

Jozlen Brisbon

Address

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EDUCATION

Bachelor of Arts in Recreation, Tourism, and Sport Management

Lindsey Wilson College, Columbia, Kentucky

Anticipated Graduation: May 2025

Emphasis Area: Communication/Leadership

Minor: Communication

Overall GPA: 3.71

VOLUNTEER EXPERIENCE

Lindsey Wilson College, Columbia, Kentucky August, 2022- Present Black Student Union

- Empower the students in learning, discussing, and exploring the Black experience ●
- Help create an inclusive, diverse environment on campus

Lindsey Wilson College, Columbia, Kentucky Fall semester 2022 Independent Study

Student for Lindsey Wilson College Intramurals

- Assist with set-up and clean-up of intramural events
- Enforce the rules and regulations for each event
- Keep score during games

Shelter Home, Louisville, Kentucky November, 2018-2019 Food distribution

- Assisted the homeless

OTHER EXPERIENCE

Internship Experience, Columbia Kentucky August 2024 -Track and Field Coaching Intern.

- Conducted practice sessions that emphasized proper technique, and injury prevention
- Evaluated athletes' progress through assessments and provided feedback to improve their skills, overall fitness
- Promoted team cohesion and a positive learning environment
- Managed administrative tasks, maintaining equipment, and organizing team events
- Assisted in designing and implementing a comprehensive track and field conditioning program
- Acted as a liaison between coaches and athletes, providing clear communication
- Coordinated the setup and teardown of equipment during practice sessions

Faurecia Interiors Louisville, Louisville Kentucky June-July 2023 Assembly Line

- Operated with machinery and equipment
- Worked on the assembly line
- Inspected car parts
- Followed safety protocols
- Collaborated with team members
- Worked in a very fast-paced environment

Access Care Plus Primary Care, Louisville Kentucky June 2023 Caregiver

- Helped assist patient with personal needs
- Assisted with documenting medical information
- Kept supervision over resident

Home Depot, Louisville Kentucky November, 2021-2023 Cashier

- Helped assist customers daily
- Numeracy skills for handling cash and counting drawers
- Developed Time management
- Assisted with Customer service assistance

Lindsey Wilson College, Columbia, Kentucky Intramural staff August, 2022-April 2025

- Assist with set-up and clean-up of intramural events
- Enforce the rules and regulations for each event
- Keep score during games

SKILLS AND AWARDS

- Dean's List, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 24-Spr'25
- Computer proficiency in Word and Excel, leadership experience, collaboration talent, problem-solving abilities, oral communication, organizational, and people skills.
- JROTC Superior Cadet Award 2018
- CPR Certified 2023
- Communicating with Older Adults Certified 2023

ATHLETICS

Lindsey Wilson College Track & Field, Columbia, Kentucky August, 2021-Present *Short sprinter 60m/100m/200m/4by1 relay/ 4by4 relay*

- Competed at the NAIA Indoor/Outdoor National Championships 2022-2023
- 300 Meter Indoor school record holder 2022
- 2022 Mid-South Conference All-Conference Team
- 4-time Bronze Medalist in Mid-South Conference
- 2-time Silver Medalist in Mid-South Conference
- 5-time National Championships Qualifier