

Lindsey Downs

EXPERIENCE

The Extra Mile Recovery- Tishomingo, MS — *Clinical Assistant*

October 2022 - Present

- Support and monitor patient recovery by ensuring adherence to individualized treatment plans during 30, 60, or 90-day residential stay.
- Facilitate the implementation of treatment strategies and closely tracking progress for each patient.
- Collaborate with the therapists to adjust plans as needed, providing ongoing support to promote successful recovery.

Shining Star Gymnastics and Cheer- Corinth, MS — *Coach*

January 2010 - July 2015

- Created and implemented a weekly instructional program for students aged 2-18, tailored to individual skill levels.
- Provided hands-on coaching including observation, correction, and spotting, to ensure safe and effective skill development.
- Conducted monthly meetings with parents to review and discuss their child's progress and skill development.

NFusion Region IV- Corinth, MS — *Data Analysis*

October 2012 - August 2014

- Collected and updated data on behaviors and drug usage for youth (ages 14-21) and their caregivers.
- Analyzed six-month progress data by preparing detailed reports and Excel spreadsheets on individual accomplishments.
- Compiled reports for supervisors to evaluate program success.

EDUCATION

University of Mississippi- Oxford, MS — *Undergrad in Public Policy*

Leadership at Trent Lott Institute

January 2023 - Present

Northeast Mississippi Community College- Booneville, MS — *Associates in English*

August 2011 - May 2013

Walnut Attendance Center- Walnut, MS — *Diploma*

August 2008 - May 2011

SKILLS

Data Analysis & Reporting: Proficient in collecting, analyzing, and reporting data using Excel and Word.

Leadership & Team Collaboration: Strong leadership abilities with a proven track record in team coordination and project execution.

Communication: Excellent verbal and written communication skills, including public speaking and report writing.

Problem Solving & Critical Thinking: Adept at identifying issues and creating effective solutions in high-pressure environments.

COMMUNITY SERVICE

The Station Church - Jail House Ministry Program

Participate in sharing the Gospel and offering hope to incarcerated individuals through weekly Bible studies and Christ-centered mentorship for female inmates.

Federal Reentry Program

Mentor women in an intensive outpatient program, collaborating with federal probation to support those transitioning from prison and focusing on recovery.