

Connor Lofing

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Current Address:

302 S. Gilbert St., Apt. 1212
Iowa City, IA 52240

Permanent Address:

971 Brown Ave.
Galesburg, IL 61401

EDUCATION

The University of Iowa, Iowa City, IA
Bachelor of Science, Human Physiology
Minor in Chemistry and Lifestyle Medicine

- Certificate in Leadership Studies
- GPA: 3.62/4.00

May 2026

CLINICAL EXPERIENCE

Activity Aid, Seminary Manor Nursing Home, Galesburg, IL (520 hours)

- Assisted 60+ residents in maintaining their physical and mental health through personalized and group activities, promoting overall well-being and quality of life.
- Planned, coordinated, and executed therapeutic recreation programs for the entire facility, ensuring activities were tailored to meet healthcare needs and enhance patient engagement.

Summer 2023

RESEARCH EXPERIENCE

Undergraduate Researcher, Talbert Lab, Muscular Molecular Physiology, Holden Cancer Labs

- Contributed to research on cancer cachexia, enhancing understanding of tissue wasting in pancreatic cancer based on sex and obesity status.
- Assisted in analyzing clinical data and 500+ patient records to understand weight loss patterns and muscle wasting in cancer patients, enhancing treatment research

March 2024- Present

OTHER HEALTH CARE EXPERIENCE

Job Shadowing

OSF St. Mary Medical Center, Galesburg, IL

- Shadowed Dr. Valerie Flacco, PCP (500 hours)
- Shadowed Dr. Jason Clark, Orthopedic Surgeon (20 hours)

October 2022-August 2024

LEADERSHIP EXPERIENCE

Campus Relations and Finance Chairs

Dance Marathon, The University of Iowa, Iowa City, IA

- Acquired \$11,000 in donations for annual event that raised more than \$3 million benefiting pediatric oncology patients and the University of Iowa Stead Family Children’s Hospital.
- Managed a committee of 15 students in organizing activities and support for pediatric patients and their families.

August 2022-Present

Parade and SHOUT Directors

Homecoming Council, The University of Iowa, Iowa City, IA

March 2023-Present

- Coordinated logistics and safety protocols for large-scale community events, ensuring smooth operation and communication with authorities and healthcare personnel.
- Oversaw 125+ applications, organized involvement, and provided guidelines to ensure compliance with safety and health standards for event participants and spectators.
- Overall all aspects of the 2024 Homecoming Parade.

Student Organization Advisory Board
Iowa Memorial Union, The University of Iowa, Iowa City, IA

March 2024-Present

- Advised 50+ student organizations on event planning and resource allocation, ensuring compliance with university policies and promoting a safe and inclusive environment.

WORK EXPERIENCE
Starbucks Barista and Baker
Hy-Vee, Galesburg, IL

January 2020-August 2022

- Completed Certification course becoming a Certified Barista
- Crafted beverages, prepared food, and decorated baked goods for over 1000 customers daily.

COLLEGE ACTIVITIES
Member, Phi Eta Sigma Honors Society
Member, Biological Interests Organization (UIBIO)
Member, Medicus Pre-Med Club
Member, Camp Hertko Hollow Coalition

August 2022-Present
August 2022-Present
August 2022-Present
August 2023-Present

AWARDS & HONORS
Dean's List, University of Iowa
Miracle Maker and Finance Awards (Dance Marathon)

Fall 2022, Spring 2023, Spring 2024
April 2023

CERTIFICATIONS
Certificate in First Aid and CPH (AHA)

LANGUGAGE PROFICIENCY
Basic-Intermediate in Spanish (4 years of study)