

# Jem Berney

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## **EDUCATION**

Muhlenberg College, Allentown, PA

Expected Graduation: May 2026

Major: **Psychology**

**GPA:** 4.0 Dean's List for Fall 2022

## **WORK EXPERIENCE**

**Crisis Counselor** – Jan 2023 - Present - Crisis Text Line - Remote

- Completed 30 hours of training to be able to assist in mental health crisis intervention
- Used skills such as active listening and collaborative problem-solving to connect with patients and address concerns
- Counseling individuals in crisis situations, providing support and guidance to help individuals regain a sense of safety

**Babysitter** – Dec 2018 - Present - Freelance - Millburn/Short Hills/Springfield, New Jersey

- Responsibly watched children while parents were out
- Enforced rules to teach good manners and maintain safe environment
- Organized creative activities to develop children's physical, emotional, and social growth
- Balanced schedules to promote optimal rest, play, and educational periods
- Helped complete homework, school projects, and chores

**Barista** – Feb 2023 – Present - Sodexo's Java Joe - Allentown, Pennsylvania

- Making high quality drinks at the coffee shop located in Muhlenberg College's bustling student union building
- High-traffic and fast paced environment
- Working as a team to ensure high quality beverage and customer service experience

## **CAMPUS & COMMUNITY LEADERSHIP**

**The Brightness Project** – Nov 2020 - Present - Founder - Millburn, New Jersey

- Community outreach for mental health as a result of the negative mental health effects of Covid-19
- Distribute bags of self-care items throughout my community
- Please visit [thebrightnessproject.weebly.com](https://thebrightnessproject.weebly.com) for more information

**America Reads** – Oct 2022 - Present - Member - Allentown, Pennsylvania

- Working with kids in Allentown schools on literacy skills weekly
- Assisting teachers with classroom tasks

**Muhlenberg College Cardinal Key Society** – Nov 2022 - Present - Member - Allentown, Pennsylvania

- Selective and prestigious group on campus, instills values of school spirit and unity
- Assists at commencement ceremonies and other campus events, including alumni relations

**Education Society** – Sep 2022 - Present - Member - Allentown, Pennsylvania

- Volunteering and fundraising for local schools and networking with current educators and Muhlenberg alumni

**Muhlenberg College Cross Country & Track** – Aug 2022 - Present - NCAA DIII Centennial Conference

- Running cross country and track all year at the collegiate level
- Specialized in long distance running

**PAIRS Club** – Sep 2018 - Jun 2022 - President - Millburn, New Jersey

- Member for three years, President during fourth year
- Partners in After School Inclusive Recreation for Special Needs Students
- Administering events for one of the largest clubs at my high school
- Traveled to the ECLC school in Chatham to provide kids with severe disabilities the opportunity to interact with other kids
- Played games, danced, sang, did arts and crafts, and helped to advance their social skills

**Diller Teen Fellows** – Sep 2018 - Jul 2020 - Fellow - Whippany, New Jersey

- Selective Jewish leadership fellowship and explored societal issues in the global Jewish community
- Learned models for social change and deepened my commitment to helping others

**Iris Teen Tzedakah** – Sep 2018 - Jul 2019 - Advisor - Whippany, New Jersey

- Selective Jewish leadership organization
- Focused on philanthropy, Jewish education, and leadership
- Participated in a fund that donated \$4,500 Venezuelan Jews
- Delivered a speech about the Venezuelan inflation crisis at a medium-sized event