

Heart rate

Apple Watch

Fitbit

*use
speed*

✓ Wearable

X

Basic information

Height

Weight

Age

NEXT

→ Average
Heart
Rate

Goal

Lose weight

Get toned

Build endurance

Run more often

icons?

picture?

identity:

Priority information?

Music library

Apple Music

Spotify

Other Apps

OUTDOOR RUN

Temp. windchill?

*Twice in a row
→ all the time*

MAP
TIME 30 min

HEART RATE 150

CALORIES 300

MUSIC

VOICE

START

PROGRESS

WORKOUT

SETTINGS

INDOOR RUN

Tread / treadmill

SPEED 7.0

TIME 30 min

HEART RATE 150

CALORIES 300

MUSIC

VOICE

START

PROGRESS

WORKOUT

SETTINGS

OUTDOOR RUN

MAP

TIME 30 min

HEART RATE 150

CALORIES 300

MUSIC

VOICE

START

PROGRESS

WORKOUT

SETTINGS

INDOOR RUN

SPEED 7.0

TIME 30 min

HEART RATE 150

CALORIES 300

MUSIC

VOICE

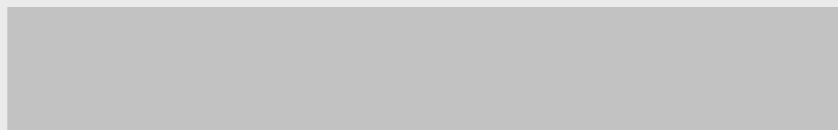
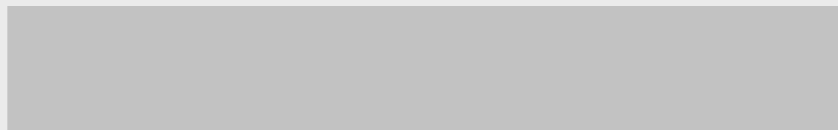
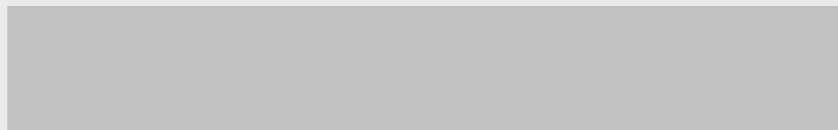
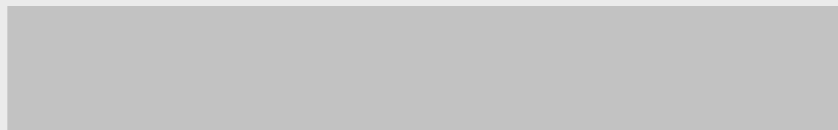
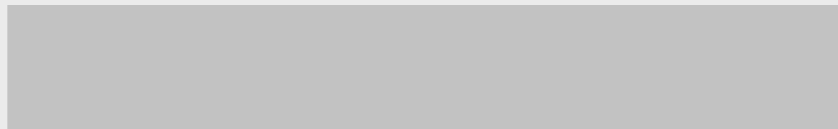
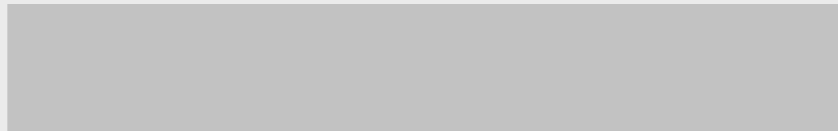
START

PROGRESS

WORKOUT

SETTINGS

PLAYLIST ALBUM SONG



SAVE

145

20:49

MAP

MUSIC

VOICE

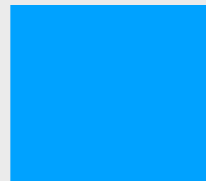
FRIEND

PAUSE

Attention
Charlie Puth

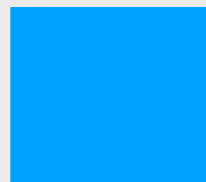
Skip

VISUALIZATION



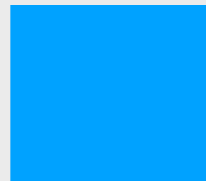
Date

Duration, heart rate



Date

Duration, heart rate



Date

Duration, heart rate

PROGRESS

WORKOUT

PROFILE

MAP

Date

Duration, heart rate

Playlist

Run again

**START
RUNNING**

INDOORS

OUTDOORS

**START
RUNNING**

INDOORS

OUTDOORS

Attention
Charlie Puth

SKIP SONG

145

20:49

TOO HARD

TOO EASY

PAUSE

STOP