

ASHLEY MCCLINTOCK

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Skills Summary

Certified Lifeguard

CPR Certified

First Aid

Certified Mandated Reporter

Education

High School Diploma/June 8th, 2022

I graduated with a 3.85 GPA. I participated in several clubs and extra curriculars including National Junior Honors Society (7th – 9th grade), National Honors Society (10th – 12th grade), Student Council, Photography Club, Global Education Club, and the Youth Ambassadors Club. I also took dual enrollment courses and advanced placement (AP) courses in English, science, and history.

Experience

Hanover YMCA

Lifeguard/Swim Lesson Instructor (Private and group)/Manager / Oct. 2019 - current

As a lifeguard my responsibilities are to arrive to work on time and take the chemical readings of the pool at both the start and end of my shift along with in the middle if anything appears to be abnormal. Then during my shift, it is my responsibility to make sure that all rules are being followed, all members in the pool that are required to have a swim band have one and answer any questions members may have.

As a swim lesson instructor, it is my job to gather the kids and teach them pool safety and basic swimming skills that will help them be safe and comfortable in the water.

As a manager my job is to make sure that the lifeguards on duty have everything they need and can take bathroom or breaks as needed. I will also answer any questions that members

may have that the lifeguards are unable to answer and take care of any incidents that may happen on the deck of the pool while the lifeguards continue to monitor the pool.

Hanover Hall

Hospitality Aide / Sept. 2020 – May 2021

My responsibilities consisted of refilling residence hydration cups, handing out snacks, refilling and organizing linen carts, taking out trash, handing out and cleaning up dinner, assisting residents with eating their dinner, and charting that amount of food and drink each resident had during dinner and snack.

Carrol Gymnastic Inc.

Preschool/Girls Basic/Tumbling Gymnastics Instructor / Aug. 2021 – May 2022

My responsibilities consisted of creating and following lesson plans that lasted for an 8-week period. These lesson plans would aim to help kids ranging from preschool – 8th grade learn how to do various skills, on different apparatuses, in a safe and controlled manner.

Reading Youth Initiative (RYI)

Table Monitor / Oct. 2022 – current

My responsibilities consist of helping a group of first grader students complete their homework and behave well during their gym and craft activities during the after-school program. I then fill out a behavior chart for each student based on how they behaved that day.

Volunteer

Hanover First Church of God / Vacation Bible School / Assistant Lesson Teacher and Worship leader/choreographer

June 2017-2019

As an assistant lesson teacher, I was assigned an age group that I would follow around and help the adult leader with anything they needed. I would occasionally help teach, play with the kids, set up activities, and make sure that we went from activity to activity on time. As a worship leader/choreographer I would get up on stage and lead the kids in dances to worship songs that the other members of the worship team and I had priorly created.

Hanover First Church of God / STAMP Camp / Group leader and worship leader/choreographer

June 2018

As a group leader I developed a human video and taught it to a group of kids over the period of a week. I then helped them to perform it during their show from the audience. As the worship leader/choreographer I would create dances to songs and teach them to the kids to also perform during the show.

Reading Youth Initiative (RYI) / Table Monitor Assistant

October 2022

My responsibilities consist of helping a group of first grader students complete their homework and behave well during their gym and craft activities during the after-school program. I then fill out a behavior chart for each student based on how they behaved that day.

Awards and Acknowledgements

Student Athletic Trainer Letterman Award (Sept. 2019 and 2021) / Certificate

Understanding and participation in assisting and treating athletes with injuries and soreness. I learned how to tape various injuries including ankles, shin splints, shoulders, elbows, knees, wrists, fingers, groins, and blisters. I also learned how to treat athletes if they appear to be having a heat stroke, are dehydrated, or have a concussion.

Med Camp Pennsylvania State University (June 2019) / Certificate

I attended a med camp over the period of a week where I shadowed, heard lectures, and got to practice some medical skills and procedures. Some of the professions I was exposed to include occupational therapy, physical therapy, radiology, nursing, paramedic/EMT, and OB/GYN.