



Personal Online Coaching ©

DAY 7 – Accepting God’s Plan

Key Topics:

- God’s Will for you is perfect happiness
- Accepting God’s Plan for your happiness
- What does Accepting God’s Plan look like?
- What if I forget to ask for God’s Plan?
- God is not “holding out” on you

God’s Will for you is perfect happiness

In ACIM Lesson 100, it says, “God's Will for you is perfect happiness. Why should you choose to go against His Will? ... Your joy must be complete to let His plan be understood by those to whom He sends you. They will see their function in your shining face, and hear God calling to them in your happy laugh. You are indeed essential to God's plan. Without your joy, His joy is incomplete. Without your smile, the world cannot be saved. While you are sad, the light that God Himself appointed as the means to save the world is dim and lusterless, and no one laughs because all laughter can but echo yours. You are indeed essential to God's plan. Just as your light increases every light that shines in Heaven, so your joy on earth calls to all minds to let their sorrows go, and take their place beside you in God's plan. God's messengers are joyous, and their joy heals sorrow and despair. They are the proof that God wills perfect happiness for all who will accept their Father's gifts as theirs.”

Perhaps you already know that God’s Plan is the only plan that will work, or maybe this is new to you. Either way, it is something to practice quickly if you would like to avoid more pain, lack, disappointment, misery, loss, and/or suffering.

You may not feel like God has blessed you with the happiness that He has promised you. This is because you have forgotten who you are. You are the Holy Child of God, Himself; free of all limits, safe, healed, whole, and entitled to happiness. As you reclaim your true identity, then all that has been given you will be remembered. You have accepted a false image of yourself in the place of your true identity and this misperception needs to be healed. The healing process is not as hard as it may seem because it is an “undoing of what never was”. Just think of it this way. It can take 6-12 months to build a house, but with the right equipment, you could knock a whole house down in just a few minutes of time.

You are on a journey back to peace, happiness, health, and abundance and you will ultimately remember and receive all that is rightfully yours, as the Holy Child of God. Your Divine Inheritance is waiting for you and will be experienced as you let go of the false image of yourself that you have made, with the help and guidance of the Holy Spirit.

Accepting God's Plan for your happiness

Accepting God's Plan for your happiness is the direct route to the healing of your mind and the quickest way out of the pain, lack, loss, and misery. Without resistance, all that is rightfully yours can be restored to your mind with ease. In the Course, it says, "Love waits on welcome, not on time" and "The Holy Spirit will respond fully to your slightest invitation".

What does accepting God's Plan look like?

Anytime you would like to know God's Plan for your happiness, you can ask these specific questions that I mentioned before, "What would You have me do? Where would You have me go? What would You have me say, and to whom?" The Course adds further, "He will answer in proportion to your willingness to hear His Voice." Sometimes it can be confusing as to whether you are listening to God's Plan or whether you are acting according to your own plan.

Here's an example:

Let's say that you've been called to audition for a work assignment. You really have no idea if this assignment will lead you towards peace or away from it. As soon as you learn of the audition, turn to Holy Spirit and ask if this audition and assignment are in your best interest. Then, be patient and give yourself time to receive the answer. You will know you have received the answer based on how you feel. If you feel peaceful and calm (when you think about the audition) then it is likely to be a good step for you. Follow the peace and it will always lead you to greater peace. If it is not peaceful for you, then you might want to reconsider going to the audition. If you are unclear, then ask again, and wait for a peaceful nudge, one way or the other. If you do feel guided to go, then ask the questions above to get specific direction and guidance from your Teacher of Peace on how to proceed.

What if I forget to ask for God's Plan?

You will recognize when you have forgotten to ask for God's Plan because things will get off track, or become complicated, frustrating, or delayed. The moment you realize that you are following your own plan, and you are not following God's Plan, pause and turn everything over to your Guide. Start from scratch again. Reset your goal of peace and ask the above questions to get specific guidance on how to proceed.

God is not "holding out" on you

Many people think that God is holding out on them, testing them, or seeing how much of a burden they can handle; almost like a test of strength. In A Course in Miracles, it says that God

loves you completely and has given you everything already. The only reason you are not seeing and experiencing all of your heavenly gifts right now is because you are blocking the truth from your mind; almost like covering your eyes and thinking the lights went out. The lights did not go out and God is not holding out on you. God is pure love and His Will is that you have everything. Accepting God's Plan for your happiness in every situation, in the place of your own plan, is the most direct route to remembering your true identity, and the quickest possible way to claim your Divine Inheritance and receive all that God has already given.

You are a very rich and loved child from a very rich and loving family. It is helpful to start acting like it, thinking like it, and feeling the peace of how deeply loved you are. The Course reminds you that God cannot give you what you are unwilling to have. In your mind, you must accept that the truth is true before your illusion can be undone. Your part is to invite Holy Spirit to heal your mind. The Holy Spirit is the One to accomplish the healing on your behalf. God's Will is that you are happy and that you have everything. This is one everlasting, unbeatable team!