

## Tentative Event Schedule

### **Friday July 19 2019**

10.00 - 22.00 Arrivals/Registration

15.00 - 18.00 R&J Course Day 1

### **Saturday July 20 2019**

10.00 - 22.00 Arrivals/Registration

10.00 - 16.00 R&J Course Day 2

**16.00-19.00 First Official Weigh-In & Medical Check**

### **Sunday July 21 2019**

06.00 Training facilities Open

**07.00-10.00 Late Arrivals Weigh-In & Medical Check**

**13.00 Team Manager Meeting & Official Draw**

**Opening Ceremony**

20.00 - 23.00 Dinner

22.00 Training facilities Closes for the day

### **Monday July 22 2019**

06.00 Training facilities Open

07.00-09.00 Weigh-In & Medical Check

10.00-12.00 R&J Course Day 3

13.30-15.00 R&J Briefing

**15.00 Preliminary bouts**

22.00 Training facilities Closes for the day

### **Tuesday July 23 2019**

06.00 Training facilities Open

07.00-09.00 Weigh-In & Medical Check

10.00-12.00 R&J Meeting

13.30 R&J Briefing

**15.00 Preliminary bouts**

22.00 Training facilities Closes for the day

### **Wednesday July 24 2019**

06.00 Training facilities Open

07.00-09.00 Weigh-In & Medical Check

13.30 R&J Briefing

**15.00 Preliminary bouts**

22.00 Training facilities Closes for the day

### Thursday July 25 2019

06.00 Training facilities Open  
07.00-09.00 Weigh-In & Medical Check  
08.30-11.30 IFMA Executive Board Meeting  
13.30 R&J Briefing  
**15.00** Quarter Final bout  
22.00 Training facilities Closes for the day

### Friday July 26 2019

#### REST DAY

06.00 Training facilities Open  
08.30-11.30 IFMA Annual General Meeting  
Social Initiative // Cultural Programme  
22.00 Training facilities Closes for the day

### Saturday July 27 2019

06.00 Training facilities Open  
07.00-09.00 Weigh-In & Medical Check  
09.00 - 12.00 IGLA Course Day 1  
13.30 R&J Briefing  
**15.00** Semi-Final Bouts  
22.00 Training facilities Closes for the day

### Sunday July 28 2019

06.00 Training facilities Open  
07.00-09.00 Weigh-In & Medical Check  
09.00 - 12.00 IGLA Course Day 2  
13.30 R&J Briefing  
**15.00** Final bouts & Medal Ceremonies  
22.00 Training facilities Closes for the day

### Monday July 29 2019

06.00 Training facilities Open  
07.00-09.00 Weigh-In & Medical Check  
09.00 - 12.00 IGLA Course Day 3  
13.30 R&J Briefing  
**11.00** Final bouts & Medal Ceremonies  
**21.00** Awards Gala // After Championship Party

### Tuesday July 30 2019

Departures