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## Professional Development Certificate of Completion

Awarded to

Vanessa Salinas

for

## Safe Sleep Practices for Caregivers: Reduce the Risk of SUID

Providing high quality sleep environments and understanding Sudden Unexpected Infant Deaths (SUID) are an essential part of a child care provider's job. There are about 4,000 sudden and unexpected deaths (SUID) in the United States each year. More than half of these deaths are caused by a commonly know type of SUID called SIDS or Sudden Infant Death Syndrome. This course focuses on defining SUID and identifying behaviors that affect and reduce the risk of sleep-related SUID.

January 14, 2024

One (1) Hour CDA1

## Issued by Penn State Better Kid Care Program

MI Content Areas CC5-ECE - Health, Safety, and Nutrition

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