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DAY 13 – Releasing Guilt about Money

Key Topics:

- It's time to wake up
- Guilt is one of ego's greatest deceptions
- Replacing guilt with love
- Giving up guilt is a choice
- The past will disappear, if you will let it
- God's Son is not guilty
- A projection of what you believe to be true
- I forgive you

It's time to wake up

"Little did the Child of God know, that all he was asking for was what had already been given to him. In order for him to claim it, all he has to do is give up the false idea that he is separated from God; guilty and unworthy. In other words, it is time for him to wake up." Robin Duncan

Guilt is one of ego's greatest deceptions

Most people are taught from an early age, that some form of guilt is good and healthy, because it will help you to make better choices (so says the ego). In fact, if you do something wrong and you do not show your guilt, then you might be judged for not being loving, caring or compassionate.

Replacing guilt with love

The Course teaches that guilt is not useful for any purpose. It hides the light and truth of all that you are from yourself. Some might say, "Well, you need to have guilt so that people won't rob banks, or hurt one another." In the presence of love, people wouldn't rob banks or hurt one another simply out of love. In the awareness of love and oneness, it would be understood that you shouldn't hurt other people because you would be hurting yourself. If you replace guilt with love, then everything will work out fine.

Giving up guilt is a choice

As much as I read in the Course about "not being guilty" and how I should "let go" of the guilt I was carrying, I still found it hard to do. Then, one day, it dawned on me that I was traveling the road of a useless journey, and if I retained my guilt, I would essentially be "useless to God". That did it for me. Above all else, I wanted to be an instrument of God's Love, and if holding onto my guilt was blocking me from that goal, then the guilt had to go. It was like a shift happened inside my mind, and my interest in remaining guilty and deserving of punishment simply vanished.

The Course says, “The journey the Son of God has set himself is useless indeed, but the journey on which his Father sets him is one of release and joy. The Father is not cruel, and His Son cannot hurt himself. The retaliation that he fears and that he sees will never touch him, for although he believes in it the Holy Spirit knows it is not true. The Holy Spirit stands at the end of time, where you must be because He is with you. He has already undone everything unworthy of the Son of God, for such was His mission, given Him by God. And what God gives has always been.” ACIM Ch.13.I.4

The past will disappear, if you will let it

You are not your past. Even the scientists agree, that time is a made-up concept. Your ego’s function is to do whatever it can to make sure that you carry the past with you through guilt, so that you will never focus on the present. The present moment is the place where your healing and freedom are accomplished. If your ego cannot keep you focused on the past, then it will switch its emphasis to the future, and offer you something to worry about there. This entire game of deception, toggling from past to future, is to keep you from tuning into the present, where God is, and your true identity and Divine Inheritance is known. The Holy Spirit’s function is to help you to focus only on the present, so you will claim and experience your oneness with God’s eternal love, and all the happiness that is your birthright.

The Course says, “As you look upon yourself and judge what you do honestly, you may be tempted to wonder how you can be guiltless. Yet consider this: You are not guiltless in time, but in eternity. You have “sinned” in the past, but there is no past. Always has no direction. Time seems to go in one direction, but **when you reach its end it will roll up like a long carpet spread along the past behind you, and will disappear**. As long as you believe the Son of God is guilty you will walk along this carpet, believing that it leads to death. And the journey will seem long and cruel and senseless, for so it is.” ACIM Ch.13.I.3

“You will see me as you learn the Son of God is guiltless. He has always sought his guiltlessness, and he has found it. For everyone is seeking to escape from the prison he has made, and the way to find release is not denied him. Being in him, he has found it. When he finds it is only a matter of time, and time is but an illusion. For the Son of God is guiltless now, and the brightness of his purity shines untouched forever in God's Mind. God's Son will always be as he was created. Deny your world and judge him not, for his eternal guiltlessness is in the Mind of his Father, and protects him forever.” ACIM Ch.13.I.5

God’s Son is not guilty

You might feel that you have done things in this life that are unforgivable, or you might think that someone else has (which is the same thing). Remember that you are not looking at the truth. **Your eyes are reporting to you what you believe**. If you see a crime committed, it is because you have a belief in separation and crime. If you see someone act with rage, it is because you have a belief in separation and rage. If you feel you failed another person, it is because you have a belief in separation and a belief in your own inadequacy to succeed or love another person. Once your mind is healed of all misperceptions, as accomplished by the Holy Spirit with your invitation, the world you see will reflect only the light and beauty and abundance of all that you are.

A projection of what you believe to be true

You are looking at a projection of what you believe to be true in the place of truth. Once you are committed to seeing only the truth, it will be shown to you. You are always at choice.

The Course says, "This world is a picture of the crucifixion of God's Son. And until you realize that God's Son cannot be crucified, this is the world you will see. Yet you will not realize this until you accept the eternal fact that God's Son is not guilty. He deserves only love because he has given only love. He cannot be condemned because he has never condemned. The Atonement is the final lesson he need learn, for it teaches him that, never having sinned, he has no need of salvation." ACIM Ch.13.in.4

I forgive you

Today, I ask if you will honestly consider forgiving yourself and release any guilt you are still holding on to. If it will help, I want you to know that I deeply and honestly forgive you, no matter what you have done, whom you have failed, how disappointed you are in yourself, or what you think you may have done that is unforgiveable. I forgive you and I love you, and if I ever see you in person, I will be happy to say this right into your eyes. I want you to have the happy and abundant life that God intended for you to have. It is yours if you will let yourself have it. The only one that can deprive you of anything is yourself. Other people in your life will not show up in forgiveness until you forgive yourself. Once you forgive yourself, they will mirror your forgiveness back to you.

Let this be the day that you lay down the burden of any guilt you have placed upon yourself. There is nothing you have ever done that has altered the truth of another Holy Child of God. There is nothing any other person has done that has altered you, as the Holy Child of God. You are still as God created you; eternal spirit, pure light, love, and innocence. In the presence of light, there is no darkness. In the light of love, there is nothing to fear. You are the precious Holy Child of God, and no guilt has ever touched you. In the light and innocence of all that you are, your Divine Inheritance is already yours.