

## EFT Card on Earthquakes, Storms, Tsunamis, Tornadoes, Droughts, etc.

### Setup Phrase:

*Tap over the heart or on the side of your left hand, while saying the following three statements (edit words as needed):*

Even though, I am very concerned about \_\_\_\_\_ & the damage they cause... I choose peace instead of this.  
Even though, I feel nervous and afraid when I think about \_\_\_\_\_... I place my future in the Hands of God.  
Even though, I have this fear about \_\_\_\_\_ & this is shared by many people... We are under no laws but God's.

### Tapping Points:

**Top of Head:** I release all the fear... all concerns... & all feelings of anxiety... I choose peace instead of this.  
**Eyebrows:** I make a reservation for peace for myself & everyone... at all times... and in every situation.  
**Side of Eye:** I have no interest in loss, pain, damage, or destruction... My goal is peace in every way.  
**Under the Eye:** Illusions have no effects of their own... I will not elect them... and I will not assign them.  
**Under the Nose:** I place our future in the Hands of God... where there is nothing to fear... & peace is assured.  
**On the Chin:** I accept God's Plan for happiness for my community & the world... We are safe & secure.  
**Collarbone:** I am willing to trust... that God's Plan includes us... and peace is certain... Thy Will be done.  
**Over the Heart:** I release all the fear... and all feelings of anxiety... the future is safe & in His capable Hands.  
**Center of Chest:** I withdraw my faith in illusions, damage, & destruction... and I place my faith in God.  
**Side of the Hand:** I stand in the Light & Truth... of all that I am... where I and my loved ones are safe & secure.  
**Inside the Knees:** Thank You, God... that illusions cannot harm, alter, or threaten us... Only the truth is true.  
**Center of Chest:** In the Light of Truth... there is no darkness... and none can ever enter... Only love is real.  
**Over the Heart:** What God did not create is not real... What is not real has no power... What has no power is not to be feared... I am the Holy Child of God, Himself... His Child can suffer nothing & I am His Child.

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