



## Miracles in Personal Coaching ©

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### DAY 90 – I AM AS GOD CREATED ME

#### Key Topics:

- I need a copy of that book!
- You can learn through joy or pain
- You have a Guide that will assist at your slightest invitation
- Accepting God’s Plan – the only plan that will work
- When he is ready to go on, he goes with mighty companions beside him
- The journey begins when you desire to move beyond pain
- The world will end in joy
- The promise
- And now we say Amen

#### **I need a copy of that book!**

I remember asking my friend, Terry, “How do you know how to pray like that?” He always seemed to have the perfect words to lift me up and out of my struggles. He would shrug his shoulders and say, “Oh, I am just using words from this book I’ve been reading called A Course in Miracles. At that time, I knew one thing for sure – I needed a copy of that book! Little did I know that when Terry gifted me my first copy of A Course in Miracles, it was going to single-handedly change my life for the better. I also had no idea that Terry would ultimately become my husband, best friend, and spiritual partner for life. God’s Plan for my happiness was already in full swing because I had asked for help, and if I would have let things unfold without my interference, I might have saved myself a lot of time.

#### **You can learn through joy or pain**

Looking backward is much easier than looking forward because you already know how the story unfolds. Imagine being able to know, without doubt, that God deeply loves you and everything that is about to happen you is going to steer you back into the peace, happiness, and abundance that God has willed for you since the beginning. If you truly knew this, would you be willing to relax and enjoy the journey? A Course in Miracles teaches that you can learn through joy or pain at your own election. Unfortunately for me, I chose the route of pain, yet being that you are learning from my bumps, bruises, and short-cuts along the way, my desire for you is that you take the route of joy. It is already carved out for you and your part is to proceed full-steam ahead without a care of any kind. Are you up to the challenge?

### **You have a Guide that will assist at your slightest invitation**

There were times when I felt like I was cutting a trail through the jungle with a machete, not really knowing where I was headed, yet certain I could not stay where I was. I could feel God gently calling to me and all I knew to do was head towards His Voice and away from the misery I was leaving behind. Then one day, I learned I had very capable Trail Guide that was eager to assist me at my slightest invitation. You can imagine my feeling of relief.

### **Accepting God's Plan – the only plan that will work**

While on the journey, I had good days and bad days, glorious days and terrifying days. The terror came from thinking that I was in danger and on my own, and the glory came from finally accepting my True Self and God's Plan for my happiness, without resistance. Day by day, I learned to trust my Guide, until one day, I finally abandoned my own plan for good. No one can tell you when that day will arrive for you, yet it will happen with your daily spiritual practice. I had to learn that there is no need for machetes because there is no jungle, and I was only seeing a jungle because I believed I could be in one. As my mind was healed with the help of my Guide, I watched in awe as all forms of danger, challenge, lack, and conflict disappeared from my life. Somewhere along the way, the jungle I once knew had transformed into a life of consistent joy, happiness, abundance, and peace.

### **When he is ready to go on, he goes with mighty companions beside him**

Another amazing benefit is the increasing flow of light-filled, loving and mighty companions that have continued to grace my life. In the Teachers' Manual, it says, "Yet when he is ready to go on, he goes with mighty companions beside him. Now he rests a while, and gathers them before going on. He will not go on from here alone." ACIM TM 4.I.A.6.11-13 It appears from this quote that there is more to the journey, only now the path is clear and I have only joyful anticipation.

### **The journey begins when you desire to move beyond pain**

The journey to awakening is rich with powerful shifts, healing, and miracles that motivate you to keep going. Once your desire to move beyond pain is greater than your willingness to stay in it, you will step onto the bridge of consciousness and there is no turning back – thankfully so! As you cross the bridge of consciousness, the memory of God, being Pure Love, returns to your mind and the experience of peace will emerge naturally from within, until everything in your life is enveloped in joy and peace. It is almost like watching your life turn from a black and white movie into full color, right before your eyes!

### **The world will end in joy**

The Course teaches that the world will end in joy and laughter because it is a place of sorrow and tears, and when joy has come, the purpose of the world will be gone. Only complete forgiveness will bring this blessing to the world with the help of God's teachers, for what they teach are lessons in which Heaven is reflected. Remember that you can do anything God would have you do because your Inner Guide will accomplish it for you.

In the Teachers' Manual, it says, "The world will end in joy, because it is a place of sorrow. When joy has come, the purpose of the world has gone. The world will end in peace, because it is a place of war. When peace has come, what is the purpose of the world? The world will end in laughter, because it is a place of tears. Where there is laughter, who can longer weep? And only complete forgiveness brings all this to bless the world. In blessing it departs, for it will not end as it began. To turn hell into Heaven is the function of God's teachers, for what they teach are lessons in which Heaven is reflected. And now sit down in true humility, and realize that all God would have you do you can do." ACIM TM-14.5

Here are a few gentle reminders as we continue this path together towards a life without a trace of sorrow, and with happiness that only increases over time:

- Claim your True Identity as the Holy Child of God
- Only God's Plan works – Yours doesn't
- A healed mind does not plan
- Ask for the Holy Spirit to guide every decision
- There is no order of difficulty in miracles
- Forgive everyone for everything – no exceptions
- You are always looking at the effect of your past thoughts
- Be willing to see everything differently
- Refrain from judgment at all times
- Be willing to see the Light of Christ in everyone
- The only goal worthy of you is the "goal of peace"
- Ask for the Vision of Christ to do your seeing for you
- You are not bound to the voice of the ego
- No one can fail who seeks to reach the truth
- God is your strength in every situation
- In giving, you receive
- Your Inner Guide cannot fail
- Only the truth is true
- Only love is real

I thank you for joining me on this journey back to peace. We walk together, forever united as Mighty Companions, and it has been my great pleasure to walk with you on this path. You have reliable tools and a Guide Who cannot and will not fail you. With your willingness and desire to follow only His Voice, the rest of the path will be cleared of every obstacle and each step you take will lead directly to your greater happiness.

### **The promise**

"Once you accept His plan as the one function that you would fulfill, there will be nothing else the Holy Spirit will not arrange for you without your effort. He will go before you making

straight your path, and leaving in your way no stones to trip on, and no obstacles to bar your way. Nothing you need will be denied you. Not one seeming difficulty but will melt away before you reach it. You need take thought for nothing, careless of everything except the only purpose that you would fulfill. As that was given you, so will its fulfillment be. God's guarantee will hold against all obstacles, for it rests on certainty and not contingency. It rests on you. And what can be more certain than a Son of God?" ACIM Ch.20.IV.8.4-12

**And now we say Amen**

"And now we say 'Amen.' For Christ has come to dwell in the abode You set for Him before time was, in calm eternity. The journey closes, ending at the place where it began. No trace of it remains. Not one illusion is accorded faith, and not one spot of darkness still remains to hide the face of Christ from anyone. Thy Will is done, complete and perfectly, and all creation recognizes You, and knows You as the only Source it has. Clear in Your likeness does the light shine forth from everything that lives and moves in You. For we have reached where all of us are one, and we are home, where You would have us be." ACIM Ch.31.VIII.12