfast will have Judi Frank from the Canadian Red Cross provide a presentation on the important role that recreation plays in disaster recovery.

We will also be hosting an Energize Reception that will be held specifically for our elected official delegates. This is the 22nd year of partnership between the ARPA Conference and Energize Workshop. Sessions with content relevant to Energize delegates have been identified with the Energize logo as seen below.
PRE-CONFERENCE WORKSHOPS

Full Day

PC1 | From Truth to Reconciliation in Parks and Recreation
9:00 AM – 4:00 PM

Angela Lightning, Charlene Bearhead
Moderator: Janet Naclia

This workshop will include the KAIROS Blanket Exercise facilitated by members of Calling Lake Parks and Recreation. The Blanket Exercise is an interactive learning process focused on the history of Indigenous people of Canada from pre-contact to present time. The session will also include a Keynote by Charlene Bearhead, Education Lead for the National Centre for Truth and Reconciliation, University of Manitoba - “Calls to Action: What does this look like from a lens of recreation and parks?” and a series of interactive summary activities.

PC2 | HIGH FIVE® Strengthening Children’s Mental Health
9:00 AM - 4:00 PM

Jen Goeres

This one-day in-person training, developed in collaboration with Canadian Mental Health Association, Ontario, will help anyone running children’s programs be more informed and prepared to support their staff in promoting positive mental health in children. Participants will learn key concepts and factors that affect children's mental health including the impact of stress and environment on a child’s ability to cope. This training will provide tools and suggested activities to use with staff to help improve their understanding and interactions with children who face challenges in their programs.

Morning

Healthier Choices in Recreation Centres: Charting a Course Together
9:00 AM - 12:00 PM

Interactive Session

Limited space. Pre-registration required. Click HERE to register.

Would you like to improve the healthfulness of food and beverages in recreation centres and programs? Perhaps you’ve already begun making changes in your community? Wherever you are on the track to offering healthier choices, this session has something for you! This is your opportunity to build your network of like-minded peers from across Alberta, while exploring key issues and promising strategies to improve healthy choices in recreational settings. You'll work together to generate ideas to address common challenges, as well as create and build on conditions for success in your community. You will leave the session with new contacts, knowledge of helpful resources, and actions to make some positive strides in your community.

*no cost, sponsored by Communities ChooseWell
PC4 | Facilitation Skills to Build Community through Meaningful Conversations and Public Engagement
1:00 - 4:00 PM
Barbara Pedersen and Communities ChooseWell Staff

Meaningful community engagement is an important part of strengthening the ability of a community to create wellbeing in a way that builds on its own strengths and resources. Community building and empowerment happens when residents get together to talk about important aspects of their community, determine priorities, make decisions, and plan and implement actions to build a better community. Learn how to involve your partners and community members in collaborative discussions and decisions, how to gather community input and feedback and how to make your meetings more productive. This interactive workshop will provide an introduction to some popular and productive community conversation and public participation methods to help you build a more vibrant, healthy community!

Participants will:
- Learn basic information about facilitation, public participation and community engagement principles, approaches and techniques
- Learn about facilitation techniques and how they can be used for public participation and community engagement
- Become more confident in selecting and applying these facilitation techniques in community engagement situations.

PC5 | Healthy Living Lab Responds to National Challenge
1:00 PM - 4:00 PM
Nicole Dawe, Tracey Martin & Nadine Van Wyk

Convenient lifestyles are killing Canadians, and Vivo for Healthier Generations, in collaboration with multi-sector partners, is creating an innovative, healthy-living lab as part of its response to this national challenge. Canada’s public recreation sector is a key driver in developing evidence-based, community driven solutions to make a positive, social impact on the health of all citizens. The Healthy Active Community lab is dedicated to building capacity in individuals and families to lead healthier lives at play, school and home by transforming community assets into supportive environments that reinforce life-long healthy behaviours. You’re invited to co-create this Healthy Active Community lab and its approaches to make a measurable impact that is transportable to other communities across the nation!

PC6 | Parks for All – A Shared Vision for Canada’s Parks Community Afternoon
1:00 - 4:00 PM
Facilitator TBA

This afternoon workshop will review the newest draft of the Parks for All document and will include focused workshops to gather input and feedback to assist with the next draft that will be shared at the 2017 Pan-Canadian Parks Conference in March 2017. The workshop will review the overall vision, strategic directions and priorities identified in the framework.
Charting the course is the second action taken when one is planning a journey. The first is knowing where, and more importantly WHY, you have chosen your destination. Once you know where you are going, and why, then and only then can your course be charted. The final decision to be made as we plan this journey is who is on the journey with you. This is not a trip that you will take alone. After an understanding of the ideals behind the programs we offer and the facilities in which we offer them, we will then chart the course. Our journey will take us through the necessary foundation blocks needed in order to create a culture of excellence for your organization. We will discuss all of the principals needed to becoming great, branding your greatness, and then selling it.

At the end of the presentation the participants should have a new understanding of the importance of the work we do, and the motivation to work through the challenges to demand greatness.

Tom O’Rourke is the Executive Director of the Charleston County Park and Recreation Commission. Tom’s Agency has been nationally recognized for operating an ever-expanding park system without solely relying on tax subsidies for growth. More than half of the agency’s operating budget is generated by user fees.

Tom has direct oversight of an over 42-million-dollar budget and the stewardship of nearly 11,000 acres of parkland providing a very diverse offering of parks, programs and services. Tom’s commission recently approved a Capital Initiative that will provide 117 million dollars of funding for park expansion and repurposing.

Tom currently spends a significant amount of time educating park and recreation professionals. Tom serves as a faculty member of the NRPA Directors School as well as a Board of Regent at the NRPA Revenue Development and Management School.

He has previously served as a Regent for the Supervisors Management School and has been a presenter at numerous different State Park and Recreation Association conferences, often as the keynote speaker. Tom is a frequent presenter at the National Recreation and Park Association National Congress.

Tom has recently joined the Faculty at Clemson University as a Professor of Practice in Parks, Recreation, and Tourism Management. Tom is the current Chair of the Charleston Area Sports Commission. He also serves as the Executive Director of the Parklands Foundation of Charleston County as well as a member of the Charleston Area Convention and Visitors Bureau Board of Directors.

Tom has been married to Jackie O’Rourke for 36 years. They have three grown and married children and two grandchildren. Recreation is Tom’s profession but his passion has always been coaching. He is currently a Track and Field coach (pole vault) at West Ashley High School. He has coached State Championship teams and numerous state-qualifying pole vaulters.
For years, self-help experts have told us that we need to do inner work in order to improve our lives. But what if our cities themselves had the power to make or break our happiness? Drawing on brain science, psychology, and rich personal stories, Charles Montgomery explains how cities influence how we feel, behave, and treat other people in ways most of us never realize. Everything from the length of your commute to the depth of your front yard can have an unseen effect on your mind, emotions, and social life. But Montgomery uses fascinating and often funny social experiments to demonstrate that we are not helpless. We can change our lives by changing our relationship with our cities—and each other. By understanding the effect that design has on our emotions and decisions, we can all share this empowering new vision of city life.

Charles Montgomery is an award-winning author, urbanist and leader of a consultancy building more happiness into cities. His award-winning book, Happy City, examines the intersection between urban design and the emerging science of happiness. Collaborating with the Guggenheim Museum, Futurewise, the Government of Mexico City and other entities, Montgomery has created experiments and design methods that help participants alter their relationships with their cities, and with each other. He has mapped the emotional effects of public space, and tested the relationship between architecture and human kindness. Montgomery and his team have advised and lectured planners, students, and decision-makers in Canada, the USA, Mexico, Saudi Arabia and the UK. Montgomery’s writings on urban planning, psychology, culture and history have appeared in magazines and journals on three continents. Among his numerous awards is a Citation of Merit from the Canadian Meteorological and Oceanographic Society for outstanding contribution towards understanding of climate change science. He lives in Vancouver and Mexico City. Learn more at www.thehappycity.com.
Chief Wilton Littlechild
The Role of Sport & Recreation in Reconciliation

Saturday, October 22nd 3:00 PM

Chief Wilton Littlechild, a TRC Commissioner, will speak to the important role that sport and recreation play in order to redress the legacy of residential schools and advance the process of Canadian reconciliation.

Although much of the Truth and Reconciliation Commission’s (TRC) report has focused on the federal government and the churches that ran the residential schools, other institutions, sectors, and organizations in Canadian society must also contribute to reconciliation. If Canada is to thrive in the twenty-first century, First Nations, Inuit, and Métis peoples must also thrive. This requires healthy communities and real economic and social change.

Aboriginal youth today face many barriers to leading active, healthy lives in their communities. Despite the many achievements of individual Indigenous athletes, too many Aboriginal youth remain excluded from community-based sports activities and the pursuit of excellence in sport.

The Physical Activity and Sport Act (2003) set out the federal government’s sport policy regarding the full and fair participation of all Canadians in sport, and mandated the minister to “facilitate the participation of under-represented groups in the Canadian sport system.” However, the Act made no specific reference to Aboriginal peoples.

The Truth and Reconciliation Commission of Canada: Calls to Action identified five specific calls to action directly related to sport and recreation. Chief Littlechild was a key catalyst for the inclusion of these recommendations. Participants will hear about how these action items came to be, references to Chief Littlechild’s own experiences in the residential school system, and how we all have an important role to play in reconciliation.
Wilton Littlechild, Ph.D., is a Cree chief, residential school survivor, and lawyer who has worked both nationally and internationally, including work with the United Nations to advance Indigenous rights and Treaties. He has also, through leadership with the Truth and Reconciliation Commission, raised awareness of former Canadian policies that decimated the livelihood and culture of Indigenous Canadians.

Born in Alberta, Wilton Littlechild was raised largely at residential schools from 1951 to 1964, where he spent 14 years surviving through study and sport. After leaving residential school, he studied physical education at the University of Alberta and law at the University of New Mexico, where he continued his balance of academics and hockey.

Chief Littlechild was a member of the 1977 Indigenous delegation to the United Nations (UN), and worked on the UN Declaration on the Rights of Indigenous Peoples. He organized within the UN to increase Indigenous input in the economic and social issues the UN tackles. In the 1980s, he worked on the lawsuit to prevent patriation of the Canadian Constitution until the Aboriginal and Treaty Rights were protected and, in more recent years, has been a regional and International Chief on Treaties No. 6, 7, 8.

Chief Littlechild has been a member of parliament, Vice-President of the Indigenous Parliament of the Americas, North American representative to the UN Permanent Forum on Indigenous Issues, and a chairperson for the UN Expert Mechanism on the Rights of Indigenous Peoples and the Commission on First Nations and Métis Peoples and Justice Reform.

In addition to his ongoing work with the Truth and Reconciliation Commission, he’s continued to run his own law firm in Erminiskin Reserve, Alberta, and maintains his commitment to sport. He has been inducted into seven Sports Halls of Fame.

He has been awarded the Order of Canada and in 1993, and the Canadian government awarded Chief Littlechild the Canada 125 Medal. He is a 2015 Laureate of the Indspire Awards and was recently honoured with the Alberta Award of Excellence.
A - S E S S I O N S  
Friday, October 21st 10:00 - 11:00 AM

A1  
Prescription to Get Active – More than just Medicine  
Melanie Fuller  
The effects of physical inactivity and the need to get our communities more physically active is even greater now, given our increase in sedentary work lives and aging population. 

Prescribing exercise has become a powerful movement in the treatment and prevention of chronic disease and people are starting to understand that sitting is bad for your health and that physical activity needs to be a priority—and not just a pastime. Although our population is moving in the right direction, we are not there yet. Primary Care Networks are working collaboratively across the province to help address the current physical inactivity pandemic through the promotion of physical activity with the Prescription To Get Active Program (RxTGA).

A2  
Creating Service Magic  
Josh Koke  
With so much volatility in the theme park business, how has Disney been able to keep such a strong foothold, often claiming the top spots in profitability and guest ratings? Drawing on his experiences with Disney Parks and Resorts, and the Disney Institute’s book, “Be Our Guest”, Josh distills the recipe for leveraging service experiences to create unforgettable moments for guests. While the Disney Difference is the main topic of study, practical application and adaptation to your business/industry will be discussed.

A3  
Cochrane’s Natural Playground  
Suzanne Gaida  
Cochrane has recently completed a redevelopment of the riverfront park system that has included the installation of a natural playground. This important feature of the park creates a unique gathering place where families can play while connecting with nature in a safe, social way. The new Riverfront Park and natural playground have become a popular destination for residents and visitors alike. This session will outline the design considerations that went into the development of the park, the lessons learned and the community response.

A4  
The Little City that Could  
David Bosiak  
In the 1990s the City of Dauphin was considered “as one of the weakest recreation delivery systems in Manitoba.” The formation of a recreation commission spawned a community development/recreation plan that fostered a new way of thinking and doing in the community. As a result of using a benefits-based approach Dauphin developed: a new multi-use recreation centre (indoor pool, curling rink, arena), baseball and soccer facilities, an outdoor splash-park, and a skateboard park. They hosted the 2004 MB Games, 2010 RBC Cup and 2014 WCC championship. Using this benefits-based approach, the city developed and now operates a four-screen cinema and most recently coordinated the establishment of a casual steakhouse restaurant. This session outlines how this approach resulted in these recreation and economic development successes.
A5
The More the Public Knows, the More You Need to Know
Katherine MacKeigan

Every year the public learns more about the many benefits of physical activity for overall health. As this awareness grows, more people are engaging in physical activity on their own, or are being referred by physicians to use physical activity to address chronic health issues. This is a positive and desired outcome, however as more and more individuals begin to use physical activity as a health strategy it is increasingly important for recreation, agency and facility managers and anyone working in physical activity to understand the vital role that certification, scope of practice and insurance play in mitigating risk and liability. Get the facts you and your community can engage in safe, effective activity and your employees can work with assurance.

A6
Assessing the Impact of Free Play Intervention on Physical Activity Levels in Preschool Recreation Settings
Dr. Candace Nykiforuk
University of Alberta

This presentation will expand on the present knowledge pertaining to physical activity levels in preschool children with data gathered in three Alberta preschool recreation settings. The impact of Love to Play, a program designed by Strathcona County Recreation, Parks and Culture to provide a rich sensory environment to encourage free play, was evaluated in comparison to two other Strathcona County preschool recreation sites that offer programs of the same nature, but without designated spaces to encourage free play.

Evaluation of Physical Literacy of Children between 8&12 years of age in Calgary, Alberta
Dr. Dwayne Sheehan
Mount Royal University

This presentation examines the physical literacy of children in multiple education sectors in Calgary through the use of the Canadian Assessment of Physical Literacy.
Building Community Well-being: Stories from Communities ChooseWell Champions

ChooseWell Champions

Communities ChooseWell is an initiative of ARPA and Alberta Health that activates and supports community action to develop programs, policies, infrastructure, and partnerships that foster community wellness through active living and healthy eating. Join recipients of the 2016 Healthy Community Awards for an inspiring session about how they are building communities that create wellness from the ground-up. ChooseWell Champions from communities across Alberta will share how they are working to enable healthy eating and active living through providing education, creating supportive physical and social environments, developing health-promoting policies and strengthening community capacity for action. An interactive component will enable you to engage in dialogue with presenters and other participants, and you will leave with a greater understanding of opportunities to influence well-being at the community level and ideas and connections to take back to your own community.

Challenges and Opportunities in First Nation Communities and the National Recreation Vision

Ted Hodgson, Wayne Page & Janet Naclia

The Indigenous Sport Council (Alberta) is the recognized provincial sport governing body that represents all Indigenous youth and families in Alberta. Included within its mandate is encouraging, fostering and developing emotional, mental, spiritual and physical well-being of Indigenous Youth. With this in mind, how can the National Recreation Vision be achieved throughout First Nation communities? Is the Vision achievable and realistic within these communities? What is meant by everyone and accessible?

This session will provide an opportunity to identify challenges that exist within communities - real versus perceived. How might these challenges be addressed? Where have programs been successful and what has contributed to success?
**Strong Foundations: Developing Physical Literacy in the Early Years**

Leah Yardley

In this session, you will learn about the importance of developing a strong foundation of movement in children before the age of five and practical ideas and activities to help support this development. Current resources will be explored and will leave you with practical strategies for both at work and at home, indoors and in nature! Please come dressed and ready to PLAY in this FUN and interactive session.

**Community Leisure Education Delivery System for Inclusion and Access**

Jackie Oncescu

Low-income families face a number of barriers to leisure participation that go beyond finances, such as limited awareness about existing leisure programs and opportunities, limited leisure skills, knowledge and resources, and lack of knowledge on leisure subsidies. While community recreation services have attempted to alleviate some of the challenges faced by those in poverty, they often do not address the needed skills, knowledge and awareness that also influence participation in leisure activities. To help low-income families obtain the necessary knowledge and skills to navigate the recreation delivery system, two community recreation organizations have adopted a community-based leisure education delivery system to support low-income families. The purpose of this presentation is to highlight the details of the community-based leisure education delivery system, and outcomes experienced by the families.

**Debate - Offering Wi-Fi in Parks vs Creating Technology-Free Spaces in Our Communities**

Colin Harris & George Harris

In 2014, Parks Canada made a decision to implement Wi-Fi hotspots into their Visitor Centres and front country campgrounds across Canada. Many other parks and open spaces offer Wi-Fi hotspots as a way to attract users. Join this debate-style session as we explore whether providing Wi-Fi in parks is helping or hurting our goal of getting more people outdoors and truly experiencing the benefits of nature.

**Experiential Community Building: Business Revitalization Zones and Intentional Design**

Lorelei Higgins & Annie MacInnis

Have you ever wandered around a particular area, full of flowering trees and baskets, sat on a park bench and admired the view it offered? Maybe you then popped into a local shop, enjoyed some of the services offered and then discovered a vibrant street festival underway? If you studied the details of the area closely, you might realize that the combined efforts to create a warm sense of vibrancy and community are intentional. Without realizing it, some of the best-loved places that people enjoy, residents and visitors alike, are within Business Revitalization Zones. Want to know more? Come join us to explore the role of Business Revitalization Zones and the intentional design that results in experiential community-building.
Municipal Collaboration for the Replacement of CLASS: A Twenty-Two Local Government Experience in BC and Alberta

Todd Stewardson & Darin Young

Parks and Recreation Software plays an essential role in supporting the delivery of services to residents in our communities across Canada. The retirement of CLASS, software used by the majority of municipalities across North America, provided a unique opportunity to collaborate on a replacement solution. Led by The Corporation of Delta, over twenty municipalities worked together to develop new requirements, create an RFP, collaboratively evaluate vendor responses, and move forward with a unified voice. Learn about our experience and the ongoing benefits to local governments in Canada.

“You Can Even Climb Trees!” Exploring a Collaborative Nature Play Initiative

University of Alberta

This presentation looks at the experiences of participants in an outdoor collaborative early learning play initiative. Particular attention will be paid to the issue of how to reconcile the tension between the benefits and perceptions of risk in nature play, the complex role of parenting and the responsibilities of practitioners, and the importance of partnerships in addressing the decline of nature play in children’s lives.

Exploring Teachers’ Views on Nature Based Field Trips: Ann and Sandy Cross Conservation Area

Dr. Heather Ray
Mount Royal University

This presentation focuses on teachers’ environmental attitudes, their perception of the benefits associated with outdoor education, and their perception of the supports and challenges experienced in planning and implementing nature-based field trips for students. Dr. Ray will report on how early nature experiences, in company with a pre-ecological attitude, may be a factor contributing to teachers’ motivation in planning, facilitating, and promoting nature-based experiences with and for students.
Healing Forest

Angela Lightning, Charlene Bearhead & Janet Naclia

A Healing Forest in a community will be a special place that can help bring peace and closure for families who have lost loved ones: a place to make offerings, to pray and to connect with all creation. The Healing Forest is also a place for all Canadians and cultures to reflect, heal and regain balance in quiet solitude and meditation. From the dark shadows of the legacy of the residential schools and the violence that led to the loss of lives of Canadian Indigenous women and girls, will come a place of sharing, healing and re-building our strength and confidence in our communities.

Based on the vision of settler geologists Peter Croal and Saulteaux Cree lawyer Patricia Stirbys, this session will present examples of what has been done in various communities and examine how ARPA members and partners might envision Healing Forests in their own communities.

Joint Use Centre of Excellence for Alberta

Craena Coyne

Joint Use is a proven method to maximize the shared use of public facilities for recreation purposes. In Alberta there are many municipalities that have a long history of Joint Use but there are many municipalities that have no agreements in place. Edmonton’s Joint Use Committee would like to initiate the development of a Centre of Excellence for Joint Use in Alberta. This virtual centre would be beneficial to all users through the sharing of knowledge and accumulation of best practices around joint use. This presentation will outline the concept and engage participants in discussions on how to support the sharing of information with joint use practitioners across the province and the development of a repository for joint use processes with links to available resources.
C - SESSIONS
Friday, October 21st 2:00 - 3:30 PM

C1

Calgary – Leading the Ways to Play

Graham Jones, Julie Guimond & Michelle Wong

The City of Calgary is embarking on a new play initiative - one that encourages greater independent play, riskier play and a reconnection with nature. Our mission is to challenge children and parents to ‘rethink’ outdoor play. As hosts of the 2017 International Play Association Conference, Calgary Parks and Calgary Recreation are working on a number of play-related initiatives that aim to transform attitudes around play and to revolutionize the face of playgrounds in our city. From building new capital infrastructure to building new relationships; from research through grant funding on parent barriers, piloting programs and developing a Play Charter to modifying Parks standards and guidelines on city playgrounds and challenging CSA Guidelines; The City of Calgary has joined 23 other organizations as a member of the Play Sector Development Team to promote and broaden the understanding, value, importance and participation in, for and about PLAY. This session will share our experiences, strategy, and roadmap on how the City of Calgary is leading the ways to play.

C2

Building an Inclusive Community through Recreation

Barbara Pedersen

Recreation is a wonderful way to include people from all “walks of life” in your community. Age, health, gender, ability, culture, race, sexual orientation – you can bring people with diverse backgrounds and perspectives together in your recreation, parks, sports and culture facilities and programs. In this session, learn ways through recreation to assess inclusion in your community; hear stories about community initiatives that enhance inclusion in recreation; and plan ways to build your inclusive community.

C3

The North Saskatchewan River Valley Park from Devon through Edmonton to the Sturgeon River: Realizing the Dream

Larry Wall

An updating and overview of Alberta’s most ambitious outdoor recreational project, the North Saskatchewan River Valley park (name to be determined) to run 88 kilometres from Devon in the southwest to past Fort Saskatchewan in the northeast, building out and connecting all existing river valley parks with a comprehensive plan.
C - SESSIONS
Friday, October 21st 2:00 - 3:30 PM

C4
Creating Supportive Environments in Recreation Settings through Healthy Food Choices
Lisa McLaughlin, Kayla Atkey & Community Champions

The recreation sector is an important partner in creating community wellness and improving quality of life. However, many foods available in recreation facilities do not support this purpose of enhancing physical, social and mental wellness. In this session, you will learn about the current landscape of food-related practices in Alberta recreation facilities and hear from communities taking action to address this issue across the province, including their challenges and strategies for success. You will discover opportunities and strategies to create change, useful resources, and leave with ideas of how you can start the movement in your community towards creating wellness in your recreation facilities.

C5
Resilience, Recovery, Recreation
Judi Frank, Karl Kill & Judy Smith

Disasters are occurring more frequently and affecting more Albertans each year. This presentation will examine current models of disaster response and introduce an approach that considers community capacity building. This model places an emphasis on the elements of support immediately following a disaster, as well as the factors that contribute to resilient individuals, families and communities. The session will provide examples of how recreation can play a role in both. Furthermore, it will also include stories, best practices and learnings from two recent Alberta disasters – the Slave Lake fire and the City of Edmonton evacuation centre for the Fort McMurray fire.
Attending to the Personal in Recreation Programming: An exploration of recreation workers’ lives in relation

Michael Dubnewick
University of Alberta

This presentation explores how recreation practitioners negotiate their personal-practical knowledge as they facilitate programs for marginalized and Indigenous peoples. If we are interested in a holistic and respectful practice of recreation programming with Indigenous peoples it is essential that we attend to both the stories of the participants and practitioners involved to understand how programs are co-composed together in the living out of programs in the field.

Sleeping bags, S’mores, and the Great Outdoors: The Impact of Nature-Based Leisure on Refugee Integration in Canada

Jane Hurly
University of Alberta

This study investigated the potential impact of nature-based leisure on the acculturative strategies of refugees in Canada, with a focus on the integration mode, and, in particular, the inclination to participate fully in the larger society.

Considering the Practicalities and Possibilities of Intersectoral Collaborations: Reflections on an Academic/Practitioner Research Project

Dr. William Bridel, Simon Barrick & Joan Bard Miller
University of Calgary

Sport is popularly promoted as a way for immigrants to integrate into local communities and Canadian culture more generally. However, research has revealed different barriers to sport and leisure participation experienced by newcomers. A partnership between two national sport organizations and an academic team seeks to better understand how immigrants integrate into Canadian society through sport participation.
Charting the Course for Future Greatness

Tom O’Rourke & City of Calgary staff

You can’t obtain your dream job in the early stages of your career, but the decisions you make and the habits you form early in your professional life will make it easier for you to position yourself for future greatness. Discover and map out important steps and skills for your future career. Participants will:
- Understand the actions necessary to be viewed as a valuable professional, as well as avoiding those actions that could ruin your future reputation
- Reflect on where it is exactly that you desire to go within your career
- Learn techniques to be viewed as a future asset to an organization.
- Understand the future trends and ways of working in our field

A Workshop to Facilitate the Flow and Exchange of Research Knowledge in the Area of Aboriginal Sport and Recreation

Tara-Leigh McHugh & Elizabeth Halpenny (University of Alberta)

The focus of this workshop is to synthesize and communicate existing research knowledge about sport and recreation specific to Aboriginal Youth. This workshop is targeted at engaging all practitioners, researchers, and knowledge users interested in enhancing sport and recreation opportunities for Aboriginal youth.

Recreation for Life Foundation Superhero 5km Charity Fun Run/Scavenger Hunt

Register for the 1st annual Superhero 5km Fun Run/Scavenger Hunt. Explore the beauty Jasper Park Lodge has to offer while donning your favorite superhero costume in support of the Recreation For Life Foundation. Participants will experience a one-of-a-kind 5Km adventure walk/run while collecting scavenger hunt items and overcoming obstacle challenges. Register for $20/person. Fundraising for yourself or your team is encouraged. Prizes will be given for fundraising, best costume, team with the most spirit and individual / team run times.

Traditional Games

Join us for an exciting afternoon of Aboriginal Traditional Games! Seize the opportunity to learn about the history and culture of traditional games in Canada in a hands-on workshop.

Elder in the Making Movie Screening

This movie was shot and produced in Alberta. Cowboy Smithx is only beginning to understand his Blackfoot ancestry. For now, he marks his missing identity with an “X” to remind him of the memories erased by generations of physical and cultural trauma. Little did he know this search would put him on a path to becoming an elder. But what does it mean to be an elder?
**E1**

**Aging Actively**

**AJ Matsune & Bruce Furlong**

How will Calgary, a young city that is aging quickly, balance the needs of all generations? The OECD’s 2015 report, aging in cities, highlights the need for health promotion at all ages and increased social participation. Learn how the Seniors Age-Friendly Strategy and Calgary Recreation’s Active Aging Strategy are aligned to create an age-positive culture shift in Calgary. We will review the programs and strategies being used to get older adults more active and creative more often, including introducing program mapping, enhancing physical literacy initiatives for older adults and redesigning the gentle fitness product line.

**E2**

**Building Stronger Individuals, Families & Communities through Recreation – City of Brooks Case Study**

**Judi Frank, Russ Tanner & Randi McPhillips**

Community resilience is defined as the ability of a community to deal with adversity and develop a higher level of functioning as a result. This session will consider various initiatives undertaken by the City of Brooks to provide accessible recreational opportunities, engage youth and promote cultural inclusion. The session will explore how these programs have contributed to fostering a stronger, more resilient community. Examples of Community Mapping activity will be shared.

**E3**

**Upgrading Trails and Campgrounds to Better Meet Needs of Residents and Visitors**

**George Harris**

Trails and campgrounds are available in most communities now. They have the potential to not only get residents active but to have a positive economic impact through attracting visitors to a community. The proper layout and redevelopment of a campground will better serve visitor needs and yield positive results in terms of increasing visitation. Jaspers Whistlers Campground will provide a background for the discussion. Kneehill County will be used to present a business case for redevelopment and expansion of trails and campgrounds. Trails need to be in the right location and developed to the right standard to be effective. The Glenbow Ranch trail assessment will be used to show what works and what doesn’t in trail development. Participants in the session will acquire knowledge and tools to take back and immediately apply to their community.
Getting the Good Back in the Operation of Public Recreation Facilities

Gary Debney

In the past, discussion about recreation facility operation was focused on the threat of the private sector. While that trend did not take hold, not-for-profit organizations are taking over the operations of major recreation facilities across the country. The fees charged are typically equal to or higher than the private, public and NFP sectors generally. Where is the public good if we turn over our facilities to another third party with the hope they can do it less expensively? A key to implementing the Recreation Framework is to have affordable facilities with no barriers to participation. This session will provide participants with operating information for arenas, pools and fieldhouses based on the operator type. The business case/public good model will demonstrate what format is best utilizing a scenario analysis format.

Learning to Program: Recreation Framework

Julie Booke & MRU Students

A core class for students in the Sport & Recreation Management and the Ecotourism & Outdoor Leadership programs at Mount Royal University is Program Planning. The goal of this course is to provide students with an overview of design, knowledge and skills to effectively create and implement a successful recreation program. In the past, students would create fictional programs in an effort to apply the knowledge gained throughout the semester. However, this year, with the publication of the Recreation Framework, students were asked to identify one (or more) goals and design a program aimed to help reach the identified goal. Further, students were required to create a commercial ‘selling’ their program idea. This session will share challenges students faced, lessons learned, and aspects of the various programs students developed will be highlighted. As well, the winning commercial will be shown and discussed by the students themselves.
Sport and Physical Activity beyond the Metropolis: Lessons I learned in Rural Small-Town British Columbia

Dominique Falls (Simon Fraser University)

This presentation will focus on the importance of community structure when delivering physical activity and sport opportunities in rural and small-towns. The focus will be on the importance of roads, rivers and lands, the relationship between local employers, social infrastructure, and jobs, ideologies of rural parenting, childhood and youth sport and the importance of (sport) history in a community.

Winter City Planning and Play

Isla Tanaka (City of Edmonton)

This presentation will demonstrate that we must shift our approaches to parks planning and promotion to include winter-specific considerations in order to create attractive outdoor recreation spaces for winter use. It will be shown that applying winter design elements in parks is necessary to create attractive, vibrant recreation spaces in winter, and that municipal policy related to park development and winter maintenance is crucial, as parks without winter-appropriate infrastructure are not used in winter.

Reconciliation after Truth

Brenda St. Germain

Reconciliation is an ongoing and individual collective process that needs commitment from not only Indigenous peoples but all Canadians affected by the colonial policies in our history. What does that mean, what now - and how? Explore the answers to these and other questions related to the reconciliation process in this session.

Customer Service is Everyone’s Business

Jeff Tareta

Operating a successful recreation department depends on many things, but one thing all recreation operations depend on is customers. There are many agencies vying for people’s attention; and it is up to everyone on your team to create relationships where your customers feel engaged and part of the community. This means that ‘customer service’ becomes a fundamental pillar in your department’s ‘business strategy’. In this 60-minute presentation Health Systems Group, winner of the ICCSO International Service Excellence Award, will share with you their award winning customer service framework to create a culture of service excellence. In this session you will learn; How to assess your current customer service culture; What behaviours will engage your customers; What systems and processes will support service excellence and keep it alive. Do you want to be known for service that is average, or service that is extraordinary? Equip your department, and the people in it, with the understanding on how to keep customers coming back and recommending your services to others.
F - SESSIONS
Saturday, October 22nd 1:30 – 2:45 PM

F1
Charting the Course to Workplace Wellness

Alberta Centre for Active Living along with Trevor Irwin & Dana Duke from Apple Fitness

The Alberta Centre for Active Living (ACAL) uses a population-health approach to promote and support physical activity participation. ACAL will offer recent research and knowledge translation on workplace wellness.

Apple Fitness Store is a Platinum dealer of Life Fitness equipment and in saying that we now have access to a fast growing product, InMovement. InMovement is reinventing the way we work to address the harmful effects of a sedentary workday. For more than a year, InMovement has been measuring the effects of moving more throughout the workday. InMovement customers report increased energy and focus, reduced aches and pains, lower stress levels and even weight loss.

F2
Collaboration is the Key to Inclusive and Adapted Programming – Why Community Programming Needs to be Inclusive AND Exclusive

Brandi Heather, Rob Meckling & Robyn Bagley

Sport works to improve the inclusion and well-being of persons with disabilities in two ways:

1) by changing what communities think and feel about persons with disabilities and
2) by helping people with disabilities find their own potential through sport.

Through sport, persons without disabilities encounter persons with disabilities in a positive context (sometimes for the first time). Stereotypes and assumptions about the ability of people with disabilities can be profoundly challenged and reshaped by this experience. Collaboration is the key first step to this success. If you can employ them consistently and collaboratively, these components – People, Process and Information – can help move your municipality into more inclusive programming. See how Red Deer College, The City of Red Deer and parents of children living with impairments are starting to bridge this gap.
### Planning for the Future of Sport Fields in Calgary - A Strategic Approach to Aligning the Right Fields with the Right Users

**Graham Jones, Greg Dycke & Stephen Slawuta**

This session will provide an overview of the process used, and outcomes of, the City of Calgary’s Sport Field Strategy. A focus will be placed on articulating how the Strategy was aligned with the Long Term Athlete Development framework to ensure the allocations of sport fields align the right fields with the right users. The importance of balancing the needs of “traditional” users with emerging groups will also be discussed as will the importance of gathering sport field data for use in the allocations process and overall management of sport fields.

### Climate Change and Energy Efficiencies

**Bill Werry**

In November of 2015 the Alberta government announced a climate leadership plan. The United Nations Conference of the Parties met in Paris in December 2015 at COP 21 and reached a new global climate agreement. Canada’s First Ministers met in Vancouver in March of 2016 and made a commitment to develop a pan-Canadian Climate Change Framework before the end of 2016. Bill Werry, Deputy Minister for the government of Alberta’s Climate Change Office, will provide an update on each of these developments and outline the opportunities this global movement, national developments and the provincial plan present for the recreation and parks community in Alberta.

### Creating Complete Communities: Opportunities & Challenges for Municipalities Providing Recreation, Parks and Open Spaces under the New Municipal Government Act

**AUMA Representatives**

This session will provide an overview of the outcomes of the Municipal Government Act review to date; describe any new tools or policy levers in place that may impact the ability of municipalities to support parks and recreation (e.g. offsite levies, municipal reserves); and AUMA’s policy positions and advocacy directions going forward.

### Planning for Recreation, Education and Health Care Synergies

**Craig Webber & Allie Grande**

This session will focus on the advantages of designing a single facility to meet a community’s recreational, health care and educational needs. Reduced operational and capital spending (saved tax dollars), and stronger programming can result when organizations are co-located. Group2’s experience with the Community Learning Campus, in Olds and GH Dawe Recreation Centre in Red Deer, will be explored. These projects and others that involve municipal, educational, and health care partners will be analyzed to identify long term benefits to their communities as well as any challenges that may result from colocation.
Making Evidence-Based Decisions in Recreation and Parks

Chris Rutherford & Janet Naclia

This session will include a presentation on the Yardstick Benchmark project as well as an overview from the ARPA Excellence Series from this past year.

The first results from the Yardstick Parks User Surveys project are available and Chris Rutherford will share some of the interesting findings and outputs. Chris will also review the Parks Benchmarks for 2016 and discuss the benefits of open benchmarking locally, nationally and internationally. If you have wondered how your parks are performing, Chris will aim to provide some of the answers. Are you doing a good job? How do you know?

Following on this concept of making evidence based decisions in Recreation and Parks, Janet Naclia, Programs Manager with ARPA, will provide a high level overview of the findings from the 2016 RecFocus: Indoor Pools and the new RecFocus: Arenas data. The session will review some of the emerging trends as well as explore the ‘why’ of why it is important to use data when making decisions in your facilities.

Exploring Opportunities for the Establishment of Outdoor Recreation on Public Lands

Adam Esch & Howie Harshaw

Many rural municipalities are experiencing a “Free for All” on the landscape which causes issues such as vandalism, wildfire, environmental damage, increases in petty crime, and in some extreme cases loss of life (both purposeful and accidental), which has a negative impact on a community. This panel will explore unique opportunities and partnerships available to municipalities to turn this negative into a positive including the establishment of a lease on the public land typically held by the municipality or a non-profit organization. Such leases allow the municipality to enact their bylaws on that land in addition to any provincial legislation. This can open the land up for tourism, economic development and to improve the wellbeing of citizens. Some examples of uses include nature boardwalks over sensitive wetlands, small day-use parks, ATV or Equestrian parks and mountain biking to name just a few.
Kayla Atkey
Kayla Atkey is a Policy Analyst with the Alberta Policy Coalition for Chronic Disease Prevention, of which ARPA is a member.

Robyn Bagley
Robyn Bagley is the Lead Instructor and Director of Red Deer Children’s Adapted Sport Association.

Charlene Bearhead
Charlene Bearhead is the Education Lead for the National Centre for Truth and Reconciliation at the University of Manitoba. She previously served as the National Coordinator for Project of Heart and coordinated the Education Days within the National Events for the Truth and Reconciliation Commission of Canada, the primary goal of which was to inspire teachers and students to further educate themselves as well as to support and facilitate the building of positive and respectful relationships between Aboriginal and non-Aboriginal people in Canada.

Julie Booke
Julie Booke is an associate professor in the Health and Physical Education department at Mount Royal University.

David Bosiak
David Bosiak is a manager of the Recreation and Regional Services Branch in the Province of Manitoba. He is a former GM of Dauphin Recreation Services and has worked in recreation, sport and fitness for over 30 years. David is a former CPRA western region director and strong advocate of the benefits movement.

Craena Coyne
Craena Coyne is Edmonton’s Joint Use Coordinator. Building on past experience with governance and community/organizational development, Craena works to strengthen the long term partnership between the City of Edmonton and school boards. Craena advocates for Joint Use within the partnership, with external stakeholders and the general public.

Nicole Dawe
Nicole’s diverse background and experience in both the arts and business has given her a unique perspective and a great ability for creative, but strategic thinking. Anchored in the knowledge from her MBA and her passion for helping others, she is an asset to the non-profit sector. The ability to cultivate authentic relationships and her contagious positivity are gifts she has brought to a variety of innovative organizations. Nicole is an accomplished singer, enthusiastic traveller and blogger.

Gary Debney
Gary Debney has a BA Recreation Administration from the University of Alberta as well as an MBA. Gary has 38 years facility planning, development and operation experience. He has worked with the cities of Lethbridge, Edmonton and Calgary on facility operation projects and analysis. Gary has also operated facilities as a private operator and supported NFP organizations in evaluating, acquiring and operating facilities.

Dana Duke
Dana has over 15 years’ experience in the fitness industry, and comes from a competitive martial arts background. Dana has worked closely with world champions as well as professional sports teams, and is now building a reputation for his consulting on Recreation Center projects and renovations throughout Northern Alberta.
Adam Esch

Adam Esch C.P.P., is a recreation professional who specializes in the design, development, operations and management of outdoor recreation facilities on crown land in Alberta. Adam’s experience centers around establishing positive working relationships between municipal councils and Provincial departments in order to establish long term recreational leases on crown land. When established correctly these leases are a land management tool Adam uses to correct issues such as crime, wildfire and environmental damage as well as create tourism, promote economic development and improve the quality of life of residents.

Dominique Falls

Dominique Falls is an instructor and coordinator (Fieldwork and Coaching) in the Sport Science Department at Douglas College. She is also completing her dissertation in the Department of Sociology and Anthropology at Simon Fraser University. She loves learning about what kids, families, and sport administrators are doing outside of urban centres.

Judi Frank

Judi Frank brings her combined background in municipal recreation and disaster management, with over 20 years of experience in both. She has been involved in several major responses, both nationally and internationally. She is passionate about the importance of a holistic approach in helping people impacted by a disaster.

Melanie Fuller

Melanie Fuller, Project Manager for the Edmonton Zone PCNs, is responsible for the management of the Prescription To Get Active Program. A BPE graduate, Clinical Exercise Specialist with ACSM and Clinical Exercise Physiologist with CSEP, Melanie brings a wealth of knowledge and experience to community physical activity strategies in public health.

Bruce Furlong

Bruce Furlong is a coordinator for Age-Friendly Calgary at the City of Calgary specializing in the area of participation and inclusion.

Suzanne Gaida

Suzanne Gaida is the Senior Manager of Community Services for the Town of Cochrane. She has worked in recreation for 28 years, with the last 23 being in Cochrane. Suzanne enjoys working in one of the fastest growing communities in Alberta where the landscape is ever evolving.

Jen Goeres

Jen Goeres is a HIGH FIVE Master Trainer and has had the privilege of facilitating HIGH FIVE across Alberta, British Columbia, Saskatchewan, Manitoba, Northwest Territories and Nunavut - reaching over 1000 sport and recreation professionals! She has been involved with the ARPA Children & Youth Committee for the last eight years, serving as the HIGH FIVE Task Force Chair, HIGH FIVE Trainer Exchange Chair and YDRS Chair, as well as numerous other provincial projects benefiting children and youth. A former City of Calgary employee in Community and Neighbourhood Services, she now spends her time raising two year old twins and teaching for the Calgary Catholic School Board.

Allie Grande

Allie is an Intern Architect at Group2 Architecture Interior Design Ltd, who is passionate about educational design, facility planning, and community development. Allie’s ability to understand and prioritize user needs through effective collaboration with diverse user groups allows her to resolve complex design issues. These skills have been demonstrated in her involvement on several multi-use facilities, including child care, K-12 schools, and community spaces. As an avid volunteer and board member, Allie is dedicated to building sustainable and equitable communities as demonstrated in the numerous relationships she fosters with community partners.
SPEAKERS

Julie Guimond
Julie is actively involved in various play initiatives undertaken by the City of Calgary and is the Environmental Education Lead.

Colin Harris
Colin founded Take Me Outside in 2011, a non-profit organization committed to educating students about getting outside. He initiated TMO by running across Canada, visiting 80 schools to speak with students about this issue. He holds a Master’s of Environmental Education and Communication and works for the Town of Banff.

George Harris
George is a Landscape Architect with 18+ years of practice. He is the president of the Alberta Association of Landscape Architects. He has numerous trail plans and assessments; most notable is the Legacy Trail from Banff to Canmore. George also led the development of Campground Design Guidelines and assessment tools for Parks Canada.

Howie Harshaw
Dr. Howie Harshaw examines the human dimensions of natural resources in an effort to understand the relationships that people have with nature, and to investigate the interactions of resource development and quality of life. The focus of Howie’s research is outdoor recreation management and planning, and public participation in natural resources decision-making.

Brandi Heather
Brandi Heather is the Lead Instructor and Coordinator of the Adapted Physical Education Diploma and learning stream at Red Deer College. Brandi has a Bachelor of Education, and a Masters of Arts in Physical Education. She is an instructor for the NCCP, FMS and Young Athletes (Special Olympics) Program. Brandi designs community service learning opportunities for students to support local recreational programming for individuals with disabilities. She has been a lead instructor, designer and Board Member with Red Deer Children’s Adapted Sport Association since it’s beginning four years ago.

Lorelei Higgins
Lorelei Higgins is currently the City of Calgary’s Business Revitalization Zone Liaison. She is a community development enthusiast and spends her time working on community development projects, locally and globally. Lorelei believes strongly in the power of community and the necessity of creating experience-based community building opportunities.

Karl Hill
Karl Hill is currently Community Services Director for the Town of Stony Plain. Prior to this role, Karl was the Community Services Director for the Town of Slave Lake when they experienced the devastating fire.

Ted Hodgson
Ted has been Executive Director of the Indigenous Sport Council for the past 20 years. Ted is originally from Hobbema and spent 10 years playing professional hockey. He has used his experiences to help youth throughout the province of Alberta.

Trevor Irwin
Trevor has over 12 years experience in the fitness industry, and comes from a high performance background, working closely with some of the top high performance Centers in Western Canada. Trevor is now earning a reputation for being a lead advisor in recreation centres throughout southern Alberta.

Graham Jones
Graham is actively involved in various play initiatives undertaken by the City of Calgary and is the Special Projects Superintendent.

Josh Koke
With experience in training, guest service design, and employee management, Josh Koke presents across Canada in the hopes of bringing sound, practical solutions to organizations looking to maximize their employee engagement and guest service programs.
Angela Lightning

Angela Lightning is originally from the Ermineskin Cree Nation - Maskwacis. She relocated to Calling Lake in 1996 and has worked for and with the youth of the community during this time. Calling Lake is one of seven communities in the Municipal District of Opportunity #17 and the population is predominantly of Aboriginal decent. She has recently been promoted to the Area Operations Director for the Calling Lake community within the Municipal District of Opportunity #17. Her current main focus is to create positive opportunities for the community - particularly for the youth. While building a positive healthy environment for the community is crucial, building the youth into the overall succession plan for Calling Lake Operations is the main priority. Angela enjoys her position working for the people of Calling Lake. She feels the position brings great rewards and experiences.

Annie MacInnis

Annie has a Masters of Science and Economics with a specialization in International Relations. She has spent 12 years as a Senior Research Associate at the University of Calgary tracking Soviet and American nuclear submarines in the Canadian Arctic. Furthermore, Annie has been the Executive Director of the Kensington Business Revitalization Zone for 12 years, a Stakeholder on the local Area Redevelopment Plan, and has secured $6 million in public realm and road improvements since 2014 for Kensington. In 2016, Kensington was voted Best Neighborhood by Best of Calgary.

Katherine MacKeigan

Katherine MacKeigan, Director Provincial Fitness Unit, and Executive Director AFLCA is a passionate advocate for education and standards for physical activity and exercise professionals in Canada. The Provincial Fitness Unit-AFLCA provides professional development and certification for over 3,000 Alberta Qualified Exercise Professionals and supports over 10,000 professionals nationally.

Tracey Martin

Tracey Martin is Vivo’s Innovation Champion and is stewarding Vivo’s innovation work to develop local and scalable solutions to national issues in Calgary and beyond.

AJ Matsune

AJ Matsune is a Recreation Program Coordinator at the City of Calgary focusing on the Active Aging Strategy.

Lisa McLaughlin

Lisa McLaughlin is the Program Manager of ARPA’s Communities ChooseWell initiative and has worked with the program since 2011.

Randi McPhillips

Randi McPhillips is the Supervisor of Recreation Services with the City of Brooks, a position she has had since February 2015. She has also been an active member of the Brooks Communities ChooseWell Committee since October 2013 and is currently the committee’s vice-chair. Prior to working for the City, she worked for over 9 years with Alberta Parks in a variety of roles including enforcement, operations, planning and management. She has a BA in Recreation and Leisure Studies from the University of Alberta and is passionate about leadership, building community and creating opportunities for all to recreate and be active.

Rob Meckling

Rob Meckling is a Community & Program Facilitator with the City of Red Deer in the Recreation, Parks & Culture Department.
Janet Naclia
Janet Naclia is a Programs Manager with ARPA. She has worked on ARPA’s community development programs as well as with both Indigenous and diverse communities. Janet’s current focus is managing ARPA’s Excellence Series but also works extensively with ARPA’s Communities ChooseWell initiative. Janet has a Masters Degree in Fine Arts and is a winner of the 2016 Boothman Scholarship. She is also a devoted player for the Calgary Rage - the city’s only women’s full tackle football team.

Jackie Oncescu
Jackie Oncescu is a Professor in the Department of Recreation and Tourism Management at Vancouver Island University. The majority of her project work has been focused on leisure’s role in community resilience; community-based leisure education; and poverty and social inclusion.

Wayne Page
After a 26-year career with the Government of Alberta, Wayne currently provides governance and sport development advice to the Indigenous Sport Council (Alberta). While with the government, Wayne provided technical assistance to the organizers of the 1990 North American Indigenous Games as well as working with several First Nation communities throughout the Province. Prior to joining government, Wayne worked for several years in the field of municipal recreation with the County of Stettler.

Barbara Pedersen
Barbara Pedersen has worked in recreation and community development in Alberta for over 30 years. Firstly, as a recreation and parks manager in municipalities, and currently through her facilitation and consulting business, Barbara Pedersen Facilitation Services. Barb facilitates across Alberta in community building, community engagement, and facilitation.

Chris Rutherford
Chris is a past public sector Manager of Parks/Facilities. He is a qualified arborist and recreation professional who became one of the first New Zealanders awarded the status of Accredited NZRA Recreation Professional. In 2007 Chris was awarded the Ian Galloway Memorial Cup recognizing excellence/outstanding personal contribution.

Dwayne Sheehan
Dwayne is a professor at Mount Royal University and collaborates on multiple research initiatives. Areas of expertise include the assessment of physical literacy, instructional evaluation, curriculum prototyping and the teaching of children and youth in a physical activity setting.

Stephen Slawuta
Stephen Slawuta is the Senior Associate at RC Strategies.

Judy Smith
Judy Smith is the Director, Community Resources, Citizen Services with the City of Edmonton. Judy’s background is in Recreation Leadership and Human Services Administration and her role currently involves overseeing the Edmonton Family and Community Support Services (FCSS) program as well as funding and grant programs offered through Citizen Services. Judy is also part of the City of Edmonton’s Emergency Support Response Team (ESRT) that activated to provide a Reception Centre for evacuees of the Fort McMurray/Wood Buffalo forest fires, and also supported the work for the Slave Lake disaster. As a Reception Centre Manager, Judy oversees the functional areas that provide immediate basic need supports to the individual evacuees and their families.
Todd Stewardson

Todd’s career journey has been filled with interesting opportunities – working in both small and large municipalities, in different provinces, through various volunteer roles and in different organizational models. As the Deputy Director of Parks, Recreation and Culture for The Corporation of Delta B.C., Todd is involved with forming and working with various teams to develop and review the systems for the delivery of services to the community. Having been involved in an array of parks, recreation and culture projects and programs, including software program implementations, Todd is looking forward to working with colleagues in our field to ensure that a new software product supports both the business of parks and recreation as well as the needs of those we serve.

Brenda St. Germain

Brenda St. Germain is a Metis Cree woman raised in Central Alberta. She has her MSW, Indigenous Specialization from University of Victoria. Her social work career as an educator and consultant in community development has focused on Reconciliation and working together.

Russ Tanner

Russ Tanner has worked in various profiles of leisure services, and is currently leading the Recreation & Facility Services departments for the City of Brooks. His past experience encompasses an extensive background in leading teams. His desire is that his passion for sport and recreation is noticeable and contagious.

Jeff Tareta

Jeff is the Manager, Business Development for Health Systems Group (HSG) and has over 27 years of experience in operating both private fitness and recreational complexes in Western Canada. His focus is on effectively supporting organizations to operate in a service driven and economically sustainable manner.

Nadine Van Wyk

Nadine is Vivo’s Research Coordinator and is translating research into curriculum, environments and staff development. She is a lecturer at Mount Royal University and is completing her doctoral studies on innovative methods to enhance physical literacy amongst individuals and communities.

Larry Wall

Larry graduated from the University of Alberta in Physical Education with specializations in Outdoor Education and Sport Administration. This prepared him for an 18 year career in sport and outdoor recreation management. Larry’s economic development career was most notable in the role of the Executive Director of the Alberta’s Industrial Heartland. Larry lead a team of municipal, provincial and business professionals in establishing Canada’s leading hydrocarbon processing area.

Joining the River Valley Alliance in October 2014 has provided the opportunity to revisit his “roots.” The sustainable development and business development experience is now directed to achieving the RVA Mission to establish and be recognized as North America’s largest metropolitan river valley park system.
Craig Webber

Craig Webber is a Principal with Group2 Architecture Interior Design Ltd. He has been a passionate participant in leading-edge recreational, educational, and healthcare design for over 18 years. Craig's background in business and marketing ensures a successful business model for all of his projects. He is an innovative facilitator, specializing in change management and multi-stakeholder projects. Craig has an extensive background in developing significant successful partnerships by having completed over 12 joint use projects. Craig has a strong aptitude for developing collaborative project synergies that benefit all stakeholders. He believes a simple project delivery process is a means to enhance client value.

Bill Werry

Bill Werry was appointed Deputy Minister of the Alberta Climate Change Office in February 2016. Throughout his 35-year career, Bill has earned a reputation for getting results through his emphasis on the three Cs: cooperation, collaboration and consensus. His personal commitment to building relationships among diverse stakeholders has benefitted a wide range of public and not-for-profit sectors in Alberta and Saskatchewan, including environmental management, advanced education, technology commercialization; tourism, parks, recreation, sport, culture; aboriginal relations and human services. A strong advocate of values driven leadership, Bill is a firm believer in fostering continuous improvement at both institutional and personal levels. He applies that belief to ensure that programs for which he is responsible are not only client focused, but also client-driven.

Michelle Wong

Michelle is actively involved in various play initiatives undertaken by the City of Calgary and is a Senior Landscape Architect with Calgary Parks.

Leah Yardley

Leah Yardley is the Coordinator of the Be Fit For Life Centre at the University of Calgary. She holds a Kinesiology degree and is a CSEP Certified Exercise Physiologist. She is passionately involved in the promotion of wellness and has a deep dedication to the future health of people today.

Darin Young

Darin is a business and technology leader with over twenty years of experience in private and public sectors. After managing information technology, records and library services for over fifteen years with the federal Justice Department, he moved to local government in 2010 and presently leads the IT division at the Corporation of Delta. Upon completing his MBA thesis on municipal collaboration in enterprise software procurement, Darin organized and now co-leads Delta’s administration of the parks and recreation management software (PRMS) collaborative. Darin is married, has two young children and lives in Fort Langley.
Friday, October 21

**Morning Yoga**

6:30-7:30 AM for delegates.  
7:30-8:30 AM for guests.

No cost to participate. Open to all skill levels.

**Terrarium Building**

Time: 10:00am – 11:30am  
Cost: $35

In this workshop you will get your hands dirty as we make a DIY succulent terrarium to bring summer into your home. You will be provided with a trendy vase, a choice of 2 succulents, fun gravels in 2 color choices and a couple accent pieces to choose from to complete your own little succulent garden.

**Pasta Cooking Demo**

2:00 – 4:00PM  
Cost: $40

Join us in Orso Trattoria for an authentic taste of Northern Italy, with significantly better views! Allow our culinary masters to demonstrate and provide guidance in the art of pasta making using both an automated authentic Italian pasta maker as well as the old fashioned and original way... by hand. Along with the art of pasta we will share our secret signature Bolognese recipe with you and enjoy a mushroom ravioli tasting - dinner at your home will never be the same.
Saturday, October 22

The Big Bang Expo Presented by TELUS World of Science Edmonton – Dark Sky Festival

11:00AM – 1:00PM
Cost: $20

As the signature partner, TELUS World of Science Edmonton (TWoSE) will present a variety of science programming for the public, such as rocket launches, a mobile planetarium and science demonstrations. A bus will be provided from Jasper Park Lodge to the event and back, leaving at 11:00am and coming back at 1:00pm.

Champagne Tasting

1:30 – 3:00 PM
Cost: $45

“Come quickly, I am tasting stars,” Dom Perignon’s famous quote after his first taste of champagne, and a fairly apt description of what a good champagne or sparkling wine experience should offer. Join us for an afternoon as we walk you through champagne flavors and characteristics and compare them to Sparkling wines. This session is bound to please! Learn the art of Sabrage - a technique for opening a bottle of champagne with a sabre or sword! With this technique under your belt, dinner parties will never be the same!

Stargazing in Jasper – Dark Sky Festival

9:00PM - Midnight
Free Event

Join astronomers from the Royal Astronomical Society of Canada (RASC) for free stargazing right in Jasper. View the moon close up and view other celestial delights through powerful telescopes. If you need assistance using your own telescope, bring it along and they will be happy to help. A bus will be provided looping from Jasper Park Lodge to the event and back for the majority of the evening.

MEAL TICKETS

Meal Tickets are available to guests for purchase

- Thursday Banquet $75
- Friday Breakfast $30
- Friday Lunch $35
- Friday Trade Show $35
- Saturday Breakfast $30
- Saturday Lunch $35
- Saturday Banquet $75

*Meals are included for delegates

CHILD CARE

Organized directly through the Concierge.
THURSDAY, OCTOBER 20

New Delegate Mixer

5:00 – 6:00PM

The New Delegate Mixer is a structured networking reception aimed to introduce newcomers to each other and some returning veterans. Networking games will be hosted and some fun prizes given out!

Communities ChooseWell
Healthy Community Awards Reception (Invitation Only)

5:00 – 6:00PM

By Invitation: Pre-registration required - limited spaces available.

If you do not receive an invitation but are interested in attending, please contact Patrick MacQuarrie at pmacquarrie@arpaonline.ca.

Join ARPA’s Communities ChooseWell team, wellness champions from across Alberta and special guests to recognize outstanding community efforts to create healthy, active communities. In addition to several categories of awards, the Overall Healthy Community Champion Award, the peer-selected Most Significant Change Award, and the Community Wellness Leadership Award for a local government leader will be presented.

After Dinner Entertainment

9:00 – 10:30PM

Join us after the formal dinner program for some light entertainment.

Pub Games at Tent City

9:00PM – 1:00AM

Tent City will be open on Thursday, Friday and Saturday nights starting at 9:00 PM. There will be a number of traditional pub games available including pool and darts, as well as some non-traditional games including giant Jenga and Yahtzee.
EVENINGSOCIALS

FRIDAY, OCTOBER 21

Be an Explorer at the Trade Show

6:30 - 9:30PM

Join us as you explore the trade show viking style! A variety of games and skill tests will be available to try your luck at with some great prizes to be won. Our annual silent auction will be woven in amongst the booths.

Pub Games at Tent City

9:30PM – 1:00AM

Tent City will be open on Thursday, Friday and Saturday nights starting at 9:00 PM. There will be a number of traditional pub games available including pool and darts as well as some non-traditional games as well including giant Jenga and Yahtzee.

SATURDAY, OCTOBER 22

President’s Awards Banquet & After-Party

6:00PM – 1:00AM

Local entertainment will perform during the dinner service. This year we are bringing the dance party to the Fairmont Jasper Park Lodge. Join us as we transform Tent City into a nightclub for the evening.

Stargazing in Jasper – Dark Sky Festival

9:00PM - Midnight

Free Event

Join astronomers from the Royal Astronomical Society of Canada (RASC) for free stargazing right in Jasper. View the moon close up and view other celestial delights through powerful telescopes. If you need assistance using your own telescope, bring it along and they will be happy to help. A bus will be provided looping from Jasper Park Lodge to the event and back for the majority of the evening.
Jasper Park Lodge

1 Old Lodge Road, Jasper, Alberta T0E 1E0

The Fairmont Jasper Park Lodge is already sold out. They will be taking names for a waiting list and with our new cancellation policy we are expecting some rooms to become available near the end of August.

Please quote “2016 ARPA Conference” when making your reservation to receive the discounted rate. Bookings may be done over the phone by calling the Fairmont Jasper Park Lodge at 780-852-3301, or through their website by clicking .

Reservation Policy:

Please note: only one room can be booked per name. There will be a charge of one night’s room and tax upon reservation. At 45 days prior to arrival any cancellation is subject to a charge of their full stay.

Sawridge Inn and Conference Centre

76 Connaught Drive, Jasper, Alberta T0E 1E0

Call 1-888-729-7343 and reference 161020ALBE to make your reservation.

Room Type
(Single or Double Occupancy Available)

- Atrium View Room $167
- Outside View Room $187

*Rates do not include applicable taxes
*Triple and quadruple occupancy available at an additional daily cost of $25/person
*Conference rates are available to delegates 1 day prior and one day after the Conference
Conference Fees

Prices include all education sessions, socials, and scheduled meals. Pre-Conference sessions are not included in these fees.

<table>
<thead>
<tr>
<th>Delegate Fees</th>
<th>Members</th>
<th>Non - Members</th>
<th>Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Bird Rate (before Sep. 26)</td>
<td>$575</td>
<td>$725</td>
<td>$325</td>
</tr>
<tr>
<td>Regular Rate (Sep. 26 – Oct. 16)</td>
<td>$675</td>
<td>$825</td>
<td>$325</td>
</tr>
<tr>
<td>On-Site Rate (Oct. 17-23)</td>
<td>$775</td>
<td>$925</td>
<td>$325</td>
</tr>
<tr>
<td>Friday Only*</td>
<td>$340</td>
<td>$440</td>
<td>$150</td>
</tr>
<tr>
<td>Saturday Only*</td>
<td>$340</td>
<td>$440</td>
<td>$150</td>
</tr>
</tbody>
</table>

Fees do not include GST

*Includes education sessions and lunch on registered day only

Click HERE to register!

Pre-Conference Workshop Fees

<table>
<thead>
<tr>
<th>Delegate Fees</th>
<th>Members</th>
<th>Non - Members</th>
<th>Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Half Day Workshops (lunch not included)</td>
<td>$99</td>
<td>$129</td>
<td>$39</td>
</tr>
<tr>
<td>Full Day Workshops (lunch included)</td>
<td>$199</td>
<td>$229</td>
<td>$59</td>
</tr>
</tbody>
</table>

Fees do not include GST

Student Bursary Programs

We are pleased to have The City of Calgary Recreation back for the 9th consecutive year as our Student Sponsor. This sponsorship allows us to provide students registered in a recreation/leisure or related degree or diploma program to be eligible to apply for a $200 bursary to help offset the costs of attending the 2016 ARPA Conference and Energize Workshop.

For additional details and an application form, please contact Karina Damgaard at kdamgaard@calgary.ca.