

# Sofia Anderson

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## Work Experience

### Woodward Park City - Ski Instructor

Park City, Utah 12/2024 - 01/2025

- Conducted both group and private ski lessons for beginners, intermediates, and advanced learners of widely varying ages.
- Developed lesson plans that included drills and activities tailored to each student's individual needs.
- Ensured safety and wellbeing of all participants through first aid, conflict management, and intervening in dangerous situations.

### Basin Recreation - Camp Counselor

Park City, Utah 05/2024 - 08/2024

- Fostered an environment conducive to learning by implementing positive reinforcement strategies and management of conflict.
- Administered first aid and notified emergency medical personnel.
- Assisted with transporting and escorting program participants to and from program activity locations and on external trips.
- Coordinated and led group activities for campers and counselors.

### Self-Employed - Babysitter

Park City, Utah 08/2016 - Current

- Provide an elevated level of care to children ranging from infants to teenagers in the absence of a parent or guardian. Tailoring activities based on the individual needs of each child including transport, cooking, creating entertainment, and maintaining the safety on multiple children simultaneously.

### Rock Brewing Company - Restaurant Hostess

Park City, Utah 05/2021 - 02/2024

- Welcomed guests into the restaurant as well as managed seating, wait times, to go orders, reservations, restaurant phone lines, side work, and server sections.
- Communicated between front and back of house, assessing wait times in the kitchen to influence seating patterns, customer feedback, and food distribution.

## Volunteer Experience

### Hogle Zoo - Zoo Steward

Salt Lake City, Utah 01/2019-01/2024

- Worked with guests, teaching about animals and their environments while educating groups on the zoo and it's national affiliations and efforts to aid in endangered species
- Completed animal observations and ethograms
- Aided in guest giraffe feedings including prep work and working directly with the animals.

### Judge Memorial High School - Peer Minister

Salt Lake City, Utah 06/2022 - 05/2023

- Pioneered a school service day with connections at The Hogle Zoo to allow students and faculty to participate in service for the nonprofit.
- Facilitated and ran class retreats by managing the student body at the external facilities and working with faculty to ensure smooth transportation and a safe environment
- Nominated by the coordinator of Kairos retreats to run the spring weekend retreat for students

### Judge Memorial High School - Student Medical Assistant

Salt Lake City, Utah 08/2022 - 05/2023

- On call for the Fall 2022 Kairos retreat as head medical personal and once a week to aid in medical emergencies on campus.
- I volunteered at school events, aided in drills, and assisted in emergencies.

## Education And Training

### Miami University - 05/2027

Oxford, OH

BS: Kinesiology And Pre-Medical Studies

Honors College

### Judge Memorial High School - 05/2023

Salt Lake City, UT

Graduated with high honors

Student Ambassador

## Certifications

- Nationally Registered Outdoor Emergency Care Technician
- CPR Certified
- AED Certified

## Skills

- Leadership
- Attention to detail
- Multitasking
- Organization
- Creativity
- Communication
- Adaptability
- Collaboration

