

Atiya Weeks

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Professional Summary

Dedicated and empathetic human services professional with over 8 years of experience supporting vulnerable populations, particularly women and children affected by substance use and mental health challenges. Skilled in transitional case management, crisis intervention, housing navigation, and holistic health advocacy. Proven leader with a passion for community wellness, currently serving on the board of Buffalo Go Green and pursuing a Bachelor's in Health and Human Services with a concentration in Community Mental Health.

Professional Experience

Transitional Case Manager

The Lighthouse, BestSelf Behavioral Health – Buffalo, NY

November 2020 – Present

- Provide intensive case management services to women and children in a substance use and mental health facility
- Develop and monitor individualized treatment and aftercare plans, including housing, employment, and family reunification goals
- Collaborate with community providers to coordinate care management, social services, and Medicaid/SNAP benefits
- Guide residents through transitions to independent and supportive living, including completion of housing applications and referrals
- Advocate for client wellness through trauma-informed, strength-based approaches

Supervisor, Community Health Worker

Matt Urban Hope House Women and Children's Shelter – Buffalo, NY

June 2016 – October 2020

- Supervised a team of community health workers serving families experiencing homelessness
- Supported residents in accessing housing, healthcare, employment, and child welfare services
- Led community outreach and built relationships with external partners to support shelter residents
- Facilitated trauma-informed care planning, safety planning, and wellness check-ins
- Trained new staff on client engagement and case documentation practices

Education

University at Buffalo – Buffalo, NY

Bachelor of Arts in Health and Human Services (Community Mental Health)

Graduation: December 2025 | Commencement: May 2026

Leadership & Community Involvement

Board Member – Buffalo Go Green

- Helped lead fundraising campaigns to improve access to fresh, holistic produce in underserved communities
- Promote food-as-medicine education and outreach initiatives to address chronic illness and food insecurity

Skills

- Case Management & Client Advocacy
- Housing & Benefits Navigation
- Trauma-Informed Care
- Motivational Interviewing
- Community Outreach & Engagement
- Crisis Response
- Program Coordination
- Culturally Competent Care

Certifications & Trainings

- Trauma-Informed Care Training
- Motivational Interviewing
- Cultural Competency in Behavioral Health
- CPR/First Aid (current)