

PSY 211 Project One Template

Use this template to complete your case study analysis. Answer each question with a minimum of 3 to 5 sentences. Support your answers with credible sources when appropriate. Complete this template by replacing the bracketed text with the relevant information.

1. Describe the ways in which **Piaget's research** applies to Kelly's development.

Piaget's theories that apply to Kelly's development include cognitive development, emotional regulation, social dysfunction, trauma and loss, and parental influence. The mother's long history of excessive drinking, poor health practices, and psychosocial trauma, compromised Kelly's cognitive development and emotional regulation. Without the tools for success, support, or good role models, Kelly was unable to connect with teachers or peers. Piaget's research suggests that tailoring interventions that align with her developmental stage and addressing the challenges faced by both the child and her mother can support her well-being and development.

2. Describe the ways in which **Vygotsky's research** applies to Kelly's development.

Vygotsky's theory emphasizes the role of social interactions, cultural influences, and the zone of proximal development in shaping Kelly's cognitive and emotional growth. The lack of positive social interactions, providing opportunities for peer support, and caring adults, impacted her development and behavior negatively. By applying Vygotsky's sociocultural theory to Kelly, interventions can focus on social interactions, cultural influences, caregiver support, and collaborative learning to address her development in an appropriate manner.

3. Identify factors that could have influenced Kelly's **physical well-being** during the prenatal, birth, and early childhood stages of development.

Influences such as substance abuse, malnutrition, stress, lack of prenatal care, birth complications, postnatal care, and socioeconomic factors are all factors that could have influenced her stages of development. From the reading, it is probable that she experienced many/all of these negative influences.

4. Identify factors that could have influenced Kelly's **cognitive well-being** during the prenatal, birth, and early childhood stages of development.

Influences such as stress, substance abuse, malnutrition, lack of prenatal care, lack of early stimulation, and socioeconomic factors could factor into Kelly's cognitive well-being. It's probable that she was neglected and abused as well, leading to the outbursts, social isolation, and self-esteem issues.

5. Identify factors that could have influenced Kelly's **psychosocial well-being** during the early and middle childhood stages of development.

Along with physical and cognitive well-being, and early childhood stages of development, influences such as stress, substance abuse, malnutrition, lack of prenatal care, lack of early stimulation, and socioeconomic factors could factor into Kelly's psychosocial well-being.

6. Evaluate the **sociocultural factors** that could contribute to Kelly's maladaptive behavior.

Family dynamics, economic status, peer influences, beliefs and norms, school environment, trauma and adverse experiences, and lack of social support contributes to Kelly's maladaptive behavior. She did not experience a healthy home, connections, or relationships. Therefore, her maladaptive behavior was programmed overtime.

7. Explain why it is important to consider the **physical, cognitive, and psychosocial factors** in combination (versus separately) throughout the life span when evaluating an individual's well-being.

It is important to consider physical, cognitive, and psychosocial factors throughout an individual's lifespan when evaluating well-being because these aspects are interconnected, influence each other, and impact overall health and quality of life. By taking a holistic approach, a comprehensive assessment can be made, leading to personalized care, early intervention, and tailored support strategies to promote well-being at different stages of life.

8. Describe the **research or theory** that best explains Kelly's behavior. Explain your response.

Lev Vygotsky's sociocultural theory best explains Kelly's behavior. His theory emphasizes the role of social interaction and cultural context in shaping individual learning and development in children. The lack of healthy influences, interactions, caregivers, and collaborative learning explains Kelly's maladaptive behavior.

References

TEDx Talks. (2019). How Social-Emotional Learning Benefits Everyone | Caige Jambor | TEDxBemidji [YouTube Video]. On YouTube. <https://www.youtube.com/watch?v=gGa9yieENKM>

Psychology Everywhere. (2012). Bandura's Bobo Doll Experiment [YouTube Video]. On YouTube. <https://www.youtube.com/watch?v=dmBqwWIJg8U>