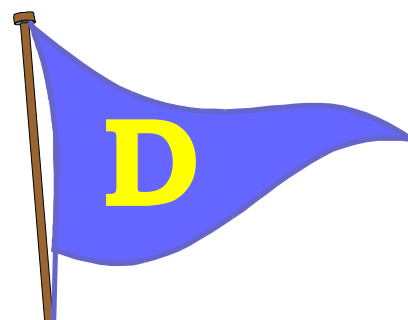
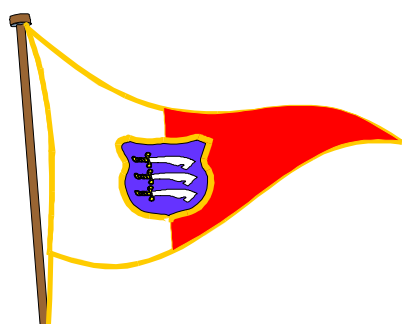


WEST MERSEA YACHT CLUB

&

DABCHICKS SAILING CLUB



SAILING INSTRUCTIONS

2021

SPONSORED BY





The notation '(DP)' in a rule in the NOR means that the penalty for a breach of that rule may, at the discretion of the protest committee (PC), be less than disqualification.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1 (a)

Not valid for Round West Mersea Island Race/Mersea Week

1. RULES

- 1.1. The events are governed by the rules as defined in Racing Rules of Sailing (RRS).
- 1.2. RRS 90.3(e) shall apply
- 1.3. RRS 44.3 (scoring penalty), RRS 37 (search and rescue), RRS 44.1(b) shall not apply.
- 1.4. Appendix T (Arbitration) shall apply
- 1.5. [DP} Automatic mechanical and wind vane devices for steering are prohibited.
- 1.6. Rule 27.3 is changed as follows;
Before the starting signal, the race committee may for any reason postpone (5 short blasts and announce on VHF) or abandon (5 Long blasts and announce on radio).
- 1.7. Separate Appendices accompany these instructions relating to West Mersea White Sail series, WMYC Ladies Regatta, WMYC Centenary Regatta, WMYC Autumn Trophy and Finola Cup Races, DSC Friday Series, DSC commodores Regatta. These appendices when published are an addition to these sailing instructions

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any changes to sailing instructions will be posted before 0900 on the day it will take effect except that any change to the schedule of races will be posted by 2000 on the day before it will take effect
- 2.2. Oral changes to sailing instructions may be made from the Committee Boat using VHF Channel 77 call sign 'Molliette' or 'Centenary'. When oral changes have been issued, the Committee Boat will display Code Flag L over Flag O.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the [Official Noticeboard](#) located On the West Mersea YC website.
- 3.2. The race office is on line and may be contacted via an email sent to WMYCsailing@gmail.com
- 3.3. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. Information regarding the race may be broadcast on VHF Channel 77 callsign 'Molliette' or 'Centenary', competitors are strongly advised to monitor that channel before and during the race.
- 3.4. On the water the race committee intends to monitor and communicate with competitors on VHF radio channel 77.
- 3.5. If the race committee displays flag B (Bravo) with one sound signal alternate VHF channel 72 will be used
- 3.6. The following communications may be made by the race committee through the fleet Whats App group if you need a link please contact WMYCsailing@gmail.com
 - 3.6.1.Course Information
 - 3.6.2.General competitor information

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. [DP] Competitors and support persons shall place any advertising provided with care, seamanship in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be flown from the yardarm in front of WMYC.



6. SCHEDULE OF RACES

- 6.1. Races are scheduled in accordance with the 2021 [Keelboat sailing programme 2021](#) located [here](#).
- 6.2. Unless amendment notices or an appendix to these Sailing Instructions is applicable, the scheduled start times for all races will be as published in the 2021 sailing programme.
- 6.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.
- 6.4. [NP] When the OOD has abandoned or postponed a race and it cannot be sailed on its original day the Sailing Committee may convene a meeting to decide what action to take. They will take into account the individual circumstances and the knock-on effect on any of the race series.

7. CLASS FLAGS

- 7.1. The following Class Flags will be used: -

| Class | Class Flag |
|----------------------|-------------------|
| IRC Keelboats | Numeral Pennant 1 |
| IRC Sportsboats | Numeral Pennant 6 |
| White Sail fleet | Numeral Pennant 4 |
| Local Handicap fleet | Numeral Pennant 5 |

- 7.2. Class flags shall be flown from the backstay by all competitors in accordance with the fleet in which they entered.

8. Racing Areas

- 8.1. The Race area is the Blackwater and Colne estuaries
- 8.2. The locations of the Racing marks may be found using the WMYC and DSC course chart which is produced annually.

9. COURSES

- 9.1. Unless amendments or alternative sailing instructions are given, courses will be taken from the 2021 WMYC and DSC combined Course Chart. The number of the course to be sailed will be that displayed on the rail of the Committee Boat at the Fleet warning signal. The course number may be removed after the Start Signal and replaced with the course for any following fleet. If the number of the course displayed on the Committee Boat is followed by X2, this denotes that 2 laps of that course should be sailed, X3 denotes that 3 laps of that course should be sailed, etc.
- 9.2. If course number 77 is displayed then the OOD will broadcast the course to be sailed on VHF Channel 77, call sign 'Molliette' or 'Centenary'. The broadcast will be issued at least 15 minutes before the start of each race effected and may be displayed on a blackboard on the committee boat.

10. MARKS

- 10.1. The racing marks are yellow can shaped buoys that may additionally have a black flag. They are identified by their sponsor name and or their number.
- 10.2. The following marks may be used as rounding marks.
 - 10.2.1. Navigation buoys as charted
 - 10.2.2. Marks listed below.



Mark Locations 2021

| WMYC mark number | Mark Name | Sponsor | Flag colour | Position |
|------------------------|---------------------------|------------------------------------|-------------|----------------------|
| 1 | | | Black Flag | 51-45.83N 00-56.24E |
| 2 | Micro Scooters | Micro Scooters Ltd | Black Flag | 51-45.21N 00-56.62E |
| 3 | Tollesbury Saltings | Tollesbury Saltings Ltd | Black Flag | 51-45.13N 00-52.90E |
| 5 | Paynes Turf | F E Payne & Son | Black Flag | 51-44.92N 00-53.93E |
| 6 | Fiducia Wealth | Fiducia Wealth Management | Black Flag | 51-45.74N 00-58.96E |
| 10 | | | Black Flag | 51-44.82N 00-59.41E |
| 12 | | | Black Flag | 51-45.47N 00-53.00E |
| 14 | Push Energy | Push Energy | Black Flag | 51-45.45N 00-53.91E |
| 17 | Miller Motor Group | Miller Motor Group Ltd | Black Flag | 51-45.21N 00-55.11E |
| 18 | Waldegraves | Waldegraves Holiday Park | Black Flag | 51-45.60N 00-57.62E |
| MG | John Munns Yacht Surveyor | John Munns Yacht Surveyor | Black Flag | 51-45.61N 00-55.45E |
| OLM (S) | Dabchicks sailing club | Dabchicks Sailing Club | Black Flag | 51-45.58N 00-54.75E |
| OLM (E) | | Space Workplace Ltd | Red Flag | 51-45.68N 00-55.020E |
| OLM (W) | Whittle & Co | Whittle & Co Chartered Accountants | Green Flag | 51-45.70N 00-54.43E |
| Committee Boat Mooring | EYE Marine | Eye Marine Ltd | No Flag | 51-45.78N 00-54.60E |



- 10.3. If a mark is damaged or missing it may be replaced temporarily in its original position by a mark of a different appearance.
- 10.4. A Dan buoy will be orange with an orange flag.
- 10.5. Laid marks shall be inflatables of any shape or colour.

11. Areas that are obstructions

- 11.1. [DP] [NP] There is an exclusion zone at approximately 51° 45.00N 000° 56.00E. The zone is clearly delineated by yellow marker buoys. No competitor may enter this zone at any time; any competitor identified in breach of this instruction will be disqualified without a hearing.

12. THE START

- 12.1. Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal
- 12.2. Rule 26 may be changed as follows and will be advised on the Race Channel and signaled in accordance with SI 2.2

| Minutes before starting signal | Visual signal | Sound signal | Means |
|---|---------------|--------------|--------------------|
| 5 | None | Three short | Warning signal |
| 4 | None | Two short | Preparatory signal |
| 1 | None | One long | One minute |
| 0 | None | One | Starting signal |
| <ul style="list-style-type: none"> • Times shall be taken from the sound signals. • Races will be started as if the 'U' visual signal had been displayed at the preparatory signal. | | | |

- 12.3. The starting line will be either;
 - 12.3.1. One of the clubs starting lines- defined as a line between the staff of the Committee Boat flying an orange flag, moored to the Committee Boat mooring buoy (approximately 200m to the south west of the Nass Beacon) and the course side of the starting mark displayed on a board on the Committee Boat.
 - 12.3.1.1. If the board displays 'S' then Outer Limit Mark 'S' will be used as the starting mark - (yellow buoy with a Black flag).
 - 12.3.1.2. If the board displays 'E' then Outer Limit Mark 'E' will be used as the starting mark - (yellow buoy with a Red flag).
 - 12.3.1.3. If the board displays 'W' then Outer Limit Mark 'W' will be used as the starting mark (yellow buoy with a Green flag)

Or:

- 12.3.2. A Committee Boat Line – defined as a line between the staff on a moored Committee Boat flying an orange flag and the course side of a starting mark adjacent which may be either a chosen mark or dan buoy.

Or:

- 12.3.3. A transit between the course side of a pole with a black flag on the Middle Ouse, and the Flagstaff on the WMYC lawn flying an Orange flag. When this line is to be used will be defined in the appropriate appendix to the Sailing Instructions.

Or:

- 12.3.4. A gate start as informed in Appendix one

- 12.4. Which start line to be used shall be decided by the OOD and displayed on the committee boat board, this information will also be transmitted on VHF channel 77 using the call sign 'Molliette' or



'Centenary', a minimum of 15 minutes before the start of the race.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change a leg of a course the race committee will lay a new mark and signal in accordance with RRS 33 except the old mark may not be removed.
- 13.2 Minor mark moves (up to Approximately 200m) may be made without signalling a change. This changes RRS 33.

14. THE FINISH

14.1.

14.1.1. The finishing line will be between the staff of the Committee Boat moored to the Committee Boat mooring buoy displaying a blue flag and the course side of the Outer Limit Mark 'S' (Black Flag) to the South of the Committee Boat mooring buoy.

OR

14.1.2. The finishing line will be between the Committee boat staff flying a blue flag and the course side of a danbuoy flying an orange flag

OR

14.1.3. A transit between the course side of pole with a black flag on the Middle Ouse, and the Flagstaff on the WMYC lawn displaying a blue flag

- 14.2 If the race committee is absent when a boat finishes, she shall record her finish time and her position in relation to nearby boats when the Nass Beacon is due north of the bow of your boat, with the Southern outer limit as the finishing mark. This record to be reported to the race committee at the first reasonable opportunity

16. TIME LIMITS

16.1.

| Event | Time Limit for First boat to finish. | Time limit for the rest of Fleet to finish after the First boat | First Mark Target Time |
|------------------|--------------------------------------|---|------------------------|
| Multi Race day | 1.5 hours | 30 mins | 30 mins |
| Single Race days | 2.5 hours | 90 mins | 1 hours |

17. HEARING REQUESTS

- 17.1. A boat which wishes to lodge a protest shall verbally inform the OOD aboard the Committee Boat as soon as possible after finishing or retiring.
- 17.2. The protest time limit is 17.00 hrs. on the day of the race or 60 minutes after the last boat finishes the last race of the day whichever is sooner.
- 17.3. Protests/Redress shall be lodged online via the online Jury system located at [Jury Board](#).
- 17.4. The hearings will be heard via video call (Zoom) unless otherwise scheduled by the protest committee. All links will be sent via email
- 17.5. A Hearing Schedule will be posted on the Jury Board as soon as possible after a protest has been lodged, but not later than 60 minutes after the end of Protest Time to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the order specified on the Hearing Schedule. Parties and witnesses are required to be available via video at the time stated on the Hearing Schedule. It is the responsibility of each party to ensure their witnesses are available at the time of the video call.
- 17.6. RRS 62.2 (a) and RRS 66.2 (a) do not apply



18. SCORING

- 18.1. A5.3 shall apply for all races defined in the schedule as “series races”.
- 18.2. The finishing window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the finishing window and not subsequently retiring, penalised or given redress will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place plus two more than the points scored by the last boat that finished in the finishing window. This changes RRS 35, A5.1, A5.2, and A10
- 18.3. OODs who normally race will receive their average points for the races in which they have competed during that series, or third position whichever is lowest, for any race missed in that series while serving as OOD, calculated at the end of the series. See DSC Friday Series Appendix for separate rule relating to that series.
- 18.4. A boats series score is the total of her race scores excluding her worst scores as defined in this table

| Number of Races Completed | <=3 | 4 | 5-6 | 7-8 | 9-10 | 11 -12 | 13-14 | 15-16 | >16 |
|---------------------------|------|---|-----|-----|------|--------|-------|-------|-----|
| Number of Discards | None | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

However, see the Appendices for specific events which will define their scoring system.

- 18.5. Results will be published for all yachts that have a Local handicap.
- 18.5.1. All yachts will be given an LH handicap by the Joint Handicap Committee to enable boats that do not race on a regular basis to enter the miscellaneous races in the 2021 Programme. E.g. Ladies Regatta, Wallet cup, Ancient Mariners etc.
- 18.5.2. The White Sail Series is intended to appeal to boats which are less than fully crewed. Scoring for these series will be by Local Handicap modified by +0.020.
- 18.5.3. WMYC Club Championship - Points will be awarded on the following basis: Spring series, Autumn series and all races in the WMYC Centenary Regatta – points will only be awarded to yachts holding a valid 2021 Local handicap.
- 18.5.4. DSC Club Championship – points will be awarded based upon the overall results of yachts in the Spring series, Autumn Series under LH and DSC Friday Series under LH.
- 18.5.5. **Extracting results for other series** - For WMYC and DSC series within combined races, each boat will have its points calculated for the relevant event as if only boats for that particular event had been racing.

19. SAFETY REGULATIONS

- 19.1. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules, Notice of Race and Sailing Instructions

23. OFFICIAL VESSELS

- 23.1. Official vessels are identified as “Molliette” for WMYC events and “Centenary” for DSC events

29. PRIZES

- 29.1. In general, prizes will be awarded in relation to the number of entries for each Race, Series, Division or Fleet as appropriate. Trophies awarded will be a shown in the club calendar



| | |
|-----------------|---|
| Up to 4 entries | 1st Place only will be awarded. |
| 5 to 8 entries | 1st and 2 nd places will be awarded. |
| Over 8 entries | 1st, 2nd and 3rd places will be awarded. |

- 29.2. Prizes may be awarded after racing on the day
- 29.3. Where there is more than one race on a day the trophy will be awarded based upon a boat's combined score on that day.

30. RISK STATEMENT

- 30.1. Rule 3 of the RRS states "The responsibility for a boats decision to participate in a race or to continue racing is hers alone"
- 30.2. Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the events, each competitor agrees and acknowledges that;
- 30.2.1. They are aware of the inherent element of risk involved in the in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event.
 - 30.2.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
 - 30.2.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
 - 30.2.4. Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - 30.2.5. The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.
 - 30.2.6. The provision of patrol boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 30.3. It is their responsibility to familiarize themselves with any risks specific to this venue, or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

31. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent in any currency.

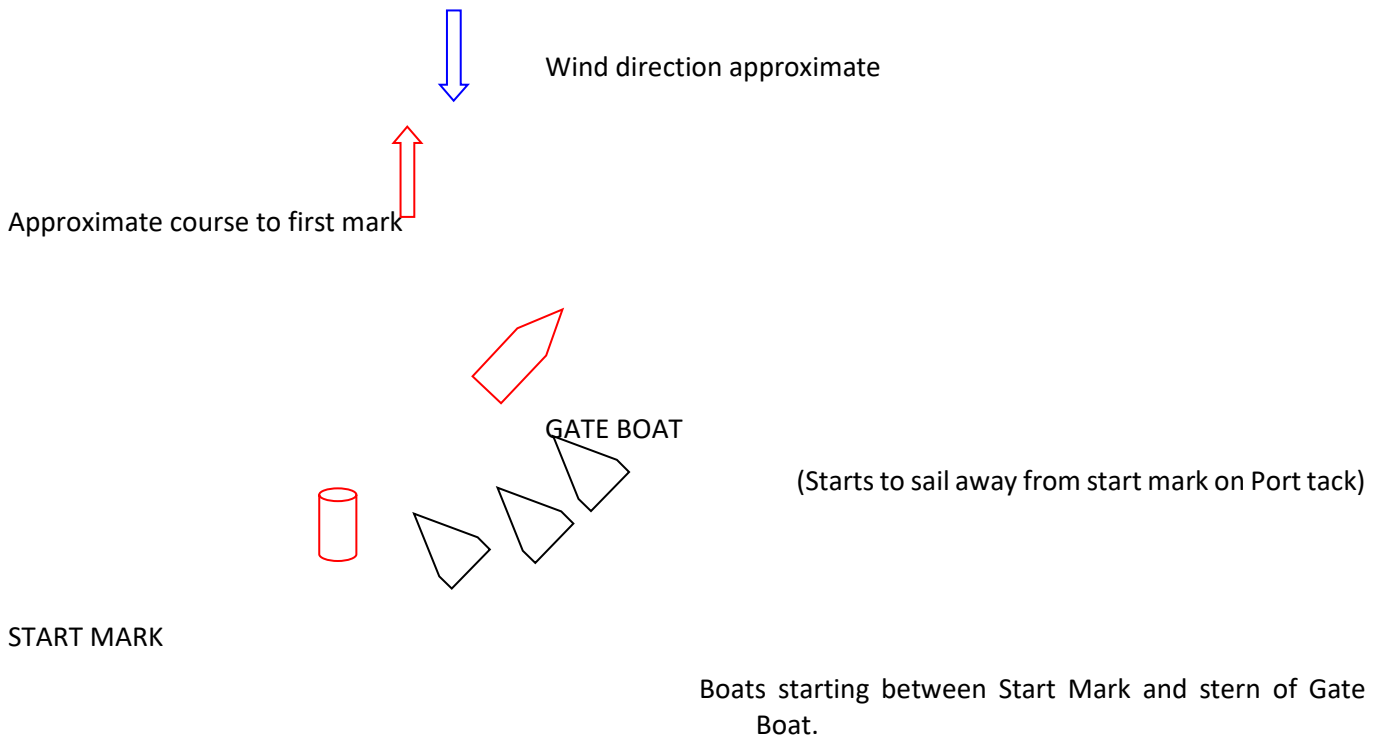


Appendix One

Please note this is not a sailing instruction it is an explanation of how we plan to run some starts, should a Race committee be unavailable

STARTING METHOD FOR “GATE START”

1. When leaving your mooring ensure your VHF is tuned to channel 77 and make sure it can be heard by at least one of your crew.
2. The course and Start Mark will be announced on VHF Channel 77 from the Committee Boat prior to the Five Minute signal.
3. The normal start sequence of 5-4-1-Start will be used together with sound signals only from the committee boat (Gate Boat). No flags will be flown.
4. The countdown for each signal will be given over VHF Channel 77.
5. At the start signal the Gate boat will start to sail away from the Start Mark on Port tack and the ‘Gate’ will start to open. All competitors shall start between the Start Mark and the stern of the Gate Boat on Starboard tack.
6. The ‘Gate’ will only be open for 1 minute so you must start by then or you are disqualified.
7. The Gate boat can tack onto starboard after one minute or when the last starter has passed astern prior to the one-minute limit.
8. The finish line is the normal line and you should take your own finishing time when the Nass Beacon is due north of the bow of your boat, with the Southern outer limit as the ODM. Also note boat ahead and boat astern with approx. times if possible.



(This is likely to be Western or Eastern Outer Limit. To be confirmed at time of Course issue)