

EFT Card on Crisis & Emergencies

Setup Phrase:

Tap over the heart or on the side of your left hand, while saying the following three statements (edit words as needed):

Even though I'm in the middle of a crisis... I choose a peaceful and positive outcome... in all respects.

Even though I'm feeling worried... I turn all of my concerns... over to God.

Even though I don't know what will happen... I'm willing to make room... for the highest possible outcome.

Tapping Points:

Top of Head: I release my fear... and allow myself to be calmly guided... by my Higher Self.

Eyebrows: There is a part of my mind... that knows what to do... and what needs to happen.

Side of Eye: I call upon God's certainty... to ensure... that I and my loved ones are safe and secure.

Under the Eye: I dedicate this entire situation to the truth... where peace is assured.

Under the Nose: I am willing to make room... for the highest and most positive outcome.

On the Chin: I'm willing to trust... I will be divinely guided... as I move through this.

Collarbone: I'm willing to see this whole situation differently... and allow peace to replace my fear.

Over the Heart: I'm willing to release all the worry... all the fear... and all concerns about the future.

Center of Chest: I am safe and secure... in God's loving care. I allow my fear to be replaced with peace.

Side of the Hand: I allow my mind to be calm and peaceful... regardless of my circumstances.

Inside the Knees: I will be shown every step to take... to ensure a peaceful outcome.

Over the Heart: I am willing to trust... that everything will calmly come together... for the highest good.

Center of Chest: I make a reservation for a peaceful outcome... for me... and for everyone involved.

Robin D. Duncan • Holistic Training • Info@MiracleCenterofCa.com • MiracleCenterStore.com • Miracle Center of California

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