

ISABELLE HOLT

NURSING STUDENT/PCT

CONTACT

☎ (518) 949 1580

✉ isabelleholt2024@gmail.com

SKILLS

Responsible

Patient Care & Rooming

Empathy

Leadership

Time Management

Compassion

Attention to Details

EDUCATION

High School Degree

Burnt Hills Ballston Lake

2020 to 2024

Graduating with a merit diploma and seal of biliteracy in French. Participated in athletics through varsity swimming and basketball, maintained presidency of Junior Rotary Club and Student News Organizations for four consecutive years.

FUTURE PLANS

Associates in Science of Nursing

Hudson Valley Community College

2024 to 2026

Currently attending Hudson Valley for Science of Nursing and NJCAA Women's Tennis.

PROFILE

Productive and efficient current college freshman with a full semester of training and clinical based education. Employed at Saratoga Hospital as a Patient Care Technician and preforms direct patient care on a Medical-Surgical unit. On track to receive an associates degree in The Science of Nursing from Hudson Valley Community College. Motivated by a fast paced environment and strives for excellence in all aspects of life.

WORK EXPERIENCE

Patient Care Technician - Medical Surgical Unit (D2)

Albany Med Health Systems - Saratoga Hospital Campus June 2024-Current

- Preformed direct patient care on ten to twenty assignments a shift
- Worked directly under multiple RN's and Clinical Coordinators
- Utilized skills such as:
 - collecting vital signs
 - performing peri care,
 - giving bed baths
 - assisting in post-mortem care
- Used online systems Meditech and Epic to document patient information

Medical Assistant and Nursing Student Intern

Community Care Pediatrics Clifton Park Sept 2023 to Feb 2024

- Assisted in rooming patients and their families upon entry into the facility
- Shadowed a RN and CLC, learning how to:
 - Discuss and formulate feeding schedules
 - Do breastfeeding consultation
 - Take general vitals on infants/youth
- Helped transfer birth chart information for new admits into the system
- Restocked and set up well rooms with necessary supplies throughout the day
- Helped run urine, blood, and culture tests in the in-office laboratory

Activities Coordinator and Membership Associate

Capital District Young Men's Christian Association 2022-Current

- Coordinated daily activities involving athletics, art, archery, and swim time for summer campers in different age groups
- Safely implemented programs for different groups with proper supplies
- Helped at front desk in securing new members their memberships
- Assisted with contacting members over the phone about status and billing