ISABELLA DEMARCO

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Education

Belmont High School, Belmont, MA 02478
Diploma
Graduation year: 2023
Emmanuel College, Boston, MA 02478
Bachelor of Science Degree
Major: Nursing
Expected graduation year: 2027
Current GPA: 3.80

Certifications and Awards

- CPR Certification (November 2024 - Present)
- BLS Certification (November 2024 - Present)
- Stop The Bleed Certification (November 2024 - Present)
- Sigma Theta Tau Nursing Honor Society (March 2026)
- Dean's List (September 2023 - January 2026)

Clinical Rotations

Spaulding Rehabilitation (Intro to Clinical Rotation), Charlestown MA - Nursing Student (January 2025 - April 2025)

- Assist nurses in safe care of patients
- Clean and dress patients
- Perform wound care
- Administer medications
- Assist with minor procedures and tests

Boston Medical Center (Adult Health I), Boston MA - Nursing Student (September 2025 - December 2025)

- Assist nurses in safe care of patients
- Perform bed baths and assist with activities of daily living
- Perform wound care
- Administer medications
- Perform a head to toe assessment on patients
- Collect multiple sets of vital signs from patients
- Document assessments and vital signs on EPIC

Beth Israel Deaconess Medical Center (Mental Health), Boston MA - Nursing Student (January 2026 - March 2026)

- Conducted mental status assessments
- Utilized therapeutic communication techniques
- Maintained suicide precautions and safety checks
- Participated in interdisciplinary care planning

Brigham and Women's Hospital (Adult Health II), Boston MA - Nursing Student (January 2026 - April 2026)

- Assist nurses in safe care of patients
- Perform a full head to toe assessment of patient at the start of shift
- Perform bed baths and assist with activities of daily living
- Collect multiple sets of vital signs on patient throughout shift
- Document assessment and vital signs on EPIC
- Administer medications
- Participate in discharge of patient and education
- Collect labs from patients
- Remove intravenous lines from patients
- Perform fingerstick blood glucose

Work Experience

Mass General Hospital Cardiac Intensive Care Unit, Boston MA - Critical Care Technician (May 2025 - Present)

- Maintained a safe, therapeutic environment and complete floor safety checks
- Assist with activities of daily living, bed baths, admissions, discharges, transfers, and post mortem care
- Prepare pressure bags, restock supplies, organize medication room and patient specific medications
- Perform EKGs, PVRs, and fingerstick blood glucose testing as delegated
- Collect labs from arterial lines, obtain blood, urine, and stool cultures
- Insert and remove urinary catheters
- Remove arterial lines per hospital protocol
- Safely move patients using ceiling lift and slide board
- Assist nurse with transport of patients safely to CT, MRI, and X-ray
- Assist with bedside procedures
- Participate in CPR
- Measured intake/output, document care, and assessments in EPIC