

# AEGEAN REGATTA 2019

## Sailing Instructions

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ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΥΠΟΥΡΓΕΙΟ ΝΑΥΤΙΑΣ &  
ΝΗΣΙΩΤΙΚΗΣ ΠΟΛΙΤΙΚΗΣ

ΓΕΝΙΚΗ ΓΡΑΜΜΑΤΕΙΑ

ΑΙΓΑΙΟΥ ΚΑΙ ΝΗΣΙΩΤΙΚΗΣ ΠΟΛΙΤΙΚΗΣ



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[DP] denotes that the penalty for a breach of that rule may, at the discretion of the IJ, be less than disqualification.

[NP] denotes that the breach of that rule will not be grounds for a protest by a boat. This changes RRS 60.1(a).

### 1 Organizing Authority

The **Aegean Regatta 2019** is organized by the General Secretariat for the Aegean and Island Policy, in co-operation with the Hellenic Sailing Federation / Hellenic Offshore Committee (H.S.F / H.O.C.) and the following Clubs: Aegean Athletic Club, Mytilene Sailing Club, Nautical Club of Chios, Nautical Club of Leros, Nautical Club of Samos, Offshore Yachting Club of Rhodes and the coordinator for 2019, the Offshore Racing Club of Lesvos.

### 2 Rules

The regatta will be governed by the following rules.

- 2.1 The Racing Rules of Sailing (RRS)
- 2.2 The IMS Rule.
- 2.3 The ORC Rating Systems Rule.
- 2.4 The IRC Rating System.
- 2.5 The Equipment Rules of Sailing (ERS).
- 2.6 The World Sailing Offshore Special Regulations
  - The Offshore Races are in Category 3, while the Inshore Races are in Category 4.
  - All boats are required to have VHF radios with channels 16 and 72.
- 2.7 The International Regulations for Preventing Collisions at Sea.  
The Part 2 of the Racing Rules of Sailing is replaced by Part B of the International Regulations for Preventing Collisions at Sea from **20:00** to **06:30** local time.
- 2.8 The Hellenic Sailing Federation National Prescriptions 2017-2020.
- 2.9 [DP] “All those involved in a race (competitors, support persons and race officials on powerboats) must wear a Personal Flotation Device (PFD) while afloat. The PFD must comply with the relevant class rules and specifications”. Article 1 (addition to Rule 40) of Hellenic Sailing Federation’s National Prescriptions 2017-2020.
- 2.10 The HSF/Offshore Committee’s special prescriptions for Offshore Races.
- 2.11 A boat can carry on board a second mainsail, with dimensions (for IRC boats) or area (for ORCi and ORC Club boats) not exceeding the limits shown on her current rating certificate. This changes the IRC Rating System Rule and the ORC Rating Systems Rule accordingly.
- 2.12 A boat racing under IRC rule can change sails on board between races. This changes IRC Rating System.
- 2.13 If there is a conflict between Notice of Race and Sailing Instructions, the SI will take precedence (This change the RRS 63.7).
- 2.14 If there is a conflict between languages the English text will take precedence.

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### 3 Classes

- 3.1 Each class may be divided in divisions, based on each boats certificate.
- 3.2 [NP] The Race Committee's decision about class and divisions separation will be announced during skippers meeting and cannot be altered or open to discussion.

### 4 Notices to competitors

- 4.1 Notices to the competitors will be posted on the official notice board which will be electronic. It can be accessed via the race website ([www.aegeanregatta.gr](http://www.aegeanregatta.gr))
- 4.2 Notices will also be sent via email in the address that is indicated on the registration form. Failure or delay to email the notice will not be ground for request for redress by a boat. This changes RRS 60.1(b).
- 4.3 The race office will be indicated (in each island) with an orange flag and its location will be announced at the skippers meeting.

### 5 Changes to Sailing Instructions

- 5.1 Any change to the Sailing Instructions will be posted not later than two (2) hours before the scheduled warning signal of the first race of the day it will take effect, except that any change to the schedule of races will be posted by 21:00 hours on the day before it will take effect.
- 5.2 Verbal changes may be given only on the water. The Race Committee will make the necessary changes before the warning signal of a class and will announce these changes by VHF Ch.72, RRS 90.2c. These changes shall not be ground for request for redress.

### 6 Signals made ashore

- 6.1 Signals made ashore will be displayed at a pole on Race Committee's office.
- 6.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes' in race signal AP. This changes race signal AP.

### 7 Schedule of races

- 7.1 As described in the Notice of Race 8.1.
- 7.2 Times of the first warning signal are defined as follows:

Date	Time	Event
19/08/2019 (Mon)	10:55	Offshore Race Mytilene to Plomari
21/08/2019 (Wed)	10:55	Offshore Race Plomari to Psara
23/08/2019 (Fri)	10:55	Offshore Race Psara to Oinousses
24/08/2019 (Sat)	10:55	Inshore Races, Oinousses

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- 7.3 The Organizing Authority and/or the Race Committee reserve the right to modify the above program according to weather conditions and/or other unforeseen circumstances.
- 7.4 Five (5) races are scheduled for ORC Performance and IRC boats, including three (3) offshore races and two (2) inshore races.
- 7.5 Four (4) races are scheduled for ORC Sport boats, including three (3) offshore races and one (1) inshore race.
- 7.6 On the last day of the regatta no warning signal will be given after **15:00** unless it follows a signal of general recall or postponement (Flag AP) of a race whose first warning signal had been made before **15:00**. Should this happen to any start, this SI shall not apply to the subsequent starts.

## 8 Class flags [DP, NP]

- 8.1 The Class flags will be as follows:

Class	Class Flag
ORC Performance	Numeral Pennant 2
IRC	White flag with <b>IRC</b> letters on
ORC Sport	Numeral Pennant 1

## 9 The Start

- 9.1 The class starting order will be announced at the skippers meeting.
- 9.2 A boat starting later than **10** minutes after her Starting signal will be scored DNS without hearing. This changes RRS A4 and A5.
- 9.3 After signaling an individual recall, the race committee will attempt to broadcast on VHF the sail number, bow number or name of boat that has not started and is identified as OCS. Delay in the radio broadcast of these calls, or the order in which there are made, or any omission or failure in the emission or reception of these, shall not be grounds for a request for redress by the boat. This changes RRS 60.1(b).
- 9.4 [DP, NP] All boats intending to participate in a race, shall sail close to the Race Committee Signal vessel, before the first warning signal of the day, for their hull number to be recorded.

## 10 Penalty system

- 10.1 For minor breaches of the Offshore Special Regulations, RRS 55, the ORC rule, the IMS rule, the IRC rule, the Equipment Rules of Sailing the International Jury may impose any penalty different from Disqualification, or not impose a penalty, at its discretion. Maximum discretionary penalty for the minor infringements of the Offshore Special Regulations will be the scoring penalty of 10% calculated as in RRS 44.3(c).
- 10.2 Penalties for breaches of the Offshore Special Regulations will apply to one race only, nearest by time to the time of inspection. If the inspection was made prior to the first race the penalty will apply to the

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first race. The boat is expected to do everything possible to comply to the OSR for subsequent races and if she fails, further penalties may be imposed.

### 11 Protests and requests for redress

- 11.1 Protest forms will be available at the race office.
- 11.2 Protests shall be delivered at the race office or can be lodged electronically via the official Notice board ([www.aegeanregatta.gr](http://www.aegeanregatta.gr)), within the time limit which shall be 1 hour after the last boat has finished the last race of the day. If the last boat finishes after 21:00 local time and before 08:00 of the next day, the Protest Time will be from 09:00 till 10.00 on the next day. The same time limit applies to protests by the Race Committee, the Technical Committee and the International Jury about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2.
- 11.3 Notice of protests by the Race Committee, the Technical Committee or the International Jury will be posted on the official notice board to inform competitors under RRS 61.1(b).
- 11.4 Notices to inform competitors of hearings in which they are parties or named as witnesses will be posted within 30 minutes of the protest time limit.
- 11.5 On the last day of the regatta a request for reopening a hearing or request for redress for an International Jury's decision shall be delivered:
  - a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day
  - b) no later than 30 minutes after the party requesting reopening was informed of the decision on that dayThis changes RRS 62.2 and 66.
- 11.6 When RRS N1.4 (b) is applied the time limit will be 30 minutes after the decision is given.
- 11.7 The decisions of the International Jury will be final as provided in RRS 70.5.

### 12 Scoring

- 12.1 The "AEGEAN REGATTA" race is valid if at least one (1) race is completed.
- 12.2 ORC Performance class boats:
  - a) The results for the Inshore races will be determined by corrected times calculated by the "Performance Curve Scoring – Constructed Course" system.
  - b) The results for the Offshore races will be determined by corrected times calculated by the "Time on Time Coastal / Long Distance" system.

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- 12.3 ORC Sport class boats:  
The results for all the races will be determined by corrected times calculated by the "Time on Time Coastal / Long Distance" system.
- 12.4 IRC class boats:  
The results for all races will be determined by corrected times calculated by the "Time on Time" system.
- 12.5 The length of the courses will be decided by the Race Committee and shall not be grounds for request for redress. This change RRS 60.1(b).
- 12.6 The Low Point Scoring System of RRS Appendix A.
- 12.7 The winners of the "Aegean Regatta 2019" will be designated by the total of their race scores without excluding any race. This changes RRS A2.1.
- 12.8 There will be separate results for each class division.
- 13 Safety regulations [DP]**
- 13.1 [NP] Boats retiring for any reason in any race shall report to the Race Committee as soon as possible.
- 13.2 Any use of the engine for propulsion purposes for rescuing people, giving help or any other reason shall be reported after arrival but latest the protest time limit in writing on form to the Race Committee stating reasons for such procedure. If a boat does not gain a significant advantage in the race, the International Jury may impose a discretionary penalty or no penalty at its discretion.
- 14 Replacement of crew or equipment [DP]**
- 14.1 The **Race Committee** may approve crew changes (adding new crew members, replacing or disembarking crew members), after a written or electronic (via the web notice board) skipper's request made no later than **two (2)** hours before the scheduled time of the first warning signal of the day.
- 14.2 Substitution of damaged or lost equipment will be not allowed unless approved by the Technical Committee. A written or electronic (via the web notice board) requests for equipment substitution shall be delivered to the race office at the first reasonable opportunity.
- 15 Equipment and measurement checks [DP]**
- 15.1 A boat or equipment may be inspected at any time for compliance with class rules and Sailing Instructions. On the water or after arriving in a harbor, a boat may be instructed by the Technical Committee via VHF channel **72** to proceed immediately for inspection on the specified area.
- 16 Haul-out restriction [DP]**
- 16.1 From 09:00 on **19/08/2019** boats shall not be hauled out except for the purposes of repairing damage; and only after written permission of the

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Technical Committee. While hauled, for this purpose, cleaning and polishing of the hull below the waterline will not be permitted.

### 17 Communication

- 17.1 Radio communication with the Race Committee during the regatta will be on VHF channel **72**. The Race Committee may give verbal confirmation of any race signal over VHF Channel **72**. Failure to make a broadcast or to time it accurately will not be grounds for request for redress by a boat. This changes RRS 60.1(b).
- 17.2 [DP] Except when communicating with the race committee, a boat while racing, shall not transmit or receive communication of any information not publicly available to all participating boats. This changes RRS 41.

### 18 Finishing by the night [DP, NP]

- 18.1 Boats that finish by night shall illuminate their numbers when finishing and shall identify themselves to the RC after finishing over VHF channel 72.

### 19 Time Limit

- 19.1 The finish time limits for each race, expressed in hours - minutes - seconds are individualized for each boat and will be shown on the participating boats' list. Boats failing to finish within their time limit shall be scored "Did Not Finish". This change RRS 35 and A4.
- 19.2 The same time limit is standing even if the race is shortened.

### 20 Marks

- 20.1 Marks M1 and Mi1 will be yellow inflatable buoys.
- 20.2 Mark M2 will be an orange inflatable buoy.
- 20.3 A Race Committee boat signaling course shortening is a mark.
- 20.4 *The RC may set a **Windward Mark** to obtain a start to windward, if necessary. If the windward mark is set, it will be no more than one nautical mile from the starting line and the RC will, before the warning signal, display a Red flag which indicates the mark shall be left to port, or a Green flag indicating the mark shall be left to starboard. The windward mark will be a yellow inflatable buoy.*

### 21 Indicating the Inshore course

- 21.1 No later than the warning signal, the RC signal boat will display the appropriate flag that will indicate the course to be sailed and the approximate distance and compass bearing or approx. fix of the first turning mark.

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### 24 Changing the next leg of the Inshore course

- 24.1 To change the next leg of the course, the race committee will (a) lay a new mark 1, (b) move the finishing line, or (c) move the mark 2. When a new mark is laid, the original mark will be removed as soon as possible. The new mark will be an orange inflatable buoy.

### 25 Various

- 25.1 Race Committee may move the starting line to a new position, due to: lack of wind, bad weather conditions or unexpected sea traffic, displaying the “L” flag with one sound on the RC Signal Boat.

## C.1 Race 1: Mytilene to Plomari

### 26 The course

- 26.1 The course will be: Start (Mytilene) – Finish (Plomari).  
26.2 The length of the course will be approx. 23,5nm.

### 27 Starting line

- 27.1 The Starting line will be between a yellow inflatable buoy at the starboard end and an orange inflatable buoy at the port end.  
27.2 The starting area will be near Mytilene Marina sea area.

### 28 Finishing line

- 28.1 The finishing line will be between a yellow inflatable buoy at the port end and a pole displaying a blue flag at the starboard end.  
28.2 The pole will be near the green light of Plomari Marina (approx. fix 38°58.18' N – 26°22.14' E). **Diagram 1**

## C.2 Race 2: Plomari to Psara

### 29 The course

- 29.1 The course will be: Start (Plomari) – Finish (Psara).  
29.2 The length of the course will be approx. 48nm.

### 30 Starting line

- 30.1 The Starting line will be between a yellow inflatable buoy at the starboard end and an orange inflatable buoy at the port end.  
30.2 The starting area will be near Plomari Marina sea area.

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### 31 Finishing line

- 31.1 The finishing line will be between a yellow inflatable buoy at the port end and a pole displaying a blue flag at the starboard end.
- 31.2 The pole will be near the red light of Psara Port (approx. fix 38°32.20' N – 25°34.05' E). **Diagram 2**

### C.3 Race 3: Psara to Oinousses

#### 32 The course

- 32.1 The course will be: Start (Psara) – Finish (Oinousses).
- 32.2 The length of the course will be approx. 36nm.

#### 33 Obstructions

- 33.1 The islets Prasonisia (approx. fix 38°31.25 N – 26°10.59 E) must be left to port.

#### 34 Starting line

- 34.1 The Starting line will be between a yellow inflatable buoy at the starboard end and an orange inflatable buoy at the port end.
- 34.2 The starting area will be near Psara port sea area

#### 35 Finishing line

- 35.1 The finishing line will be between a pole displaying a blue flag at the port end and a yellow inflatable buoy at the starboard end.
- 35.2 The pole will be near the white light of Pateronisi islet Oinousses (approx. fix 38°30.28' N – 26°13.10' E). **Diagram 3**

### C.4 Inshore Course B – Flag B

#### 36 The course

- 36.1 The course will be: Start – M1 (port) – M2 (port) – M1 (port) – Finish
- 36.2 The length of the course will be approx. 6nm.
- 36.3 The **Diagram 4** shows the course, the order and the side in which marks are to be passed, the starting and the finishing lines.

#### 37 Starting line

- 37.1 The Starting line will be between a yellow inflatable buoy at the starboard end and an orange inflatable buoy at the port end.
- 37.2 The starting area will be near Oinousses port sea area.

#### 38 Finishing line

- 38.1 The finishing line will be between an orange inflatable buoy at the starboard end and a yellow inflatable buoy at the port end.



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38.2 The finish line will be at the starting line's position.

### C.5 Inshore Course D – Flag D

#### 39 The course

- 39.1 The course will be: Start – M1 (port) – Finish
- 39.2 The length of the course will be approx. 6nm.
- 39.3 The **Diagram 5** shows the course, the order and the side in which marks are to be passed, the starting and the finishing lines.

#### 40 Starting line

- 40.1 The Starting line will be between a yellow inflatable buoy at the starboard end and an orange inflatable buoy at the port end.
- 40.2 The starting area will be near Oinousses port sea area.

#### 41 Finishing line

- 41.1 The finishing line will be between an orange inflatable buoy at the starboard end and a yellow inflatable buoy at the port end.
- 41.2 The finish line will be at the starting line's position.

### C.6 Inshore Course E – Flag E

#### 42 The course

- 42.1 The course will be: Start – Prasonisia islet (starboard) – M1 (port) – Prasonisia islet (port) – Finish.
- 42.2 The length of the course will be approx. 8nm.
- 42.3 The **Diagram 6** shows the course, the order and the side in which marks are to be passed.

#### 43 Starting line

- 43.1 The Starting line will be between a yellow inflatable buoy at the starboard end and an orange inflatable buoy at the port end.
- 43.2 The starting area will be near Oinousses port sea area.

#### 44 Finishing line

- 44.1 The finishing line will be between a pole displaying a blue flag at the port end and a yellow inflatable buoy at the starboard end.
- 44.2 The pole will be near the White Light of Pateronisi islet Oinousses (approx. fix 38° 30.28' N – 26° 13.10' E). **Diagram 3**

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ΑΙΓΑΙΟΥ ΚΑΙ ΝΗΣΙΩΤΙΚΗΣ ΠΟΛΙΤΙΚΗΣ



ΕΛΛΗΝΙΚΗ ΙΣΤΙΟΠΛΟΪΚΗ ΟΜΟΣΠΟΝΔΙΑ  
ΕΠΙΤΡΟΠΗ ΑΝΟΙΚΤΗΣ ΘΑΛΑΣΣΗΣ

### Committees

#### International Jury

Chairperson	Konstantina Sfakianaki (IJ, GRE)
Vice Chairman	Costas Tsantilis (IJ, GRE)
Members	Charles Perry (IJ, GBR) Thomas Rinda (IJ, USA) Aslan Ozcakil (NJ, TUR)

#### Race Committee

Race Officer	Yannis Kleidonas (NRO, GRE)
Members	Artemis Karras (NRO, GRE) Roula Flouri (NRO, GRE) Maria Tsekoura (NRO, GRE) Marianna Douka Nikos Yakoumis Liana Yialousis Alexis Tsardakas Erifili Vardaki
Results	Panagiotis Papapostolou

#### Technical Committee

Chairperson	Yannis Kalatzis Parthenopi Armenaki Maria Spyrideli
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