

# SEQUOAH HICKS JR.

## CONTACT

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(205) 821-4901



sequoahhicksjr@gmail.com



Birmingham, AL 35235

## SKILLS

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- Leadership & Team Building
- Public Speaking & Communication
- Event Planning & Coordination
- Graphic Design (Photoshop, Canva)
- Customer Service & Retail Operations
- Coaching & Athletic Mentorship

## PROFESSIONAL SUMMARY

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Hardworking and dependable professional with a strong foundation in service, administrative support, and leadership. Skilled in communication, teamwork, and problem-solving, with a proven ability to adapt and learn quickly. Seeking to contribute to a fast-paced environment by leveraging leadership skills and hands-on experience in retail, government operations, and creative design.

## EXPERIENCE

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June 2023 - August 2023

### **Paid Intern**

City Hall - Tax & Licensing Department

- Competitively selected for a paid internship in municipal government.
- Gained experience in tax processing, licensing, data entry, and administrative support.
- Learned key principles of local government operations and public service.

January 2020 - May 2022

### **Retail Associate**

Dennis Uniform

- Delivered high-level customer service to Catholic school families.
- Handled transactions, inventory, and store management.
- Balanced academic and athletic responsibilities while working up to 40 hours/week during summers.

January 2020 - May 2022

### **Freelance Graphic Designer**

JC Athletics

- Designed promotional sports graphics using Adobe Photoshop and Canva.
- Strengthened school branding and athletic community engagement through visual design.

June 2020 - August 2021

### **Youth Development Intern**

Don Hawkins Recreation Center

- Supported summer programs focused on physical and academic development.
- Facilitated group activities and promoted positive engagement with youth.

## EDUCATION

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Marion Military Institute, Marion, AL

May 2025

### **High School Diploma**

John Carroll Catholic High School, Birmingham

### **Relevant Coursework**

- AP LANG
- AP LITERATURE
- AP COMPUTER SCIENCE
- AP ENVIRONMENTAL SCIENCE

### **Awards & Honors**

- Wrestling Team Captain

### **Extracurricular Activities**

- Campus Ministry
- School Ambassador
- Catholic Student Identity Council
- Eco Club
- Heritage Panel
- Wrestling Team
- Track & Field Team
- Football Team
- Young Men of Faith(President)

## HONORS AND RECOGNITIONS

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- AHSAA Wrestling State Medalist - 3rd Place, 2024-25
- Faith in Action Award, John Carroll Catholic High School
- Nominee - AHSAA Leadership Conference

## ATHLETICS AND COMPETITIVE ACHIEVEMENTS

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- Wrestling, Team Captain, 10-12, 3rd Place State Medalist, 3x State Qualifier, Sectionals Champion., School record holder for most takedowns, most tech falls, and highest win percentage., Led practices, mentored teammates, and served as a key link between coaches and athletes.
- IronClad Wrestling Club, Competitive Wrestler, 11-12, Competed at elite national tournaments as part of a top-tier offseason club., Trained year-round to develop advanced technique and mental toughness.
- Football, Varsity Athlete, 10-11, Contributed to team success through discipline, leadership, and resilience.

- Youth Basketball Camp Volunteer, 10, Mentored youth athletes in basketball fundamentals, teamwork, and sportsmanship.

## PROFESSIONAL AND WORK EXPERIENCE

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- City Hall - Tax & Licensing Department, Paid Intern, Competitively selected for a paid internship in municipal government., Gained experience in tax processing, licensing, data entry, and administrative support., Learned key principles of local government operations and public service., Summer after Grade 12
- Dennis Uniform, Retail Associate, Delivered high-level customer service to Catholic school families., Handled transactions, inventory, and store management., Balanced academic and athletic responsibilities while working up to 40 hours/week during summers., Grades 10-12
- JC Athletics, Freelance Graphic Designer, Designed promotional sports graphics using Adobe Photoshop and Canva., Strengthened school branding and athletic community engagement through visual design., Grades 11-12

## COMMUNITY SERVICE AND VOLUNTEERISM

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- Don Hawkins Recreation Center, Youth Development Intern, Supported summer programs focused on physical and academic development., Facilitated group activities and promoted positive engagement with youth., 10-11
- Completed over 190 hours of service across school, church, and community programs.

## REFERENCES

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**Margret Dubose — Catholic Diocese Of Birmingham**  
**Superintendent Catholic Diocese Of Birmingham Superintendent Of School System**

dubose@bhmdiocese.org

**Shonae Eddins — Birmingham Parks And Rec**  
**Director Of Birmingham Parks And Rec Head Of Internship Program**

(205) 527-1263

Shonae.Eddins@birminghamal.gov

## COMMUNITY SERVICE

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August 2022 - August 2024

**Volunteer**

Food for Our Journey, Birmingham, AL

- Created food packages to deliver to homeless of Birmingham, and other local areas

June 2022 - July 2024

### **Camp Counselor Volunteer**

Don Hawkins, Birmingham, AL

- Supported summer programs focused on physical and academic development. • Facilitated group activities and promoted positive engagement with youth.

March 2023 - March 2023

### **Sports Camp Counselor**

John Carroll Catholic, Birmingham, AL

- Developed team-building exercises to promote collaboration among campers.
- Created lesson plans that encouraged physical activity while teaching fundamental skills of the game.
- Incorporated fun into every activity while ensuring safety was always maintained.

## AWARDS

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- AHSAA State Wrestling Medalist(3rd)
- Faith in Action Award(John Carroll Catholic)
- AHSAA Leadership Conference
- AP Scholar