



## A Course in Miracles Mentoring ©

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### DAY 11 – Manifesting Your Heart’s Desires

#### Key Topics:

- Make no decisions by yourself
- Choose a happy goal
- You and your adviser must agree before it can occur
- If you make no decisions, this is the day you will have
- The Key Ingredient
- You will be directed
- Tell yourself: “I forgot what to decide”
- Answer may look different than you expect

#### Make no decisions for yourself

When you are looking to create or manifest something, or make any decision for that matter, the #1 Golden Rule in A Course in Miracles for decision making is: **“Make no decisions by yourself.”** The Course teaches that you do not know your own best interest, therefore, you couldn’t possibly know what will make you happy, how it should be done, and/or when. You have an Inner Guide and Teacher that does know, and will help you throughout the decision making process. If you have a happy idea in mind that you would like to create or manifest, then you can start with a quick prayer like this:

Holy Spirit,

I have this joyful idea about \_\_\_\_\_. If I make no decisions by myself, or how it will be done, this is the blessing that will be given to me. If this idea about \_\_\_\_\_ fits into Your Divine Plan for my happiness, then I thank You for showing me the highest and happiest experience of how everything should unfold. If this is not peaceful, in any way, then I have no interest in moving forward with this idea. My goal is peace and I want only the happiness that You will for me. Thank You for guiding me in every way.

Thy will be done.

Amen

I wish I had known this important concept before the countless times I launched off and created something that turned out to be frustrating, challenging, disappointing, or painful. I encourage you to take note of this important sequence before you move forward on any creative idea or decision.

- Ask in prayer before deciding
- Listen for guidance
- Then move forward, as you are peacefully guided to do

If you are in the process of creating something and you are finding it is less than peaceful, then this quote will help: **“This is your major problem now. You still make up your mind, and then decide to ask what you should do.”** If you place the asking on the front end of the creative process, instead of on the back end, this will ensure a peaceful experience and outcome.

### **Choose a happy goal**

“Happy” is God’s home language. If you are choosing a “less than happy” goal, then you will feel less supported by and connected with the Heavenly realm. God will never choose anything for you that is not happy, however, you might be tempted to choose something less than happy for yourself. If you do choose something less than happy, it’s kind of like you are speaking to God in a foreign language and the communication will not be clear. Make sure your goal is happy.

Here’s an Example:

Let’s say you are deciding where you want to live. Based on what you think you know, you are likely to make a less than happy decision based on your budget, miles from work, and other factors you believe are necessary to consider. You may not realize this, but every time you do this, you are limiting your outcome to what you think you should have, instead of what will make you happy.

I shared these concepts with my niece who was moving to San Diego. At the time, she was starting a new job and had a very limited budget for housing. We joined together in prayer and asked if the move to San Diego was going to be a happy choice for her. We both felt that the answer was yes. Next, we asked that all of the moving details, housing, etc. be decided for her and in the highest and happiest way.

Soon after, she felt guided to look through some housing ads for the local area. I asked her to look for places that she would like to live in, regardless of what her budget was. She ended up calling about an ad for a cottage in San Diego that sounded very sweet and very affordable. She mistakenly thought that the price in the ad was “per month”, when actually the quote was “per week”. She called on the ad before she realized her error.

The woman who answered the phone was very nice, and she quickly let my niece know that the price was per week and not per month. This meant that the rent was four times higher than what she had thought. The more they talked, the more they became friends. It turned out that they had many common interests and the woman enjoyed talking with my niece so much, that she offered her a brand new apartment over her garage (that had just been completely remodeled) at a price that my niece could afford. The private apartment was a separate part of the woman’s home in one of the nicest, high-end areas of San Diego. In the end, my niece ended up with a newly remodeled apartment in a high-end neighborhood, at a price she could afford and she was very happy with the results. Happy is God’s home language!

### **You and your adviser must agree before it can occur**

The Course teaches that decisions are made with the ego or with God, based on the Guide you are choosing to help you. The #2 Golden Rule is: “... You and your adviser must agree on what you want before it can occur. It is but this agreement that permits all things to happen. Nothing can be caused without some form of union, be it with a dream of judgment or the Voice for

God. Decisions cause results because they are not made in isolation. They are made by you and your adviser, for yourself and for the world as well.” ACIM Ch.30.I.16.2-6

### **If you make no decisions, this is the day you will have**

God’s will is your happiness and that you have everything. While you are pondering a certain creation or a happy experience that you’d like to have, the Course suggests this: “Throughout the day, at any time you think of it and have a quiet moment for reflection, tell yourself again the kind of day you want; the feelings you would have, the things you want to happen to you, and the things you would experience, and say: If I make no decisions by myself, this is the day that will be given me.”

In other words, think about your perfect day or happy idea/experience/creation, and let God bring it to you. Notice that there is no place where it says that it is up to you to create it or figure it out.

### **The Key Ingredient**

The key ingredient here is that your idea should be “happy” and then let God bring it to you. That’s it. It’s just that simple! Everything will slow down or go into hyper-delay mode when you devise your own plan, shoot for something that is less than happy, or try to accomplish it yourself. It’s time to let those old habits go, without ever looking back.

### **You will be directed**

You may not be used to this yet, but you must wait for peaceful guidance on who, what, when, where, if, and how. Your Teacher of Peace will guide you all along the way, and most of the time, will arrange everything for you. Your part is to trust your Guide and follow the guidance you receive. If you feel anxious, fearful, or worried along the way, then you are listening to the wrong guide, or you have decided on your own plan and you feel your plan is not being met.

### **Tell yourself: “I forgot what to decide”**

If you are having trouble or you are not sure if you are doing this right, the Course says to do this: “... there will still be times when you have judged already. Now the answer will provoke attack, unless you quickly straighten out your mind to want an answer that will work. Be certain this has happened if you feel yourself unwilling to sit by and ask to have the answer given you. This means you have decided by yourself, and can not see the question. Now you need a quick restorative before you ask again... Then say: **‘I have no question. I forgot what to decide.’** This cancels out the terms that you have set, and lets the answer show you what the question must have really been. Try to observe this rule without delay, despite your opposition.” This might sound kind of silly, but saying **“I forgot what to decide”** to yourself when you are tempted to devise your own plan, is an instant and entertaining reminder to turn back to your Teacher of Peace and listen, for optimal results.

### **Answer may look different than you expect**

Keep in mind, that the answer you receive or the creation you create (with the help of your Inner Guide and Teacher) may look very different than you originally thought, yet the results will far exceed anything you could have ever imagined.