

ELIZA OCHOA

New York, United States (Open to Remote)
315-952-5244 | ochoa104cy@outlook.com
eliza-ochoa.github.io | linkedin.com/in/elizaocha

PROFESSIONAL SUMMARY

Certified CMMC Professional (CCP) with 15 years of leadership experience in the U.S. Navy conducting structured compliance inspections, risk assessments, and control validation across complex operational environments supporting 150-300 personnel and multimillion-dollar infrastructure assets. Experienced in regulatory compliance analysis, documentation review, and structured inspection programs aligned with federal cybersecurity standards.

Formally trained in CMMC 2.0 and NIST SP 800-171, with working knowledge of NIST SP 800-53, NIST RMF, and NIST Cybersecurity Framework (CSF). Skilled in compliance documentation review, gap analysis, risk reporting, and stakeholder coordination supporting security posture improvement.

Currently pursuing opportunities with C3PAO organizations to support CMMC assessment teams, with a long-term goal of achieving Certified CMMC Assessor (CCA) or Lead CCA status.

CORE COMPETENCIES

CMMC 2.0 Level 2 Assessment Readiness
Defense Industrial Base (DIB) Compliance
NIST SP 800-171 Implementation & Validation
NIST SP 800-53 Security Controls (Awareness)
NIST Risk Management Framework (RMF)
NIST Cybersecurity Framework (CSF)
DFARS 252.204-7012 Compliance
Security Control Validation
SSP & POA&M Review Support
Compliance Gap Analysis
Risk Assessment Methodologies
Executive Presentations & Briefings
Stakeholder & Cross-Functional Coordination
Compliance Reporting & Documentation
Project Timeline Coordination
Client-Facing Communication

CERTIFICATIONS

Certified CMMC Professional (CCP) – Cyber AB (2026)
Certified CMMC Professional Training – Rochester Institute of Technology (2025)

Pursuing:
Certified CMMC Assessor (CCA) and CompTIA Security+

TECHNICAL SKILLS

Frameworks & Standards:

CMMC 2.0 | NIST SP 800-171 | NIST SP 800-53 | NIST RMF | NIST CSF | DFARS 252.204-7012

Risk & Security Concepts:

Risk Assessment Methodologies | Security Control Implementation & Validation | Secure Network Design Fundamentals | System Architecture Review Awareness | Threat Mitigation Principles | Network Topology Awareness | Compliance Gap Analysis | Remediation Planning | Audit Preparation & Inspection Readiness

Systems & Environments:

Windows | Linux | Active Directory Fundamentals | Enterprise IT Environments | Microsoft 365 Documentation & Reporting

PROFESSIONAL EXPERIENCE

U.S. Navy

Chief Electrician's Mate | Compliance & Risk Leadership

2008-2023

- Led structured compliance inspections across operational units supporting 150-300 personnel and multimillion-dollar assets, identifying control deficiencies and executing corrective action plans aligned with federal regulatory standards.
- Conducted recurring risk assessments aligned with structured NIST-based methodologies, documenting findings and developing remediation recommendations for senior command leadership.
- Developed formal findings and recommendation reports supporting executive-level decision-making and facilitating compliance-focused stakeholder discussions.
- Coordinated 8-15 cross-functional technical teams to ensure procedural control adherence and documentation completeness under recurring inspection cycles.
- Delivered executive briefings summarizing compliance posture, remediation progress, and operational risk exposure.
- Managed project timelines, documentation reviews, and corrective action tracking to ensure inspection readiness milestones were achieved.
- Maintained structured documentation processes supporting audit preparation and validation efforts.

Research Assistant – Advanced Information Security & Privacy (AISP) Research Lab

2023-2026

- Collected and validated 500+ research data points across multiple domains, ensuring dataset accuracy and reproducibility for analytical studies.
- Organized and prepared structured datasets for 3+ research projects, enabling efficient statistical analysis and documentation of research methodologies.
- Contributed to analytical reporting and structured documentation development supporting cybersecurity research initiatives.

Research Assistant – SUNY Research Foundation (RF)

2023-2024

- Supported governance-focused cybersecurity initiatives contributing to structured compliance alignment across IT environments serving 3,000+ users.
- Organized and maintained documentation and datasets for 5+ faculty-led research initiatives, ensuring accuracy, accessibility, and compliance with academic research governance practices.

- Supported research data management and reporting by preparing multiple datasets and project records, improving documentation consistency and analytical readiness.

Systems IT Assistant – SUNY Canton IT Department

2024-2025

- Provided enterprise IT support across campus systems serving 3,000+ students and faculty.
- Developed 10+ technical training materials and user guides to support system administration and networking tasks for campus users and IT staff.
- Assisted with 2 network topology and system configuration projects, building sandbox environments and developing PowerShell scripts to support testing, troubleshooting, and automation.

EDUCATION

Bachelor of Science in Cybersecurity

Minor in Data Science

SUNY Canton – Expected December 2026

GPA: 3.93 / 4.00 | President's List | Academic Excellence Award (2024)

Professional Diploma in Information Technology

Specialization: Enterprise Systems Engineering

NIIT (National Institute of Information Technology) – May 2005