



Personal Online Coaching ©

DAY 8 – Preparing for a Great Outcome

Key Topics:

- You do not know what will make you happy
- Will God give me what I want?
- Fear causes delay
- The Double-Decker Bus
- Avoid the temptation to think you know best
- Listening and deciding are two different things
- Your function, according to God's Will
- The Secrets to a Great Outcome

You do not know what will make you happy

In A Course in Miracles it says, "In no situation that arises do you realize the outcome that would make you happy. Therefore, you have no guide to appropriate action, and no way of judging the result. What you do is determined by your perception of the situation, and that perception is wrong. It is inevitable, then, that you will not serve your own best interests."

ACIM Lesson 24.1

Did you notice in the above quote, that it says "**in no situation**" do you realize the outcome that would make you happy. This actually makes things easier for you. The next time someone asks you, "What are you going to do about this?" you can say, "I don't know. It's not up to me." They might look at you like you've lost your mind, but it is by far the most rational, sane answer you can give. Sometimes, I follow my reply with, "My Teacher of Peace assures me that everything will be taken care of" (followed by a big smile, of course).

The Course teaches that the scariest words to the ego are, "I do not know." The ego always thinks it knows and decides on, or judges the situation, based on its limited opinion of what it thinks it needs. The Course reminds you that in every case, the ego will be wrong.

Will God give me what I want?

Some people feel that by turning every decision over to God, they will become "a puppet" (of sorts), or they will lose themselves, or they will not get what they want. This couldn't be further from the truth. The power and wisdom of God is within you, and your Creator loves you unconditionally. **God's will is your will and your will is God's will.** You are not going outside of yourself for answers. There is no little white-haired man in the sky. You are learning to turn

inward and connect with the highest and wisest part of your One Self. For a while, it may feel like you are communicating with something outside or apart from you. This is because you are still holding onto the false idea that you are separate from God, and you haven't communicated with this part of yourself in a while.

Once you tap into a continuous loving dialogue with this higher part of yourself, you will no longer hear another voice because there is no other voice. There only appears to be another voice while you accept the idea of separation, and your true identity is being denied.

Fear causes delay

You will find that the things you want that are joyful and happy to you will come to you naturally and easily, while those things (where you have invested a lot of fear) will tend to be complicated or delayed. **Fear causes delay.** This is an important concept to remember. Joy will always bring things to you more quickly than worry or fear.

The Double-Decker Bus

You might think of yourself as riding in a double-decker bus. You are the driver on the lower level and your Teacher of Peace is sitting in the upper level. Your Teacher of Peace can see a lot further down the road than you can, and can also guide you around any obstacles coming up. Doesn't it make sense that you would consult with Him continuously, out of love for yourself and everyone on your bus? It is His Function to make sure you are happy and blessed at all times. In the Course it says, "Reality is safe and sure, and wholly kind to everyone and everything. There is no greater love than to accept this and be glad. For love asks only that you be happy, and will give you everything that makes for happiness." ACIM Ch.16.II.8.6-8

Avoid the temptation to think you know best

It is easy to fall into the temptation of thinking you know best and then launch back into decision making on your own. This is a trap set by your ego. The Course reminds you that you will be wrong. There is no way that you can know everything you need to know to make the best decision for everyone involved, yet there is a part of your One Mind that does know. It is always in your best interest, and everyone else's, to consult with your Teacher of Peace frequently.

Listening and deciding are two different things

Remember that listening and deciding are two different things. As an example, if you decide to go to the grocery store, it is a much different experience than having someone ask you to go. While you are listening to the Voice of Holy Spirit, you will feel that same kind of difference. An idea or thought might be given you while you're in the shower, talking on the phone, blow-drying your hair, etc. The information will just drop in on you unexpectedly, almost like a download of information. It is helpful to watch for and expect the unexpected.

Your function, according to God's Will

You might be pleasantly surprised to find out that your function, according to God's Will, is to be HAPPY! When you are not happy, you are not fulfilling the function God gave you. This is always because you have decided against yourself and you are feeling the effects of your own decision. All of this will be undone, corrected, and resolved by your Teacher of Peace, with your invitation, so you can get back to the happy, joy-filled, and abundant life that is your right as the Holy Child of God.

In ACIM Lesson 64, it says, "Only by fulfilling the function given you by God will you be happy. That is because **your function is to be happy** by using the means by which happiness becomes inevitable. There is no other way. Therefore, every time you choose whether or not to fulfill your function, you are really choosing whether or not to be happy." ACIM Lesson 64.4

Take a moment to practice this quick exercise from:

ACIM Lesson 100 - "My part is essential to God's plan for salvation":

"We will prepare ourselves for this today, in our five-minute practice periods, by feeling happiness arise in us according to our Father's Will and ours. Begin the exercises with the thought today's idea contains. Then realize your part is to be happy. Only this is asked of you or anyone who wants to take his place among God's messengers."

The Secrets to a Great Outcome

- Turn all decision making over to your Teacher of Peace
- Trust your Teacher of Peace to know what's best for you
- Be happy
- Do happy things
- Think happy thoughts
- Expect a happy outcome
- Listen without agenda
- Be excited and patient

Repeat, as necessary.

P.S. If you are not feeling happy now, it will come. Choose to be happy, and ask your Teacher of Peace to help you with this while you practice every day.