

Bryan Wong

Contact

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Education

BS: Exercise Science

South Dakota State University,
Brookings, SD

Expected Graduation: May
2026

Certifications

- 2023 Adult and Pediatric
(First-Aid/CPR/AED)

Skills

- Team Leadership and
Management
- Planning and Execution
- Visionary
- Resilience
- Mentorship
- Adaptability
- Communication and
Active listening

PROFESSIONAL SUMMARY

Dedicated and motivated student pursuing a degree in Exercise Science and planning to get hands-on experience in Athletic Training. Skilled in prevention care of athletic injuries and passionate about supporting athletes' physical and mental wellness. Recognized for team leadership, strong communication, adaptability and resiliency. Seeking opportunities to contribute my knowledge and develop professionally in an athletic training environment.

WORK HISTORY

May 2023 - July 2023

Volunteer Coach, Rockbrook Swim Team, Omaha, NE

- Inspired and motivated athletes to achieve their best by using positive reinforcement to build confidence and foster a growth mindset.
- Developed and adjusted training plans to align with athletes' abilities while setting achievable and personalized goals.
- Achieved an average personal bests by swimmers of 90%.

October 2024 - November 2024

Volunteer Coach, Brookings Swim Club, Brookings, SD

- Developed and led swim instructions for children ages 6 - 12, focusing on fundamental swimming skills, water safety, and confidence-building techniques.
- Communicated effectively with children and their parents to share progress updates and address any concerns.
- Maintained safe and supportive environment by supervising and adhering to safety guidelines, ensuring children understood water safety principles.

ACTIVITIES PARTICIPATED

January 2018 - December 2021

Swimming and Water Polo Captain, Sri Kuala Lumpur High School,
Selangor, Malaysia

- Set a positive example in and out of the water by demonstrating dedication, sportsmanship, and resilience, creating a culture of respect and hard work.
- Supported teammates through challenges, providing guidance, encouragement, and mentoring to help them reach their full potential
- Assisted in strategic planning with coaches to analyze team performance, identify improvement areas, and develop game plans