

Tiana Heafey

has completed the course and is now certified in

Adult Mental Health First Aid USA

and has been trained to provide initial help to someone experiencing a mental health or substance use challenge.



Mental Health FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

*This course is eligible for 7.5 contact hours
of continuing education credit.*

Chuck Ingoglia
President & CEO
National Council for Mental Wellbeing

National Council for Mental Wellbeing operates Mental Health First Aid in the USA. The National Council for Mental Wellbeing and the Missouri Department of Mental Health founded Mental Health First Aid USA.

This certificate became
effective on:

03/21/2025

Date

This certificate **expires**:

3 yr from effective date

Date