# Rules & Regulations // WC2019

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) approved by the Technical Committee and the Executive Board of IFMA.

## Athlete Eligibility

The 2019 IFMA World Championships (Elite Divisions Only) and International Tournament (Competitive B Class Only) are open to all athletes that satisfy the following eligibility criteria. Entries are accepted from any national federation affiliated to IFMA. In countries where there does not yet exist a member National Federation, IFMA reserves the right to accept entries on a basis of special invitation.

Athlete eligibility: All competitors must satisfy the following conditions to be considered an "eligible athlete":

- A contestant in the Senior Elite Male or Senior Female Division (IFMA World Championship) must be at least 17 years old, but not more than 40 years old.
- A contestant in the Competitive Class B Male Division (IFMA International Tournament) must be at least 17 years old, but not more than 23 years old.
- Gold medalists in the Competitive Class B of past IFMA events will not be permitted to remain in Competitive Class B and must be entered in the Elite Division. Registrations will be monitored/cross checked by IFMA, however, if it is found out at the event that an NF has entered such athlete into this division, and already have an Elite athlete in the same weight category, the athlete will be disqualified and not permitted to compete.
- Silver & Bronze medalists in the Competitive Class B of past IFMA events will be analysed and considered by the selection committee as to whether they will be permitted to stay in Competitive class or move to Elite.
- Each Competitive Class entry will be subject to screening and approval by the IFMA international office and selection committee headed by the Technical Delegate.

#### Other requirements

- •A contestant must not be ranked in the Top 10 in any professional Thai stadium.
- •A contestant must be of the same nationality as the National Federation, which has entered them. Proof of identity will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered, along with a Boxer Book upon registration/weigh in. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned desire, they can ask IFMA to reduce or even to suppress this delay in conformity with the IFMA Rules and Regulations.
- •The IFMA Executive Board reserves the right to allow participants to represent the country of which they are a permanent residence instead of their passport nationality, given that the boxer has never represented the country of origin on their passport.

# Participating Teams

- •National teams of all IFMA Members (\*with membership fees paid up to 2019) are invited to participate at the championships.
- Each country is allowed to send only one national team to participate in the championships.
- Each team is allowed to send only one contestant for each weight category of each division (male, female).
- •For every 6 athletes entered, each team MUST enter at least 1 Team Technical Official (R&J)

## **Divisions of the Competition**

\*\*Note: If there are less than 3 entries in any division, the competition will not be held for that division.

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# Medical Check-up and Weigh-in

All contestants must have a Medical Check-up and Official Weigh-in on the opening day of the Championships outlined in the technical handbook. Each contestant must then have a Medical Check-up and Weigh-in in the morning of their competition for each bout.

Boxers Record Book (Membership Books) must be presented at every Medical Check-up. As per IFMA Rule 23, all contestants must have in their possession, the IFMA Medical Declaration form which can be found at: (http://www.ifmamuaythai.org/technical-reference/athletes-medical-declaration-form/) signed by an authorised doctor of medicine, stating that prior to leaving his country he/she was in good physical condition and not suffering from any injury, infection or disability liable to affect his capacity to box in the country being visited. Such document must be accompanied with blood analysis results for HIV, Hepatitis B and Hepatitis C. These documents should be scanned and uploaded to the registration platform.

If the IFMA Medical Declaration, blood test and athlete's consent form is not uploaded to the registration platform the documents must also be attached with the boxer book produced at the medical examination before the general weigh-in. The medical declaration form & blood test cannot be older than 6 months and should be in the ENGLISH language. In the case that laboratory reports are in a language other than English, it is the responsibility of the National Federation to ensure that the documents are officially translated and certified and those translations submitted together with the documents.

Doctors on duty at the medical checks are authorised to perform a urine spectrometer test for dehydration on any athlete at any given time should symptoms of dehydration be suspected. Any athlete with a urine density above 1.030 shall not be permitted to compete. Therefore, the method of cutting weight by fat versus water is highly encouraged.

All athletes & coaches will also need to complete the declaration of weight control which is on P.3 of the IFMA Medical Declaration Form.

All female contestants must sign the non-pregnancy declaration which is at the bottom of the IFMA Medical Declaration Form to confirm that they are not pregnant at the time of the championships.

# **Changing Weight Divisions**

On the morning of the official weigh-in, if a contestant finds his/her weight above the previous declared weight, he/she is permitted to move up to a higher weight division.

## Drawing of Names

The Draw will be carried out after the final Official Medical Check-up and Weigh-in. During this, the team manager or coach or a selected representative from each country must be present.

## Appearance of Contestant

A contestant must wear the official IFMA WC2019 uniform shorts and sleeveless shirt in red or blue, according to his/her corner. The uniform must be purchased from IFMA at the Team Manager meeting. The contestant must wear a Mongkon (sacred headband) during the WaiKru before the fight. An amulet may be worn around the upper arm or wrist but must be neatly covered. The contestant must wear the standard head-guard, gloves, shin guard and elbow guard as provided by the Organizing Committee. No others may be substituted, Contestants are required to wear their own groin-guard (male & female), breast protection (female only) & gum-shields. Toenails must be short. Beard must be clean shaven.

#### **Hand Wraps**

Contestants must use the wraps provided by the Organizing Committee which will be included in the uniform set.

# Timing of Rounds

Bouts will be contested over 3 rounds of 3 minutes each for both male and female competitors. A full 1 minute of rest shall be given between the rounds.

\*\*Stopping of the contest for warning, cautions, counting, putting clothing or equipment into order or for any other reason is not included in the period of round. No additional round may be given.

# **Competition Conduct**

All contestants must behave accordingly to the IFMA code of ethics (See-

http://www.ifmamuaythai.org/technicalreference/ifma-code-of-ethics/) -as a good sportsman and follow the rules and regulations as laid out. Contestants will be penalised for any violations.

# Ringside Doctor

There shall always be a doctor ringside. One doctor will be appointed as Chairman.

## **Appealing Decisions**

All appeals should be in accordance with the rules & regulations of the International Federation of Muaythai Amateur (IFMA) for international tournaments and competitions.

# **Awards and Prizes**

In each weight category of the Elite Division Male/Female, the winner of the Final bout will be the Champion and awarded with the Gold medal of the IFMA World Championship. The other finalists will receive the Silver medal of the IFMA World Championship and 2 Bronze medals of the IFMA World Championship will be awarded to the 2 semi-finalists.

In each weight category of the Competitive Class B, the winner of the Final bout will be awarded the Gold medal of the IFMA International Tournament. The other finalists will receive the Silver medal of the IFMA International Tournament and 2 Bronze medals of the IFMA International Tournament will be awarded to the 2 semi-finalists.

# **Doping Control**

Athletes and technical officials participating in the IFMA World Championships are bound to and must comply with the IFMA Anti-Doping Rules. These rules, which are compliant with the World Anti-Doping Code and its international Standards, can be downloaded from the IFMA website at: <a href="http://www.ifmamuaythai.org/anti-doping/11768-2/">http://www.ifmamuaythai.org/anti-doping/11768-2/</a>

The Sport Authority of Thailand will conduct in-competition tests as Testing Authority during the event. THA-NADO, the Thailand National Anti-Doping Organisation, will collect the samples and these will then be analysed by the WADA-accredited lab in Bangkok. Collection and analysis will be carried out in accordance with the International Standard for Testing, the International Standard for Laboratories and the 2019 Prohibited List.

During the event period, from 20-28 of July in Bangkok, athletes can be tested at any time or place, urine or blood, with no advance notice. The event testing plan includes finishing placement tests, random tests, pre-competition tests and target tests.

It is each athlete's personal duty to ensure that no prohibited substance enters his or her body. Athletes are responsible for any prohibited substance or its metabolites or markers found to be present in their samples (see Article 2.1.1 of the Code and IFMA Anti-Doping Rules).

ATHLETES MUST EXERCISE EXTREME CAUTION REGARDING NUTRITIONAL SUPPLEMENTAL USE.

#### **TUEs**

The World Anti-Doping Code permits athletes to apply for TUEs, i.e. the permission to use, for therapeutic purposes, substance or methods in the Prohibited List in force where use would otherwise be prohibited. IFMA recognises TUEs that have been granted by National Anti-Doping Organisations (NADOs).

After an athlete submits a duly completed TVE application with the required supporting medical documentation to IFMA, it can take up to 30 days to receive the decision of the IFMA TUE Committee, and a TUE certificate if the application is approved.

For more information regarding TUE application please visit the IFMA website: http://www.ifmamuaythai.org/anti-doping/tue/

The TUE application form can be found here: <a href="http://www.ifmamuaythai.org/wp-content/uploads/2013/02/TUE">http://www.ifmamuaythai.org/wp-content/uploads/2013/02/TUE</a> Application Form.pdf

#### Results Management

In the case of an Anti-Doping Rule Violation, IFMA is responsible for the initial results management process and taking the decision of imposing any sanction relating to the Youth World Championships, such as disqualification. IFMA will also manage the imposition of sanctions over and above those relating to the Youth World Championships, such as period of ineligibility.

Information & Education

Fair Play is one of the most important pillars of muaythai. More information on anti-doping can be found in the doping-free section of the IFMA website:

http://www.ifmamuaythai.org/anti-doping/resources-for-athletes/

(including FAQs, WADA's Q&A and interactive Quiz)