



RULES TO CONTRAST AND CONTAIN OF THE DIFFUSION OF COVID-19 DURING J/70 FRAGLIA VELA MALCESINE REGATTAS

(following the provisions relating to the contrast and containment of covid 19 issued by the Italian Sailing Federation - protocol regulating the measures for the contrast and containment of the dissemination of covid-19 in the affiliated companies and sports associations of 14 July)

1. REGATTA REGISTRATION

Regattas registration processes shall be completely online, on the following website: www.hubsail.it by the date established in the Notice of Race.

Payment must be made exclusively by bank transfer or Paypal. Payments by debit card, credit card or cash at the Race Office are NOT accepted.

All the **documentations** required for regatta registrations (e.g. insurance policy, insurance declaration, manufacturer declaration, Equipment self-inspection form) shall be uploaded or filled in by the terms established by the Notice of Race in the web site <https://www.hubsail.it> in the section related to its own registration.

The registration is completed with the payment and the required documentation send. It is not necessary to go to the race office to sign the disclaimer form / accept privacy information.

Before the start of the event, competitors must provide a **self-certification** stating that their body temperature is below 37.5° (form available at http://fragliavela.sailti.com/uploaded_files/Document_22640_20200823095844_en.pdf).

All the **support staff** and in particular coaches or accompanying persons must fill in the form: http://fragliavela.sailti.com/uploaded_files/Document_23148_20200806172255_en.pdf and sent at race@fragliavela.org. To complete the accreditation procedure, coaches shall go to the race office to collect the "S" recognition flag (€ 20 deposit). The distribution of the "S" flags (and of any regatta gadgets) takes place at the race office.

2. RULES ASHORE AT THE CLUB

Participation in the event is limited to competitors, instructors / coaches or support person and other technical staff only.

Every day, all participants shall independently **measure and record body temperature** using Annex 3 (form available at http://fragliavela.sailti.com/uploaded_files/Document_22640_20200823095844_en.pdf) which must be displayed at race office every day.

Inside the club it is mandatory to **always wear the mask to cover the nose and mouth** and to maintain, where possible, the distance of at least 1 meter from another person.

Use of toilets: it is mandatory to respect the maximum capacity indicated outside the rooms (3 people in the female changing rooms and 5 people in the male changing rooms). It is allowed to use the changing rooms and bags, clothing, shoes, etc. cannot be deposited, as they would not allow a correct and periodic cleaning and sanitization of the rooms themselves.

During **briefings** it is necessary to keep a distance of one meter and the use of the mask is mandatory. Only one representative per boat it is allowed to participate in the briefing. In youth classes regattas, only one coach per team is allowed.

For any race office activities in attendance, respect the social distance of 1 meter with the staff in charge and equipped with a mask.

All communications between the competitors to OA or RC or Jury shall be done exclusively, also in compliance with sanitary regulations en force, using the web site : <https://www.racingrulesofsailing.org/>, included **Official Notice Board (ONB)** which will be virtual.

3. BEHAVIOR TO KEEP IN WATER DURING RACES

Competitors on monotype boats when not engaged in regatta must use face masks.

It is compulsory for coaches / instructors and any other support staff to have personal protective equipment on board the inflatable boats (stored in dry spaces or waterproof bags to ensure effective use) to be used in the event of impossibility of respecting interpersonal distance.

4. SOCIAL EVENTS

During the **prize-giving** it is mandatory to keep the interpersonal distance of at least 1 meter.

Climbing onto the podium is allowed for a maximum of 2 crew members. Competitors on the podium shall use face masks except for photos.

GOOD HYGIENE PRACTICES TO MAINTAIN

- Wash your hands frequently;
- Never touch your eyes, nose and mouth with your hands;
- Sneezing and / or coughing in a tissue avoiding contact of the hands with respiratory secretions; if you do not have a handkerchief available, sneeze into the inner fold of the elbow;
- Avoid leaving personal worn clothing in places shared with others, but store them in personal backpacks or bags and, once you have returned home, wash them separately from other clothing;
- Always drink from disposable glasses or personalized bottles;
- Immediately dispose of paper tissues or other used materials such as plasters, bandages, etc. in suitable containers.

USEFUL NUMBERS

Race office: +39 0456570439 e +39 3386313688

Harbour master Gerard: +39 3371080580

Harbour master Tony: +39 3713330756

Covid-19 info: 1500

Emergency number: 112

Covid-19 local emergency number: 800 462 340

For all informations write an email to race@fragliavela.org, call +39 0456570439 or text on *whatsapp* +39 3386313688