

Mary Schmidt

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SUMMARY OF QUALIFICATIONS

- Confident problem solver willing to learn and adapt when necessary
- Strong organizational and time management skills
- Empathetic leader with strong listening and collaboration skills

EDUCATION

Exercise and Sports Science, Pre-rehabilitation

Currently Enrolled

Texas State University, San Marcos, Texas

Overall GPA: 3.95

Texas State GPA: 4.0

HONORS

Dean's List

Fall 2023, Spring 2024, Fall 2024, Spring 2025

Julia Victor and Leslie Carlisle McDonald Endowment

Awarded Fall 2024

CERTIFICATIONS

- Adult and Pediatric First Aid/CPR/AED certification
- Stop the Bleed Certified
- At-Risk for Mental Health for Students Certified

RELEVANT EXPERIENCE

IA for Anatomy and Physiology lab

Aug 2024 - Present

Texas State University, San Marcos, Texas

- Taught a minimum of two 3-hour labs weekly and oversaw all anatomy open labs
- Lead students through weekly lesson plans, including various activities and dissections
- Aided student in classwork by hosting weekly office hours
- Maintained a strict grading schedule for all assignments

Counselor for Texas State AT Camp

June 4th -11th 2025

Texas State University, San Marcos, Texas

- Responsible for the safety of 13 campers, ages ranging from 14 to 18
- Facilitated transitions between activities and meal times
- Supported speakers with teaching lessons when necessary
- Collaborated with 6 fellow counselors to organize and lead lessons in basic athletic training and college expectations

Student Aid

Aug 2020-May 2023

McKinney Boyd High School, McKinney, Texas

- Worked with 3 separate sports teams assisting in basic first aid, rehabilitation, and treatments, seeing up to 35 athletes at a time.
- Assisted 2 Athletic Trainers with daily tasks including cleaning, restocking, packing and unpacking travel equipment
- Responsible for athletes' care for while attending away games

ACTIVITIES / VOLUNTEERISM

Current Member- *Texas State Athletic Training Sports Medicine Club*

2023 - Present

Volunteer- *Bobcat Build with ATSM*

Apr. 2024 and Apr. 2025