

1-2 Module one milestone

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Case Study Analysis

Psychological Factors

This case study examines twin girls separated at birth; both were reared in contrasting home cultures. Jan grew up in a loving, peaceful, supportive, nurturing environment where her cognitive ability to think creatively and freely Quist (2021). Jan excelled in everything; she set out for herself. Judi grew up in an environment of chaos, alcoholism, anxiety, worry, and mental instability. She only could think in the now without regard to the consequences. Everything Judi set out for herself; she came up short every time.

Social Factors

With solid self-esteem and self-confidence, Jan excelled as head of the high school debate team for three years, a high school graduate, and then went to law school. Jan's education allowed her to give back to her community through her law practice, valuing, nurturing, and setting a firm structure for her future McGuire (2022). Judi with low self-esteem and poor self-confidence. Being emotionally codependent, she barely graduates, finds it difficult to hold steady employment, and always falls into shallow and abusive relationships.

Nature or Nurture

In this case, nurture plays the most crucial role in Jan and Judi's development. Jan's growth was full of loving, positive, and nurturing reinforcement which contributed to her positive development. She excelled in self-confidence, being positively motivated, and being supported, which set her up with resilience for when things did not go as planned and successful rewards when things did. Judi's growth was everything, but she lived in anxiety, fear, mental anguish, physical abuse, and poor role modeling. Judi's nurturing set her up for

one chaotic disaster after another in her personal life, work, and community. Even though Jan and Judi are biologically related and have the same genome, their differing environments altered [nurtured] them in opposing environments.

Importance of nature and nurture throughout the lifespan

Nature and nurture go hand in hand in our developmental journey through life. Nature is our biological makeup, and nurture is our environmental influences and teachings. This case analysis shows that two biological twins separated at birth, having the same parents, DNA, and pre-dispositional traits. The differing environments in which they were raised have strikingly opposing effects on each sister's societal, relational, professional, and personal outcomes in life.

References

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