

Wendy Pearlman

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(518)322-0572

EDUCATION

SUNY University at Buffalo
Nutrition Science B.S. 2026
GPA 3.578

HONORS / AWARDS

Dean's List – 5/23/2025
Dean's List – 12/27/2024
Dean's List – 5/28/2024
Annette Rachman
Award 2024, 2025

CERTIFICATIONS

ServSafe Manager: 5/03/2025

WORK EXPERIENCE

Research Assistant – 1/25/2025 – Present

SUNY University at Buffalo:

- Help identify key areas of adolescent eating autonomy behaviors (food preparation, planning, snacking and meal autonomy) related to elevated HbA1C and bodyweight.
- Work with a team of students and research director to complete weekly tasks and promote the research project to participants.
- Communicate with parents and teens during research study appointments

Nutrition Clerk – 09/03/2024 – Present

Catholic Health Mercy Hospital, Buffalo, NY

- Communicate with patients, nurses and dietitians in the hospital to customize meals appropriate for the patient's diet restrictions and needs.
- Problem solve with kitchen and hospitality staff to provide orders in a timely fashion.

Intern at Fuel Nutrition – 08/2024 – Present

Fuel Nutrition Consulting, Buffalo, NY

- Create and design engaging social media content to enhance visibility and audience engagement.
- Coordinate and schedule email newsletters and series to effectively communicate with clients and subscribers.
- Collaborate with a registered dietitian to develop, implement, and manage nutrition-focused marketing strategies.
- Represent the business at industry events and summits to network with professionals and promote services to future clients.

Peer Tutor – 10/16/2024 – 12/09/2024

SUNY University at Buffalo: TASS Center

- Tutored students in a 300-level Microbiology course.
- Work with students to learn and review material while providing helpful techniques for academic success in the course.

Sky Zone Team Leader – 10/19/2019 - 01/20/2024

Sky Zone, Clifton Park, NY 12065

- Team Lead
 - Work with Team Members to ensure a safe environment, solve conflict and promote communication.
- Customer Service

INVOLVEMENT

Food Recovery Network Club – 02/2024 - Present

University at Buffalo Veggie Van – 08/2024 - 12/2024

Accessibility Resources Note Taker – 08/2023 - 12/2023

SKILLS

Customer Service, Nutrition, Leadership, Critical Thinking, Social media, Design (Canva), **Computer Skills** (Microsoft Windows, Microsoft Office (Excel, Word, PowerPoint), Google (Sheets, docs, slides) Apple)