

Marisa Trommel

Hard-working, organized, and motivated first-year student at St. Lawrence University seeking part-time positions and internship opportunities to build leadership and professional skills.

Manlius, NY 13104
(315) 632-5331
mltrommel0606@gmail.com
mltrom24@stlawu.edu

EXPERIENCE

L.L.Bean, Fayetteville, NY — Sales Associate

SEPTEMBER 2023 - PRESENT

Provide passionate customer service and selling through genuine interactions, customer engagement, knowledge of merchandise, and passion for the outdoors

Uphold company standards for store presentation and promotion of company programs

Promote the company's values of diversity, equity, inclusion, and sustainability

Work on the sales floor, at point of sale (POS) terminal, answer phone calls, and assist with online/phone orders

YMCA Camp Evergreen, Manlius, NY — Counselor

JUNE 2021 - PRESENT

Counselor in Training (2021) — Earned 320 hours of community service, won CIT of the Week, ran and organized outdoor activities, encouraged youth development and leadership with campers ages 6-12

Camp Counselor (2022-present) — Responsible for supervising campers ages 9-12, lead outdoor activities (hiking, archery, boating, etc.), create environment for forming friendships & youth development

EDUCATION

St. Lawrence University, Canton, NY — Expected 2028

AUGUST 2024 - PRESENT

Intended Neuroscience major

Student-athlete on the women's rowing team and member of Pre-Health Mentorship Group

Fabius-Pompey High School, Fabius, NY — 2024

SEPTEMBER 2020 - JUNE 2024

Valedictorian — 100.76 weighted GPA

SKILLS

Oral and written communication

Organization and creativity

Customer service and leadership

AWARDS

2x Outstanding Youth Award

Academic Excellence Awards

3x NYSSMA Gold Medal

Arion & John Philip Sousa National Band Awards

CNY Scholastic Art Silver Key

Presidential Award for Educational Success

RIT Women in STEM Award

St. Lawrence University Book Award

Society of Women Engineers 34th Annual Scholarship Award

PREVIOUS ACTIVITIES

Varsity soccer (captain) and volleyball

Treasurer of Teen Institute, Student Council, Class Office, Symphonic and Jazz Bands, and National Honor Society

375.7 community service hours

Science Olympiad and Math League member