

2021 ILCA NORTH AMERICAN CHAMPIONSHIPS

July 14-18, 2021

Organizing Authority (OA): St. Francis Yacht Club

in conjunction with the ILCA

SAILING INSTRUCTIONS

Including Amendment 1

The notation [NP] in a rule in the SI means it shall not be grounds for protest by a boat. This changes RRS 60.1(a).

1. RULES

- 1.1. The regatta will be governed by the rules as defined by the *Racing Rules of Sailing*, the prescriptions of the United States Sailing Association (US Sailing), the rules of the International Laser Class Association (ILCA), the Notice of Race, except as any of these are changed by the Sailing Instructions.
- 1.2. Competitor advertising will be limited to that permitted by the current World Sailing Regulation 20 and the ILCA class rules.
- 1.3. Appendix P, Special Procedures for Rule 42, applies.
- 1.4. Rule 40.1 will apply at all times when boats are in the racing area, and on their way to and from the racing area.
- 1.5. US Sailing Prescription to rule 32.2 applies.
- 1.6. US Sailing Appendix V applies.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted by 1000 on the day it will take effect, except any change to the schedule of races will be posted by 2000 on the day before it will take effect

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official regatta notice board located at www.stfyc.com/racing and may be posted in the hallway adjacent to the side (Regatta) entrance of StFYC.

4. CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than (60) sixty minutes'. This changes rule Race Signal AP.
- 5.3. Flag D with one sound means the warning signal will be made not less than 90 minutes after flag D is displayed. Boats shall not leave the harbor until Flag D signal is made. [DP]

6. SCHEDULE OF RACES

6.1. <u>DATE</u>	<u>TIME</u>	<u>EVENT</u>
Wednesday, July 14	1200-1800	Check in
Thursday, July 15	0900	Support Boat Briefing
	0930	Competitors' Meeting
	1155	First Warning
	<i>After racing</i>	Social at St. Francis Yacht Club
Friday, July 16	0900	Support Boat Briefing
	1055	First Warning
	<i>After racing</i>	Social at St. Francis Yacht Club
Saturday, July 17	0900	Support Boat Briefing
	1055	First Warning
	<i>After racing</i>	Social at St. Francis Yacht Club
Sunday, July 18	0900	Support Boat Briefing
	1055	First Warning
	1500	No warning after this time
	<i>After racing</i>	Social & Awards at St. Francis Yacht Club

- 6.2. Ten (10) races are scheduled for all classes.
- 6.3. The race committee intends to run two (2) races on Thursday, three (3) races on Friday, three (3) races on Saturday and two (2) races on Sunday. However, depending on conditions and forecasts, the race committee may run up to four races on a given day.

7. CLASS FLAGS

7.1. Class flags will be as follows:

Class Flag	Description
ILCA 7 (Standard)	Red class insignia on a white field
ILCA 6 (Radial)	Red class insignia on a green field
ILCA 4 (4.7)	Red class insignia on a yellow field

7.2. For the ILCA 6 Class, the color corresponding to the fleet starting will be flown with the class flag as follows:

Flag Color	Qualifying	Championship
Yellow	Yellow	Gold
Blue	Blue	Silver

8. RACING AREA

Races will be conducted on the San Francisco City Front utilizing inflatable marks.

9. RACE FORMAT

Attachment A outlines the number and format of races scheduled for the event.

10. COURSES AND MARKS

- 10.1. The courses and marks are described in Attachment B – Official Description of Marks and Courses.
- 10.2. No later than the warning signal, the race committee signal boat will display a placard designating the course.

11. OBSTRUCTIONS

The “H” Beam piling (located approximately 200 yards west of the St. Francis YC) and the closest point ashore. Boats are prohibited from crossing this line while racing.

12. THE START

- 12.1. Races will be started using RRS 26.
- 12.2. To alert boats that a warning signal is about to be made, the race committee may signal multiple horn blasts.
- 12.3. The starting line will be between a staff displaying an orange flag on the RC signal boat, and the course side of a red inflatable shape or a staff displaying an orange flag on another race committee boat.
- 12.4. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is 100m from the starting line in any direction. [NP] [DP]
- 12.5. A boat that starts after four (4) minutes of her starting signal will be scored DNS. This changes RRS A5.1 and A5.2.
- 12.6. Rule 30.4 is supplemented as follows:
 - A. If a General Recall is signaled or a race is abandoned after the start, the RC will display the sail numbers of BFD boats for three (3) minutes before the next warning signal for that race. A long sound will be made when the numbers are initially displayed. If the race is restarted or resailed, a boat so signaled shall not sail in it.
 - B. A boat whose number is so displayed shall leave the starting area before the new preparatory signal. Thereafter, she shall stay clear of the racing area until all boats have finished that race. If she fails to do so, she will be scored DNE at the discretion of the protest committee. [NP] [DP]
- 12.7. The starting order will be described in Attachment A.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 13.2. The race committee may change a leg of the course by up to five (5) degrees in bearing and/or 0.2nm in length without a signal. This changes RRS 33.

14. THE FINISH

The finishing line will be between a staff displaying a blue flag on the RC finish boat and a white inflatable ball.

15. PENALTY SYSTEM

- 15.1. Appendix P will apply.
- 15.2. The Jury boats will be identified by a PINK flag.

16. TIME LIMITS

- 16.1. Target times are 40-55 minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 16.2. Race Time Limit and Finishing Window are shown in the table below:

Race Time Limit	Finishing Window
90	15

- 16.3. If no boat has finished after properly sailing the course within ninety (90) minutes, the race will be abandoned.
- 16.4. A boat that fails to finish within fifteen (15) minutes after the first boat the course and finishes, will be scored Did Not Finish (DNF). This changes RRS 35 and A5.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. The protest committee will use a separate electronic official notice board at www.racingrulesofsailing.org:
 - A. To file a protest: https://www.racingrulesofsailing.org/protests/new?event_id=1788
 - B. Protest hearing schedule: <https://www.racingrulesofsailing.org/schedules/1788/event>
 - C. Submit questions for the jury: https://www.racingrulesofsailing.org/questions/new?event_id=1788
 - D. Submit a scoring inquiry: https://www.racingrulesofsailing.org/scoring_inquiries/new?event_id=17882.3
- 17.2. Protests and requests for redress or reopening shall be delivered to the representative at the StFYC Jury Desk within the appropriate time limit.
- 17.3. The protest time limit is sixty (60) minutes after the race committee signal boat docks; except in the case of a complaint by Vessel Traffic or the USCG. This time will be posted. This constitutes the time limit mentioned in the first sentence of RRS 61.3.
- 17.4. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The protest committee will attempt to notify competitors by text message and/or email. Failure to post the notices on the website or send the text message or email notification shall not be grounds for redress or reopening. This changes rule 62.1(a).
- 17.5. Hearings will be held in the designated room at StFYC, beginning at the time posted. The protest committee may schedule hearings before the end of protest time limit if the parties are available.
- 17.6. A list of boats that have been penalized for breaking rule 42 will be posted at: <http://www.racingrulesofsailing.org/penalties/1788/event>.
- 17.7. Penalties for breaches of a rule other than part 2 may be less than disqualification if the protest committee so decides. This changes rule 64.1(a). The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 17.8. On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 17.9. As an alternative to a protest hearing by the jury for an alleged breach of a rule of Part 2, boats may be given the choice of using an arbitration procedure in accordance with Appendix T.
- 17.10. To encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule.
- 17.11. In the event of a complaint by Vessel Traffic or the USCG, the protest time limit may be extended up to two (2) days after the conclusion of the regatta. This changes RRS 60.2(a) and RRS 61.3.
- 17.12. Notices of any protests by the race committee, technical committee or protest committee will also be posted. This constitutes the notification required by RRS 61.1(b).
- 17.13. On the last scheduled day of racing, a request for redress of a protest committee decision, or a request to reopen a hearing, shall be delivered no later than sixty (60) minutes after the decision was announced to the protest desk, either written or orally. This changes RRS 62.2 and RRS 66.

18. PROCEDURES FOR PROTECTED COMPETITIONS

- 18.1. US Sailing Regulation 12.03, Protected Competitions, will be in effect for this event. The following rules and procedures will apply:
 - A. The US Sailing prescriptions to rules 63.1 and 63.2 shall apply to a Protected Competition, except that the words “when practicable” in the prescription to rule 63.1 are deleted.

- B. Protest committees shall include 20% "sailor-athlete" representation. "Sailor-athlete" has the meaning of "athlete" set forth in USOC Bylaw, Section 8.8.2 (the 10-year rule) or Level A or B Sailor-Athlete as defined by US Sailing Sailor Athlete Council (SAC) Bylaws 3.3.1 and 3.3.2 (except that the US Sailing member class referred to in SAC Bylaw 3.3.2.3 shall be an international class recognized by World Sailing at the time of the sailor-athlete's qualification).
- C. The right of appeal will not be denied under rule 70.5 (a), (b), or (c), but an expedited appeal process may be used that balances the needs of the competitor for certainty with respect to berths in future competitions and sufficient time to prepare the arguments and evidence for the appeal.
- D. Any boat that is a party to a redress hearing may be represented by up to two individuals. This changes rule 63.3(a).
- E. If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor's preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.

18.2. Other rule changes

- A. Rule 65.2 is changed as follows: "seven days" is changed to "24 hours" and "promptly" is changed to "within 24 hours."
- B. Rule 66.1, Reopening a Hearing, second sentence is deleted and replaced by: "However, if an appeal of its decision has been sent to the national authority, the hearing shall not be reopened unless the national authority requires reopening under rule R5.4 or decides the appeal cannot be considered."

18.3. Expedited appeals procedure

- A. The expedited appeals system in rule R8, Expedited Appeals, will be used. See: <https://www.ussailing.org/wp-content/uploads/2018/01/2017-Expedited-Appeals.pdf>

19. SCORING

- 19.1. One race will constitute a series.
- 19.2. When four (4) or fewer races are completed, a boat's series score will be the total of her race scores. This changes RRS A2.
- 19.3. When five (5) or more races are completed, a boat's series score will be the total of her race scores excluding her worst score.
- 19.4. The format for ILCA 6 qualifying and championship rounds as described in Attachment A will be used.

20. [NP] SAFETY REGULATIONS

A boat that retires from a race is requested to notify the race committee before leaving the course by verbally notifying a nearby race committee boat, or, when that is impossible, immediately after arrival ashore.

21. [DP] MEASUREMENT & EQUIPMENT

All competitors are responsible for ensuring their equipment is in compliance with the ILCA rules. Failure to do so may result in disqualification from the regatta. Section 5 of the Notice of Race will be enforced, and other measurement and equipment checks may be done at any time during the regatta.

22. [DP] SUPPORT BOATS

- 22.1. Team leaders, coaches and other support persons shall stay more than 100 yards away from boats who are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 22.2. Support boats shall stay out of the exclusion zone. See Attachment C.
- 22.3. Support boats may enter the racing area for safety reasons or if instructed by the race committee. If a support boat enters the racing area for safety reasons, she shall notify the race committee of her action.
- 22.4. Support boats shall monitor VHF channel 69 at all times.
- 22.5. Support boats shall be marked with flags assigned by the StFYC Race Office during on-site registration.

23. COMMERCIAL TRAFFIC

- 23.1. Racing occurs near active shipping channels. The race committee would like to call special attention to the preamble to RRS Part 2.
- 23.2. A race committee boat may signal a boat that is racing to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and clearly displaying flag W at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the race committee may protest the boat.
- 23.3. If a commercial vessel sounds five blasts at a boat which is racing, and/or the vessel or the USCG is subsequently able to identify the offending boat, the boat may be subject to protest. In the event the race committee files the protest, the protest committee may assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat may have the burden of proving otherwise.

23.4. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

24. TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats. [NP] [DP]

25. PRIZES

Trophies will be awarded based upon class participation.

26. DISCLAIMER OF LIABILITY

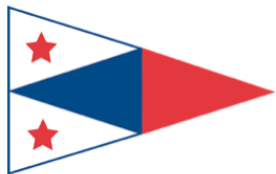
Sailing is an activity that has an inherent risk of damage and injury. Competitors in this race participate entirely at their own risk. See RRS 4, Decision to Race. The race organizers (OA, Race Committee, Protest Committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this regatta. By participating in this regatta, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

27. RIGHTS TO USE NAME, LIKENESS, AND PERSONAL INFORMATION

- 27.1. By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.
- 27.2. Additionally, competitors automatically grant to the organizing authority and race officials the right to use their personal contact information, including but not limited to a current email address and cell phone number, for the purpose of race administration and regatta communications.

28. FURTHER INFORMATION

Event Chair	Tracy Usher	tracy.usher@gmail.com
Race Director	Grace Carrick	gcarrick@stfyc.com
Chief Judge	Paul Zupan	pzupan@yahoo.com
Principal Race Officer	John Siegel	john@johnsiegel.com
Waterfront Director	Pierce Forgione	pforgione@stfyc.com



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ATTACHMENT A – REGATTA FORMAT

1. GENERAL

- 1.1 The ILCA 6 fleet will be split into two fleets of approximately equal size.
- 1.2 There will be a qualifying round for the ILCA 6 class followed by a championship round.
- 1.3 The qualifying round is scheduled to be sailed on Thursday and Friday. The championship round is scheduled to be sailed on Saturday and Sunday.
- 1.4 All fleets will be assigned to a Morning Group or an Afternoon Group.
- 1.5 All Morning Group starts will be completed before the first warning of the Afternoon Group. The intended groupings and starting orders are shown below:

	Thursday	Friday	Saturday	Sunday
Morning Group	ILCA 7	ILCA 6 Yellow	ILCA 7	ILCA 6 Gold
	ILCA 4	ILCA 6 Blue	ILCA 4	ILCA 6 Silver
Afternoon Group	ILCA 6 Yellow	ILCA 7	ILCA 6 Gold	ILCA 7
	ILCA 6 Blue	ILCA 4	ILCA 6 Silver	ILCA 4

2. QUALIFYING AND CHAMPIONSHIP FORMAT (ILCA 6)

- 2.1 There will be two divisions of approximately equal size in the qualifying round. If there is an uneven number, yellow will have the higher number.
- 2.2 The qualifying round will be used to split the fleet, placing the top 50% into the Gold fleet and the remainder into the Silver fleet for the championship round. If there is an uneven number, Gold will have the higher number.
- 2.3 A minimum of four (4) races per fleet is required to complete the qualifying round. If four (4) races are not completed by the ILCA 6 fleets before the start of the last day of the regatta, no championship round will be sailed, and all remaining races will be sailed in the qualifying round format.
- 2.4 Competitors will sail in their assigned fleet each day.
- 2.5 Boats that receive scoring abbreviations as defined in RRS Appendix A10 shall be scored points for the finishing place one more than the number of boats in the larger of the fleets. This change is added to RRS Appendix A5.2.

3. PROCEDURE FOR FLEET ASSIGNMENTS (ILCA 6)

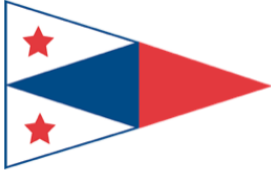
- 3.1 Day one: Assignment to a fleet for the first day of racing will be a combination of random assignment and seeding by the ILCA and the OA.
- 3.2 Day two: The results of day one, seeded Y – B – B – Y – Y – B – B – Y, etcetera.
- 3.3 Day three: If still in the qualifying round, day three will be seeded using the method described for day two.
- 3.4 If there is no racing the previous day, the previous fleet assignments still apply unless four races have been completed, in which case the championship round will begin.
- 3.5 Fleet assignments in the qualifying round will be made by 2000 hours the previous evening they are to take place. No protest, redress, or scoring inquiry will change the fleet assignments if finalized after 2000.
- 3.6 The race committee's decision on fleet assignments will be final and cannot be grounds for redress. This changes RRS 62.1a.

4. CHAMPIONSHIP ROUND (ILCA 6)

- 4.1 Gold and silver will race as separate fleets.
- 4.2 Assignments to the gold and silver fleets will be based on a competitor's overall finishing position in the qualifying round.
- 4.3 Assignment to each fleet will be final for the entire championship round.
- 4.4 A boat's overall score for the championship round will be the boat's total score including discards as described in SI 19.

5. [NP] [DP] IDENTIFICATION (ILCA 6)

While racing, boats shall display a colored mast band supplied by the OA, that corresponds with their assigned fleet.



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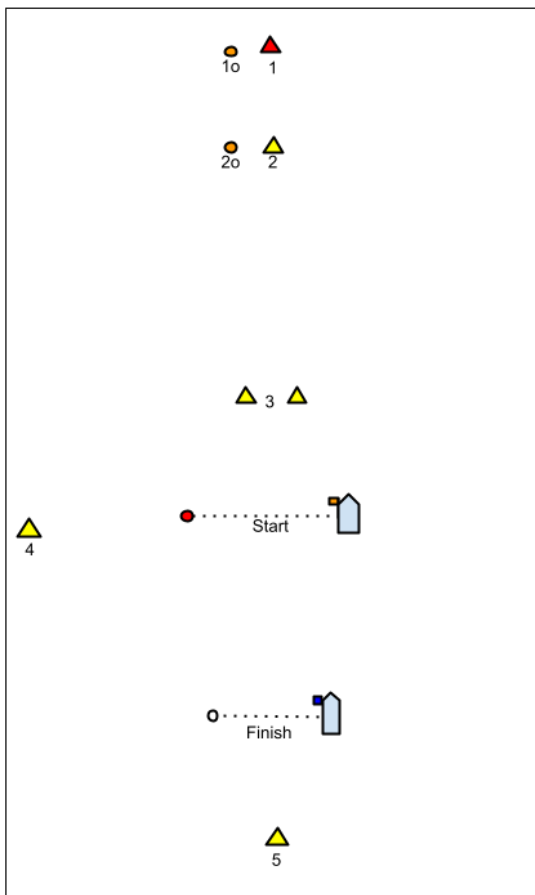
in conjunction with the ILCA

ATTACHMENT B – DESCRIPTION OF MARKS AND COURSES

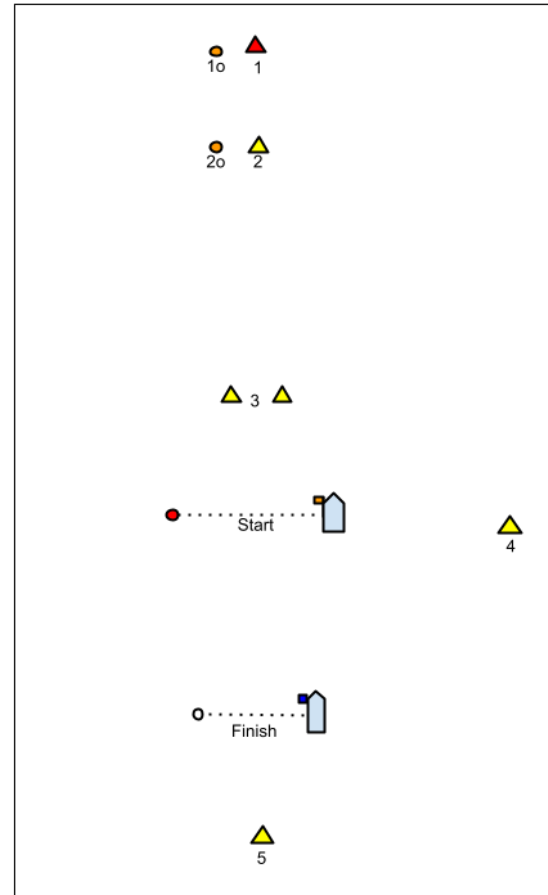
MARK	DESCRIPTION
1	Inflatable red cone set as a long windward mark
1o	Inflatable orange ball set as an offset mark
2	Inflatable red yellow cone set as a short windward mark
2o	Inflatable orange ball set as an offset mark
3	Two inflatable yellow cones set as a gate above the starting line
4	Inflatable yellow cone set as a reach mark
5	Inflatable yellow cone set below the finish line

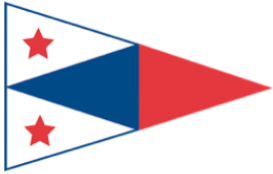
COURSE	ROUNDING ORDER
	<i>(p)(s) = rounding direction</i>
1	Start → 1(p) → 1o(p) → 3 → 4(p) → 5(p) → Finish
2	Start → 1(p) → 1o(p) → 3 → 4(s) → 5(s) → Finish
3	Start → 1(p) → 1o(p) → 3 → 2(p) → 2o(p) → 3 → 4(p) → 5(p) → Finish
4	Start → 1(p) → 1o(p) → 3 → 2(p) → 2o(p) → 3 → 4(s) → 5(s) → Finish
5	Start → 1(p) → 1o(p) → 3 → 1(p) → 1o(p) → 3 → 4(p) → 5(p) → Finish
6	Start → 1(p) → 1o(p) → 3 → 1(p) → 1o(p) → 3 → 4(s) → 5(s) → Finish
7	Start → 1(p) → 1o(p) → 5(p) → Finish

Course Diagram for Courses 1, 3, 5 & 7



Course Diagram for Courses 2, 4 & 6





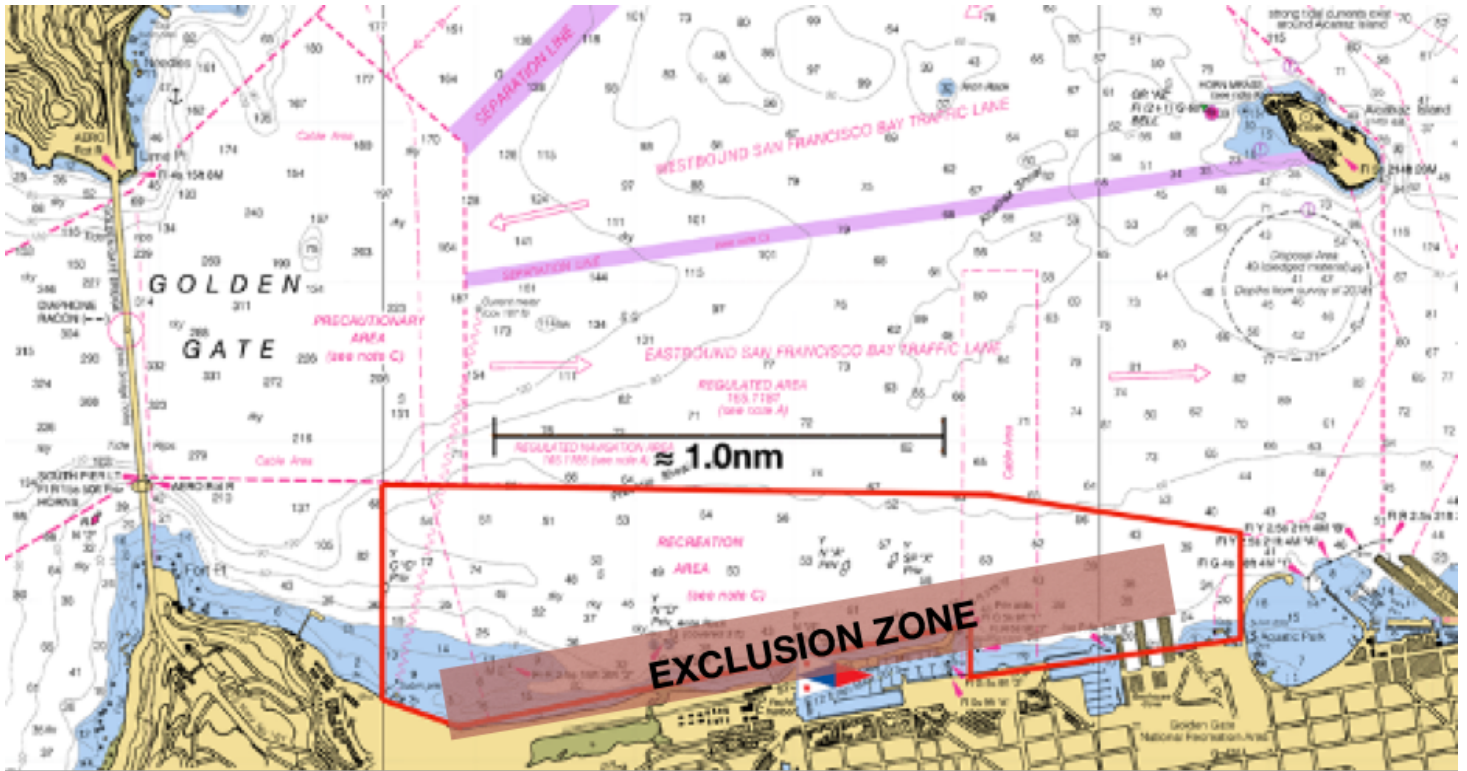
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ATTACHMENT C – SUPPORT BOAT EXCLUSION ZONE



STAY OUT OF SOUTH SIDE OF RACE COURSE