

EFT Card on Manifesting Your Heart's Desire

Setup Phrase:

Tap over the heart or on the side of your left hand, while saying the following three statements (edit words as needed):

I am aware... of certain things... I'd like to see happen... in a certain way.

I am also aware... that I do not know my own best interest... yet there is a part of me...that knows the way.

I release my need... to devise my own plan... and I make room... for the highest and happiest outcome.

Tapping Points:

- Top of Head:** I am willing to see this whole situation differently.
- Eyebrows:** I open my mind... to the highest and happiest vision... of what is possible.
- Side of Eye:** I welcome the joy... that is God's will for me...and allow my Guide to handle the details.
- Under the Eye:** I'm willing to trust... that everything is in order... for the greatest experience of joy.
- Under the Nose:** I accept God's Plan for my happiness... wherever it leads... and wherever it goes.
- On the Chin:** His Plan is the only route... to my lasting happiness... abundance... and peace.
- Collarbone:** As I accept His Plan... without hesitation... I am ushered to new heights of love & joy.
- Over the Heart:** I will make room for greater happiness... than I have ever known... I will be patient.
- Center of Chest:** If I make no decisions by myself... this is the experience I will have.
- Side of the Hand:** I am being guided... by Divine supervision... that is committed... to my greatest joy.
- Inside the Knees:** I expect the highest... and happiest experience.. that is possible to have.
- Over the Heart:** God's love for me is certain... and assured... in every step I take.
- Center of Chest:** I am excited about the great blessings... and the good things...that are coming my way.

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