



Physical Healing

Quotes from A Course in Miracles

Healing is accomplished the instant the sufferer
no longer sees any value in the pain.
ACIM TM.5.I.1

Healing must occur in exact proportion to which the valueless-ness of sickness is recognized.
One need but say, "There is no gain at all to me in this" and he is healed.
ACIM TM.5.II.1.1

Healing will always stand aside when it would be seen as threat.
The instant it is welcome it is there.
ACIM TM.6.2.1

Sickness is anger taken out upon the body, so that it will suffer pain.
ACIM T.28.VI.5.1

You are not really capable of being tired, but you are very capable of wearying yourself.
The strain of constant judgment is virtually intolerable.
It is curious that an ability so debilitating would be so deeply cherished.
ACIM T.3.VI.5.5

There is no form of sickness that would not be cured at once.
What is the single requisite for this shift in perception?
It is simply this; the recognition that sickness is of the mind,
and has nothing to do with the body.
What does this recognition "cost"?
It costs the whole world you see,
for the world will never again appear to rule the mind.
ACIM TM.5.II.2.13

The ego has a profound investment in sickness.
If you are sick, how can you object to the ego's firm belief that you are not invulnerable?
ACIM T.8.VIII.3.2

Health is the result of relinquishing all attempts to use the body lovelessly.
ACIM T.8.VIII.9.8

If you will accept yourself as God created you, you will be incapable of suffering.
Yet to do this you must acknowledge Him as your Creator.
This is not because you will be punished otherwise.
It is merely because your acknowledgment of your Father
is the acknowledgment of yourself as you are.
ACIM T.10.V.9.5

The only thing that is required for a healing is a lack of fear.
The fearful are not healed, and cannot heal.
This does not mean the conflict must be gone forever from your mind to heal.
For if it were, there would be no need for healing then.
But it does mean, if only for an instant, you love without attack.
An instant is sufficient.
Miracles wait not on time.
ACIM T.27.V.2.8

For sickness is an election; a decision.
It is the choice of weakness, in the mistaken conviction that it is strength.
When this occurs, real strength is seen as threat and health as danger.
ACIM TM.5.I.1.4

The world does nothing to him. He only thought it did.
Nor does he do anything to the world, because he was mistaken about what it is.
Herein is the release from guilt and sickness both, for they are one.
Yet to accept this release, the insignificance of the body must be an acceptable idea.
With this idea is pain forever gone.
ACIM TM.5.II.3.8

.... patients do not realize they have chosen sickness.
On the contrary, they believe that sickness has chosen them.
Nor are they open-minded on this point.
The body tells them what to do and they obey.
They have no idea how insane this concept is.
If they even suspected it, they would be healed.
Yet they suspect nothing.
To them the separation is quite real.
ACIM TM.5.III.1.6

Healing is always certain.
It is impossible to let illusions be brought to truth and keep the illusions.
ACIM TM.6.1.1

The final outcome of this lesson is the remembrance of God.
What do guilt and sickness, pain, disaster and all suffering mean now?
Having no purpose, they are gone.
And with them go all the effects they seemed to cause.
Cause and effect but replicate creation.
Seen in their proper perspective, without distortion and without fear,
they re-establish Heaven.
ACIM TM.5.II.4.6