# **MIDHUSI ARPULA**

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#### CAREER OBJECTIVE

Enthusiastic, career-oriented, and talented dental professional with vast knowledge of Health care, social services, and dental surgeries. Attentive, Caring graduate with valuable experience helping patients of all ages in the communities. Looking forward to enhancing and widening my skill set.

## **ACADEMIC QUALIFICATIONS**

- BACHELOR OF DENTAL SURGERY
  MAMATA DENTAL COLLEGE
  September 2014- November 2020
- 11 & 12 GRADE BIOLOGY, PHYSICS, CHEMISTRY SRI GAYATHRI JUNIOR COLLEGE June 2012- April 2014
- 10TH GRADE
  GOWTHAM MODEL SCHOOL
  June 2011- April 2012

### **CLINICAL EXPERIENCES**

INTERNSHIP MAMATA DENTAL HOSPITAL, Khammam, India NOVEMBER 2020 - NOVEMBER 2021

- Studied and practiced in 8 clinical rotations: Oral medicine, Oral Maxillofacial surgery, public health dentistry, restorative dentistry, geriatric dentistry, pediatric dentistry, orthodontics, periodontics.
- Examined, Diagnosed and Treated 100+ patients with wide array of oral care needs from Routine cleaning to surgical extractions.
- Selected appropriate methods for pain and anxiety management, and communicated goals with patients, taking time to listen and answer questions about procedures.

- Traveled to Rural primary health care center at a village for a month to provide regular oral checkup and provide education for oral hygiene and prevention.
- Radiograph and Radiology tasks, i.e., Exposing and processing x-rays.
- Managing appointments and treatments for patients.
- Experienced at working to deadlines with utmost care.
- Ensure maintenance of accurate patient records to reflect each patient's health status and risk factors.

#### **VOLUNTARY EXPERIENCES**

- Volunteered as Oral Hygiene Instructor and Dental Hygienist during my Internship in Dental Camps.
- Participated in the voluntary organization HelpAge India for welfare of the elderly.
- Participated in AOMSI (Association of Oral Maxillofacial Surgeons) Golden Jubilee Torch 5k run.
- Organized Weekly Dental Camps for underprivileged patients.
- Participated and secured 2nd position for Best Team in Folk Dance at Interstate Dance Competition.
- Certificate of Participation in National Undergraduate Dental Students Convention of IAOMR.

#### **SEMINARS**

- Pregnancy and its Effects on Oral health in Mamata Dental College, Department of Public Health Dentistry (August 2021)
- Gingivitis Recession Treatments in Mamata Dental College, Department of Periodontics (June 2021)
- Dental Fluoridation in Mamata Dental College, Department of Public health Dentistry (Sept 2020)
- Emergency in Dental Office in Mamata Dental College, Department of Oral maxillofacial Surgery (March 2019)

### **CONTINUING EDUCATION COURSES**

- Database and SQL for Beginners (Offered through Udemy) JULY 2022
- The US Healthcare industry: Changes and Opportunities (Udemy) JUNE 2022
- Introduction to Child Psychology (Udemy) MAY 2022
- Laser Dentistry Workshop-ACE INSTITUTE OF DENTISTRY MAY 2022
- Excel for Healthcare Professionals (Offered through Udemy) APRIL 2022

# **TEST SCORES**

IELTS - Overall 7 Listening - 8.0; Reading-6.0; Writing-6.5; Speaking-7.0

### AREA OF INTEREST

- Public Health education
- Physical health education
- Computer and technology
- Clinical psychology
- Ethics and Professionalism

# OTHER INTERESTS

Sports - Badminton

Music - Guitar, Harmonium

Dance

Strength Training workouts

Yoga

2D Animation