

ANASTASIA REID RN, BSN, CCRN, CEN

PRINCIPLED PROFESSIONAL

PROFESSIONAL SUMMARY

Registered Nurse with over 11 years of diverse clinical experience spanning critical care, emergency nursing, organ donation, clinical professional development, and flight nursing. A **forward-thinking** professional who seeks opportunities to teach, mentor, and **empower** the next generation of nurses while championing innovative approaches to nursing education and professional **growth**. I am currently pursuing a Master of Science in Nursing Executive Leadership with a minor in Healthcare Quality and Safety at Southern New Hampshire University.

I am deeply committed to preserving the art and **integrity** of nursing as the culture of healthcare continues to evolve, ensuring that **compassion**, **professionalism**, and **evidence-based practice** remain at the forefront of patient care. A **passionate** advocate for healthcare policy reform, quality improvement, and healthy nursing **culture**, I champion patient **safety** and the delivery of exceptional care—always guided by the principle of doing the right thing, every single time.

Grounded in **transformational** leadership, I inspire teams by fostering a shared vision, **empowering** future leaders, and driving systemic change through **innovation** in nursing **education** and leadership **development**. My **servant** leadership approach prioritizes the growth and well-being of others, fostering collaborative and respectful environments where nurses can thrive and excel.

Actively **engaged** in expanding my expertise in healthcare politics and policy advocacy, I work to build **strategic** relationships with like-minded professionals to influence and implement transformative improvements across the healthcare continuum. I am particularly passionate about advancing opportunities for healthcare career and technical education (CTE) programs, strengthening community health networks, and creating pathways that prepare the next generation of nursing leaders.

CONTACT

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EXPERIENCE

Flight Nurse

APRIL 2025-PRESENT | Air Methods Corporation

- Deliver critical care and emergency medical treatment during air transport of seriously ill or injured patients.
- Perform rapid assessment, stabilization, and management of patients in high-stress environments.
- Collaborate with medical and aviation crews to ensure safe, continuous patient care

Surgical Trauma RN

DEC 2024- PRESENT | Baylor Scott and White Hillcrest Hospital Waco, TX

- Level II trauma center, 12-bed unit.
- Charge RN capabilities
- Ages 16-adult with decompensated shock, neurosurgical, orthopedic/trauma, cardiovascular surgeries, bleeding emergencies, general surgeries, donor management, and devices associated
- Ventilator/tracheostomy care and management.
- Skilled in CRRT, IABP, Invasive and non-invasive hemodynamics, CABG, ICP monitoring, ventricular drains, etc.
- Rapid Response Team member and clinical coach/preceptor.
- Assisted with unit education

Clinical Nurse Coordinator

APR 2024 - PRESENT | Baylor Scott and White McLane Children's Hospital-Clinic for Childhood Pediatric Cancer and Blood Disorders Temple, TX

- Coordinated care for pediatric Hematological/Oncological patients in ambulatory clinic
- Managed prior authorizations, FMLA paperwork, daily inbox tasks, and supply orders, and insurance appeals
- Supported initiatives including Camp Dreamcatcher 2024, Pediatric Tumor Board, and COG research protocols.
- Contributed to bell-ringing celebration facilitation, TJC readiness surveys, and outpatient CLABSI reduction projects.
- Responsible for supply monitoring and ordering

Surgical Trauma RN

JUL 2023 - APR 2024 | Baylor Scott and White Hospital Waco, TX

- Level II trauma center, 12-bed unit.
- Charge RN capabilities
- Ages 16-adult with decompensated shock, neurosurgical, orthopedic/trauma, cardiovascular surgeries, bleeding emergencies, general surgeries, donor management, and devices associated
- Ventilator/tracheostomy care and management.
- Skilled in CRRT, IABP, Invasive and non-invasive hemodynamics, CABG, ICP monitoring, ventricular drains, etc.
- Rapid Response Team member and clinical coach/preceptor.
- Assisted with unit education

RN, Emergency Room

SEP 2021 - JUL 2023 | Baylor Scott and White Hillcrest Hospital Waco, TX

- Level II adult and pediatric trauma patients
- Managed STEMI, strokes (TPA), shock, respiratory, bleeding, traumatic injuries, and general emergencies
- Managed ICU holds, critical drips, emergent procedures and set-up.
- Served as Rapid Response Team member, preceptor, and triaging.

Crisis Response- COVID

DEC 2020 - MAR 2021 | FEMA response Amarillo, TX

- Managed disaster response in a trauma ICU with limited resources.
- Supported trauma and post-op CABG patients in a “clean” Surgical Trauma ICU.
- Provided compassionate end-of-life care during the pandemic.
- Advocated for and inspired team members.

Clinical Professional Development/ Critical Care Unit Educator

AUG 2018 - DEC 2020 | Ascension Providence Hospital Waco, TX

- Coordinated 16-week ICU residency for 12-24 students, general nurse/PCT orientation, and quarterly education.
- Proficient in creating learning opportunities through skills/simulation
- Implemented CorTrak, Smart Pump Interoperability, and electronic blood administration.
- Assisted with COVID response planning, cross-training of staff for ICU care and traveler onboarding/education.

Organ Donation Coordinator PER DIEM

NOV 2016 - JAN 2017 | Texas Organ Sharing Alliance Austin, TX

- Built strong relationships with staff, supervisors, and physicians to support organ donation/education.
- Led family discussions and facilitated organ donation reviews.
- Conducted training at larger hospitals in Austin, TX, 3-4 times annually

ICU/ Charge Nurse

JAN 2014 - AUG 2018 | Ascension Providence Hospital Waco, TX

- Managed staffing assignments for a 30-bed ICU at a Level IV trauma center.
- Provided care for CABG, ARDS, and surgical/neurosurgical patients, using CRRT, IABP, Arctic Sun, and ventilator techniques.
- Assisted with bedside procedures and maintained crash carts and procedural supplies.
- Served on unit-based council, led unit education, peer review committee, Daisy award nominee (2016, 2018).
- Nominated by Director for Ascension National Pipeline program into leadership.

EDUCATION

Master of Science in Nursing in Nurse Executive Leadership

NOV 2023-PRESENT | Southern New Hampshire University, Manchester, NH, US

Awards & Honors

- Honor Roll
- National Society of Leadership and Success
- American Organization for Nursing Leadership

Bachelor of Science (B.S.) in Nursing

OCT 2019 | Grand Canyon University, Phoenix, AZ, US

Awards & Honors

- National Honor Society

Associate in Science (A.S.) in Nursing

DEC 2014 | McLennan Community College, Waco, Texas

Awards & Organizations

- National Honor Society

CERTIFICATIONS

- CCRN
- CEN
- TNCC
- ACLS, PALS, ENPC, NIHSS, NRP

MEMBERSHIPS/ORGANIZATIONS

- AMERICAN ASSOCIATION OF CRITICAL CARE NURSES, NATIONAL SOCIETY OF LEADERSHIP AND SUCCESS, EMERGENCY NURSES ASSOCIATION, AIR & SURFACE TRANSPORT ASSOCIATION, AMERICAN ORGANIZATION FOR NURSING LEADERSHIP.

REFERENCES AVAILABLE UPON REQUEST