

# REDEMPITIVE RE-ENTRY INVENTORY

With social distancing restrictions beginning to loosen in some areas, now is a great time to proactively consider what you hope to hang on to from this slowed-down time. While re-entry will look different for each family, these prompts were designed to guide your decision-making toward parenting with intentionality.

## CONSIDER

- 1. What are some benefits you and your family have experienced as a result of a forced, slower pace of life?*
- 2. What things worked well for your family during this time of social distancing (overall routine, meal planning, family time, exercise, spiritual disciplines, etc.)?*
- 3. Where have you seen your family flourish during this time? What are some ways you have seen each child in your family flourish?*
- 4. What do you think has contributed to their flourishing?*
- 5. What has been especially challenging for you, your family, and/or each individual child during this time of social distancing?*
- 6. What do you think has made these things challenging?*
- 7. What would you consider your top family values?*

## CHOOSE

- 1. Are there routines, rhythms, or other things you would like to maintain moving forward?*
- 2. If so, how will you maintain these things? What kind of support will you need?*
- 3. Are there activities and commitments you now want to choose NOT to do after experiencing a slower pace? If so, what?*
- 4. What would hold you back from making these changes?*
- 5. How will you make these changes?*
- 6. Are there adjustments you would like to make for individual children in your family? If so, what are they and how will you make them?*
- 7. What do you see as the potential impact of these choices (weeks, months, years from now)? What do you see as the potential loss or cost of not making these choices?*

## CHECK

*Do your choices align with your family values? If not, where is the discrepancy?*

*Ask God to show you if there are areas that need further tweaking, and to give you the courage to CHOOSE WELL for YOUR family.*

