



Miracles in Personal Coaching ©

DAY 51 – Father & Mother Healing

Key Topics:

- Father, Mother, God
- Your parents represent your “external picture” of God
- The way you see your parents can limit your awareness of God
- We experience the Love of God as both masculine and feminine
- Seeing my father as frail and unresponsive was blocking my abundance
- Exercise for Father Healing
- Ideal Opposites™
- Opening the portal to prosperity

Father, Mother, God

There was a time several years ago, when I was taking a shower and I literally heard the words, “Father, Mother, God” while in the shower. I didn’t think too much about it at first, and then the words repeated, “Father, Mother, God”. Then, the words were followed by, “Don’t you wonder why the words are Father, Mother, God?” My response was “no”. As a child, I had been raised with a prayer that said, “Father, Mother, God, loving me. Guard me while I sleep. Guide my little feet. Up to Thee. Amen.” I had learned to think of God as a loving parent, without reference to gender. A moment later, I was given somewhat of a download of information by Higher Consciousness and I would like to share with you what I learned. You can weigh it in your own heart and see if it feels peaceful for you. For me, the information was very useful and it ended up leading me to some powerful stages of healing in my life.

Your parents represent your “external picture” of God

In the download of information I received, I was told that our physical birth parents represent our consciousness about God. For instance, when I was born, if I had a very loving father, then it would mean that my thoughts about the masculine aspects of God were that He was very loving. If I had an unloving mother, then it would mean that my consciousness about the feminine aspects of God was that God was unloving and uncaring, and so on. If I was abandoned at birth, then it would mean that my consciousness about God, was that God had abandoned me or left me behind. This is not a judgment about anyone. It simply means that our parents represent the “outside picture” of our thoughts about what God is or must be. These thoughts are wrong, of course, yet our relationships with our birth parents can tell us a lot about what our consciousness is about God and show us the areas that need healing. It is almost as if the way you see your parents is the portal (either wide or narrow) to your view of God. The smaller you see them – then, the smaller the portal is to your awareness of God.

The way you see your parents can limit your awareness of God

The voice in the shower (which I had never heard before) asked me, “What are your thoughts about your mom?” I paused for a moment, and I said, “Well, she is pretty great! She taught me all about God as a child and she loves me very much. She has always been very loving and nurturing. She has her own issues to deal with, like we all do, but she has really been a very divine mother. The voice then said, “How about your father?” I paused and found myself making excuses for him. I knew that my father loved me, yet he had been sick with emphysema and in bed for several months. I realized that I had been seeing him as sick, frail, unresponsive, and vulnerable. The voice then helped me to see that the way I was seeing my father was limiting my awareness of God and reducing the blessings I was able to receive.

We experience the Love of God as both masculine and feminine

The voice went on to say that God is not male or female, yet we categorize our experience of His Love in masculine and feminine aspects. The masculine aspects of God, as we experience them, are that He is strong, providing, enduring, protective, and task-completing. The feminine aspects of God, as we experience them, are that She is loving, kind, nurturing, wise, and compassionate. Our parents (in the physical) are the effects of our consciousness about God, and they are the portals we use to represent the feminine and masculine aspects of God, almost like the aperture on a camera. The smaller we see our parents, then the smaller the aperture is on the camera, blocking our view of the light beyond.

Seeing my father as frail and unresponsive was blocking my abundance

I was stunned by what I was hearing and still comprehending what it meant. The voice reminded me that because I had been seeing my father as frail, unresponsive, and vulnerable, that I was limiting my receiving of God’s abundance and resources. I had narrowed my portal to God (on my end of the portal, so to speak) with my limiting thoughts about my father. In order to open the portal to my receiving, I needed to see the truth of him in the place of the limitations I had been seeing.

Exercise for Father Healing

I was beginning to understand the significance of the message and asked what I could do about it. The answer was that I needed to sit down and focus on seeing my father as the truth of who he is, instead of relying on my limiting thoughts and images I was seeing with my eyes, and I did exactly that. I sat down in the shower and slowly repeated the following statements several times. I included my physical father and my Heavenly Father as one Fatherly presence for this exercise:

1. I know my Father is strong, capable, wealthy, and all-providing.
 2. I know my Father is responsive, loving, and takes care of my every need.
 3. I know my Father is healthy, powerful, resilient, and loves me completely.
 4. I know my Father is interested in what I do, helpful, attentive, and always blesses me.
- and so on.

Ideal Opposites™

I took my former limiting thoughts and flipped them around into what I call “Ideal Opposites™”. Ideal Opposites™ are those statements that represent the highest form of the opposite of my limiting beliefs. Those are the statements that I used in my affirmations and the attributes that I tried to imagine in my father (regardless of his actions, behavior, or appearance).

My feelings about my father seemed to shift during the exercise and my love for him grew even deeper. By letting go of my limiting thoughts about him, this was clearing something inside of me. After finishing the father exercise, I did the same exercise for my mother with statements like:

1. I know my mother is wise, stable, grounded, and loving towards me.
 2. I know my mother is competent, capable, and strong in her capacity to take care of herself.
 3. I know my mother is sharp, clear, wise, and balanced.
- and so on.

Opening the portal to prosperity

By the end of the healing exercises (for both parents) I felt a deep sense of peace and a desire to give them a call. It was about 8:15 A.M. and to my surprise, my father answered the phone. He had been in bed for several months, so it was a great surprise to hear him pick up the phone. His voice was crisp and sharp as he said, “Hello”. I said, “Dad, You are up?” and he said, “Yeah, I’ve been up for a while. Your mother and I were just talking about you. She said you are starting a center and we want to help. We want to send you a \$500 contribution.” I almost fell out of my chair. My parents were on social security, so \$500 was a lofty contribution for them, plus I didn’t realize they knew anything about what I was doing. I was amazed that my father had just shown up as interested, providing, responsive, loving, strong, clear, present, and almost every other word I had just dedicated on his behalf. Apparently, my prosperity portal had opened with a BANG.

Later that week, my husband landed his first large telecom client (more prosperity) and it seemed that all of my masculine relationships (including the ones with my sons) had blossomed to new levels of strength, provisioning, responsiveness, and support. In my willingness to see my father as whole, in the place of the former “limiting story” I had about him, all of my masculine relationships were healing in front of my eyes. I already had many blessed female relationships, so the improvement on the feminine side wasn’t as dramatic, however, my mother did subsequently show up in a much stronger and more balanced way.

For those of you who are struggling with prosperity (i.e., the masculine aspect of God) or love and compassion in your relationships (i.e., the feminine aspects of God), you might want to take a look at how you are “seeing your parents”, and then be willing to see the truth instead. It is not up to you to heal your mind. It is up to you to have no fearful, limiting, or judgmental thoughts that you would keep, and then your Teacher of Peace will take care of the rest.