

MEI FETTER

EDUCATION

Southern New Hampshire University, Manchester, NH
Specialist In Psychology, Counseling

Virtual Learning Academy High School, Exeter, NH
06/2022

PROFESSIONAL SUMMARY

I am a gymnastics coach with experience in training and developing skills with both recreational children as well as high-level athletes. Knowledgeable about correct techniques, safety requirements and coaching strategies. I did gymnastics for twelve years and understand a lot about teamwork, leadership, motivation, and being strategic. I am personal, kind, compassionate, empathetic, artsy, can be funny and athletic. I am looking at new professional opportunities that are more geared toward my future career goals.

ACCOMPLISHMENTS

- Competed as a junior olympic gymnast for twelve years. I trained as a level ten (highest level) for five years and made it to regionals four times as well as an alternate for nationals.

SKILLS

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| • Encouragement and Motivation | • Scheduling and Organization | • Self-Control and Patience |
| • Parent Interaction and Communication | • Positive Reinforcement Strategies | • Exercise Strategies |
| • Safety Awareness and Management | • Good Sportsmanship | • Verbal and Written Communication |
| • Active Participation | • Instructional Strategies | • Stress Tolerance |
| • Injury Prevention | • Strategy Implementation | • Injury Evaluation |
| • Athlete Training and Motivation | • Safety Procedures | • Meeting Rules |
| • Team Leadership | • Creativity and Flexibility | |

WORK HISTORY

GYMNASTICS INSTRUCTOR 05/2021 to Current
Gymnastics Village, Amherst, NH

- Coordinated with other instructors and coaches to determine student advancement and

progress.

- Developed lesson plans and routines for students to meet goals and abilities.
- Maintained fun-filled atmosphere with class participants while remaining professional and focused on achievement.
- Arranged and maintained gym equipment while staying aware of all safety measures.
- Promoted good teamwork and group building skills.

BABYSITTER 01/2018 to 09/2018

Personal Employer, Pepperell, MA

- Communicated positively with children and guardians.
- Played games and kept them entertained in fun and educational ways.
- Organized and cleaned home after activities by picking up toys and straightening up play room.
- Prepared healthy, age-appropriate snacks and meals.
- Dressed and helped going to the bathroom (changed diapers for babies).
- Established and maintained safe play environment for children.

CERTIFICATIONS

- CPR
- Concussions
- Safesport